

## Supreme End of Education

A companion volume to Sathya Sai Speaks on Education published in 2002 by the  
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### Sources

Sathya Sai Speaks: Discourses by Sri Sathya Sai Baba  
Volumes 33 - 42 (Years 2000 - 2009), including discourses in 2010

Vahinis  
Summer Showers

Excerpts from Sathya Sai Speaks volumes are cited by dates of discourses.

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## The Supreme End of Education

Many are aware of Sathya Sai Baba's oft repeated phrase, "the end of education is character" and his emphasizing the importance of living one's life in concert with the five human values truth, right conduct (dharma), peace, love, and nonviolence. Human values and good character are espoused in all Sathya Sai education programmes. If one looks a little deeper into Sathya Sai Baba's writings and discourses, we come face to face with the deep spiritual foundation of Sai's education philosophy, the spiritual underpinnings of character and human values.

Collected here is a sample of statements made by Sai Baba in his writings and discourses through the years that clearly illumine the spiritual basis of true education. These statements are from his writings (Vahinis), and from discourses given in educational settings, such as inauguration of schools or commencement addresses, where he specifically mentions education, teachers, students, or the spiritual basis of the human values.

### **Sathya Sai Vahini**

The supreme end of education, the highest purpose of instruction, is to make man aware of the "universal immanent Impersonal." This is the truth that is loudly proclaimed in the Vedas.

"Through the unremitting practice of Truth, Righteousness, and Fortitude, the Divinity quiescent in the individual has to be induced to manifest itself in daily living, transforming it into the joy of truly loving." "Know the Supreme Reality, breathe It. Bathe in It. Live in It. Then It becomes all of you and you become fully It."

### **Vidya Vahini**

The task of the student is to unfold the divine in him and equip himself for serving society with his skill and knowledge.

Vidya is the effulgence that permeates a full life. In the West, Vidya deals more with concepts and conjectures. In the East, Vidya deals more with Truth and Totality. The Principle sought by Vidya is beyond the field of the senses. Man is a triune composite of body, mind and spirit (Atma). As a consequence, he has three natures in his make up; (1) a low, animal nature, (2) a human nature, replete with worldly knowledge and skill, and (3) the genuine nature of man, namely, the divine, Atmic nature. Being aware of this third nature and establishing oneself in that—this is Vidya.

Energy is all and energy is derived from God. That is the very basis of man. Now, we are building superstructures somewhere else, not on the basis. The foundational Divine Principle is being ignored. We are fascinated by subjects and studies that promise to feed our stomachs and make us materially happy and powerful. But the hard truth is the

Divine beneath all. Man must either know the supreme Truth of the One Being behind all Becoming or at least know the practical Truth of Love and Brotherhood. These two points are the limits which education must ever keep in mind—the starting point and the goal.

It is the same single energy (Sakthi) that activates all hands, sees through all eyes, and hears through all ears. In fact, all mankind is made of one divine substance. The human body, either in America or China, Africa or India, has the same components of flesh, blood and bone. The instinctive urges and awareness are common to all living beings. When investigation is done through scientific means, the truth that there are signs of awareness of life in stone and tree and metals can be demonstrated. The Atma is a spark of the Divine. Its latent existence can be known by inquirers. God is ONE. Whatever one's nationality, whichever religion one professes, one can realise the Universal Absolute (Brahma) if one masters the science of spiritual advancement (Atma Vidya). Faith in the ONE God is the crux, the central point. Other beliefs, concepts and conjectures revolve as the rim, on the periphery.

And as one undertakes seva more and more, one's consciousness expands and deepens and one's Atmic reality is more clearly known. This ideal of seva and the urge to practise it form the very heart of education. Pure Love, its chief manifestation—that is education.

Students! He who condemns himself, day and night, as petty and weak can never accomplish anything. He who thinks that he is luckless and low thereby becomes luckless and low. Instead, when you cultivate the awareness that you are a spark of God, that you have as your reality Divinity Itself, you can become really Divine, and you can have command over all powers. "As you feel, so you become" (Yad bhaavam, thad bhavathi). It is how you feel that matters most. That is the basis for all that you are. Have faith in the Atma, the Self. This is a must for man.

The human being is like a seed. Just as the seed sprouts into a sapling and grows continuously into a tree, man too has to grow and attain fulfilment. Man has to master two fields of knowledge in order to reach this goal. The first is knowledge of the world, that is to say, knowledge concerning the manifested Universe.

The second is knowledge of the other world. The first confers the means for living (Jeevana Upaadhi); the second confers the goal of life (Jeevana Paramaavadhi). The means for living are the things that can satisfy one's day-to-day needs. One has to acquire them and store them, or acquire the capacity to get them when required. The knowledge of the goal of life involves inquiry into problems like: "For what end should one live?", "Who is the Creator of all that we become aware of?", "What exactly am I, this distinct individual I?". This enquiry ultimately reveals the goal. The scriptures of all religions and the many moral codes derived from them are concerned with problems that transcend the limits of this world like: "Why are we here?", "What really have we to do to deserve this chance of life," and "What are we to become?" What is for man the

most beneficial way to live in this world? The answer is, living a regulated and disciplined life. Real education must train man to observe these limits and restrictions.

## **Dharma Vahini**

The true dharma of the individual is to taste the bliss of merging with the Absolute and to attain true liberation.

True dharma is to be immersed in Atmic bliss, the inner vision, the steady faith in the identity of one's real nature with the Absolute, and the realization that all is Brahman; these four are the authentic dharma. In this physical existence as particular individuals, these four are named truth, peace, love and nonviolence (sathya, santhi, prema, and ahimsa), for the convenience of practice (but yet saturated with the inner dharma of Atmic reality), so that particular individuals who are also personifications of that Absolute can follow them in daily life. The mode of pursuit of dharma, now, as in the past, is to adhere to these high principles in every act and thought. The truth, peace, love, and nonviolence of today are but the unintermittent immersion in Atma, the vision fixed on the inner truth, the contemplation of one's real nature, and the knowledge that all is Brahman, the one and only. These, the fundamental and the derived, must be coordinated and harmonized. Then only can it be termed Atma-dharma.

So too, in this benighted world, it is difficult to move about truthfully, correctly, and peacefully without knocking against some obstacle or other. How then are you to succeed? Light the lamp! Let it reveal the reality; get the light of spiritual wisdom (jnana). That will solve all the difficulties. You may claim that you live according to dharma. But, your basic flaw is that your acts are not done in the spirit of dedication. If so done, they get stamped with the authentic mark of dharma. Some clever people might raise a doubt and ask: "Can we then kill and injure in the name of the Lord, dedicating the act to Him?" Well, how can a person get the attitude of dedicating all activities to the Lord without at the same time being pure in thought, word, and deed? Love, equanimity, rectitude, nonviolence — these are the attendant virtues of the servant of the Lord. How can cruelty and callousness coexist with these virtues? To have selflessness, the spirit of self-sacrifice, and the spiritual eminence required for the dedicatory outlook, one must have first won the four characteristics of truth, peace, love, nonviolence (sathya, santhi, prema, ahimsa). Devoid of these, mere naming will not make any deed a votive offering.

## **Dhyana Vahini**

### **Dhyana Vahihi, Chapter V : Cultivate the Blissful Atmic Experience**

#### **Wish versus will**

Some people use "wish" and "will" as if there was no difference between the two. This is very wrong. The wish is related to the tendencies (vasanas) embedded in the mind (manas). The will is related to the fundamental character of Atma. Wish means the

craving to get something; will is the determination to acquire it. Both wish and will are based on the moral culture of the individual. Once the Atma is cultivated, they can be sublimated accordingly. But if they are cultivated without the Atmic point of view, the faults and failings of the mind will get mixed up with what is wished for and willed for.

### **Take it step by step**

The lower step can be seen from the higher step, not the higher step from the lower. So, one should strive to go step by step, higher and higher —in other words, from the culture of the Atma to the culture of the will and thence to the culture of the moral conduct. Then, the enjoyment of the bliss of the Atma becomes quite easy and natural. When the baby is unable to walk, the mother encourages it to toddle a few steps at a time at home before it is allowed to go on the road. Instead, if it is put on the high road first, how can it learn? Besides, what of the dangers of the road? So also, first the internal factors have to be strengthened, and then external factors, like moral conduct, become easy. Morals without the basis of internal uplift will not be deep-seated. So the cultivation of the attitude of the Atma is primary.

A good character is essential for the realisation of the Atma. In other words, all evil propensities have to be uprooted.

The knower of Atma becomes the Atma itself (Brahmavid Brahmaiva bhavathi). The goal of life, that which makes life worthwhile, is the understanding of the Atma or, in other words, the basis of the individual soul (jiva). Dhyana Vahini, p. 15 online

## **Discourses**

### **Discourse at the Prashaanthi Mandir, on 28-9-1990. Sathya Sai Speaks, Vol 21 – 30**

When he was asked, in what form the next advent would take place, Shirdi Baba told Abdul Baba alone: "I will give darshan in the name of Sathya for upholding Truth." That is the present advent. The two bodies are different, but the Divinity is one. The first advent was for revealing Divinity. The second advent is to awaken the Divinity (in human beings). The next advent is for propagating Divinity. The three Sais are' Shirdi Sai, Sathya Sai and Prema Sai. The reason for relating all this is that today happens to be the birthday of Shirdi Baba (September 28, 1835). Baba attained Samadhi in 1918. Bodies are transient. These vestures are assumed only for the sake of devotees. Unless the Divine comes with a form, no one can develop faith in the Formless. The Divine in human form is the preparation for comprehending the Formless Absolute.

### **February 1958 Kannan High School, Chitthoor**

First, be fixed in the consciousness that yourself is the immortal Aathma, which is indestructible, which is holy, pure and divine. That will give you unshakable courage and strength. Then, you must develop mutual love and respect.



## **28 October 2003 “Love is God, Live in Love” Vice-Chancellor’s Conference**

There are, however, some who enquire into the nature of Atma Tattwa. Realising the importance of an enquiry into the nature of Atma Tattwa, we have introduced this concept in the M.B.A. course in Sri Sathya Sai Institute of Higher Learning. The letters M.B.A. stand for understanding the nature of the mind (M), the physical body (B), and the Atma (A). It is easier to understand the nature of the mind and body. But, to understand the nature of the Atma is not that easy.

## **30 August 1981 “The Teacher’s Task”**

Teachers have to discriminate thus and develop a firm faith in the Aathma. As the seed, so the crop. Unless they are able to implant this seed of knowledge, value orientation cannot happen. "Who am I?" is the question, the answer to which must be known and experienced. The Sanskrit word for I is "Aham"---this is formed by putting together the first letter A and the last letter Ha. It shows that all thoughts and expressions centre around the I; nothing is outside it.

## **28 December 1986 “The Teacher and Tomorrow”**

Education can claim success only when it results in the student gaining awareness of the Divinity inherent in him and others.

The higher life, which makes man human and a fit candidate for unfoldment of the Divinity that is his Reality, depends on the cultivations of the Five Cardinal virtues-- Truth, Right Conduct, Love Peace and Non-Violence.

## **22 June 1987**

### **Discourse at the Sri Sathya Sai Auditorium, Prashaanthi Nilayam, on commencement of the New Academic Year, 22-6-1987.**

The Vedas and Vedangas (vedic sciences), music and literature, physics and chemistry, botany and biology---all these different branches of knowledge are related to the phenomenal universe. They belong to the category of "Apara Vidya"--the lower knowledge. People devote their lives mainly to these studies. Only the knowledge of the Spirit is "Paraa Vidya"—the Supreme Knowledge. "Apara Vidya" (worldly knowledge) is pursued mainly for earning a living. But even worldly knowledge exists to point the way to spiritual awareness. Without spiritual knowledge, all other knowledge is valueless.

## **22 November 1991**

## **Discourse at the 10th Convocation of Sai Institute at the Vidyagiri Stadium, on 22-11-1991.**

To make one a full man it is necessary to instil in him faith in the Antahkarana (Indwelling Motivator). Education today seems to be concerned with artificial things rather than the understanding of the Chaitanya (inner consciousness).

Devotion and faith are essential for man. Divinity is present in invisible subtle form in the human being. Only the student who manifests this divinity within him is worth the name.

## **22 November 1994**

### **Benedictory address to the Convocation of the Sri Sathya Sai Institute of Higher Learning on 22- 11-1994.**

Universities are busy developing different types of subjects to be taught, but are not aware of the Real Subject which they should reach. What is that subject which is the very basis of all other subjects? Aathma-Vidhya (Spiritual knowledge), is the basis of all education. It is like the ocean while all other types of education are like rivers which must merge in the ocean. Today, education without a spiritual base is causing harm. The essence of Spiritual Education is faith and dedication. They are like the two bunds of a river. Only when the river of life flows between these bunds would the river be safe. If there are no bunds, the waters would flow over villages and towns and cause vast destruction. It is the absence of spirituality which is responsible for all the problems, violence, agitation and strike. Education should foster the two bunds of dedication and faith in students.

## **7 October 1997 Significance of Ganesha Principle**

Students! Realise that you have a conscience that is your guide and consciousness which represents your divinity.

Students! There is need for observing festivals like Vinaayaka Chathurthi for external satisfaction, but what is more important is to realise the inner significance of Vinaayaka worship which is likely to have lasting effect. The worship of inanimate idols should lead to contemplation on the subtle spiritual entity represented by the idol. This is the process by which realisation of the Aathma (Self) takes place. Realise and act on the basis that the living Divinity is within you, Ganapathi represents the ideal person who is guided by intelligence and wisdom. Engage yourself in acts which will please the Divine such as moderation in speech, giving up ill-will and hatred and eschewing all bad thoughts and restraint on desires. By combining spiritual practices with academic studies make your life fruitful.

## **1 April 1973 “Drastic Overhaul”**

Students, Embodiments of the Divine Aathma (soul)! There is a great and urgent need that you should delve into the problem---who exactly you are, and realise that you are

Divine, so that you can raise yourselves to that level, instead of remaining merely human or degrading. Yourselves into the lower level of animality. What exactly are the degrees which you earn now, after such elaborate and exhausting studies.? The degrees are only begging bowls, which you can hold while presenting yourselves in front of office after office, seeking jobs. Education does not fill you with self-confidence, self-reliance and self-knowledge. How can even parents, teachers and the elders give you these, when they are themselves suffering from their absence? Since they do not have these qualities, the country is in the throes of poverty, faction and sloth.

## **24 November 1974 “The Mind Stuff”**

The Sathya Sai Organisation has been established to provide sacred tasks for every moment of wakeful life, to make people conscious of the vagaries and vanities of the mind and teach them the processes of disintegrating the mind and establishing the reign of the pure intellect, by which alone the One behind all this multiplicity can be realised as the only Reality.

## **5 January 1975 “Culture—Agriculture”**

Today, we are establishing this Agricultural Polytechnic, so that those who study here may not depend upon others to give them a job but, so that they can earn a livelihood for themselves by their own skills and effort...

The future of the country depends on the skill and the sincerity of the youth. Therefore, the necessary enthusiasm and encouragement must be generated among the youth. All my hopes are based on the students, the youth. They are very dear to Me. They are faultless; It is the parent and the school that are at fault for all the waywardness and violence. They lead them into wrong directions. Instead of filling your heads with facts and figures, fill your heart with love and light. Have confidence in the vast powers of the Atma (soul), which is your reality. Have faith in the Grace of God, which you can secure by prayer.

## **25 July 1975 “My Wish My Vow”**

### **Ananthapur, Sathya Sai College for Women, 25-7-1975**

There was a student once who held out his palm before a palmist for scrutiny. He examined the lines with care and announced that he would advance very much in education. The student was very happy. He predicted that he would amass large sum of money; the student's Joy knew no bounds. He declared that the lines indicated fame along with fortune. This filled the cup of Joy to the brim; it could hold no more. Then, the palmist announced that the 'life-line' was short and it ended abruptly, quite quick! The student fell in a faint.

Education too has no life-line, now; it does not ensure the skills and attitudes essential to live a life of peace and contentment. It is not 'full,' nor does it function in a

comprehensive manner, taking all the needs and goals into its orbit. It is satisfied now with cramming books, reproducing from memory, research into trivialities and awarding degrees which mean nothing special: And, its products parade their purposelessness, shouting that God is dead and that virtue is a superstition. How can man exist without God, or God apart from man? There can be no garland without the string that runs through the flowers; there can be no men without the Inner kinship that God ensures for each. He is the Brahmasuuthra---the Brahman String, invisible, but inevitable.

## **14 June 1983 “Guidance for Gurus”**

Do not condemn yourselves as petty pedlars of knowledge. You are the makers of the future of mankind. You can make it bright and joyful or mar it as dreary and dreadful. You can weaken or strengthen the foundations of life. You are the planners and engineers who lay the royal road of peace and prosperity. You are the ray of hope that illumines the dismal night enveloping all countries. You are the revealers of the Divine Power that animates every living being and prompts it towards self-sacrifice and self-knowledge. You mark out and build the proper steps for man's ascent to God. You direct the eyes of the pupils inward into the Reality and invite them to revel in that light. You hasten the holy process of ignoring and forgetting the superficial and advancing the Divine Consciousness, which is the reality of man.

Youth today are enmeshed in the coils of the body-mind complex. So, they are engaged in acts prompted by pride, envy and ignorance. "Son! You are not the body; the body is only your vesture. That vesture has been given to you so that you may lead a beautiful, beneficial life. You should not pollute your years of life with ignorance of your reality. Remove that pollution, acquiring true wisdom." You must advise youth thus, so that they may become aware of their innate Divinity.

## **25 July 1978 “The Teacher and his Task”**

### **Teacher’s Training Camp, Brindavan**

EDUCATION has the responsibility of rendering every field of life fruitful and beneficial. It has a duty to the nation to make people skilful and upright. Unfortunately the educational institutions of today are following a contrary path. Man alone, among living beings, has the capacity to recognise the Divinity in himself and in all else, the sacredness of his mission and the capacity to realise his manhood, which implies detachment, renunciation, virtuous conduct and disciplined behaviour. But these qualities are not developed to any significant extent by our education today.

What we are today teaching and learning in schools cannot be considered Bhaaratheeya education. Though our present system of education, is extolled as national education, it is in fact anti-national. It sometimes leads to the impoverishment of families because they have to sell even their property to meet the expenses of the children. And what is the net gain? By education a young man gains a degree which is only another name for the bowl used for begging for jobs! Indian education should ideally emphasize self-reliance and independent living. It should confer on the student

the courage to stand up against injustice, indiscipline, immorality and falsehood. It should grant steady faith in the Aathman (divinity) as the reality of man. These principles which should underlie Indian education are, to speak the truth, being gravely neglected by us.

Therefore, you have to cultivate in your own heart the spirit of sacrifice, the virtues of charity and the awareness of Divinity. Then only do you become entitled to cultivate these in the hearts of the children.

In the coming days we will take up each subject and the possibilities and implications of teaching it. Out of these discussions will emerge resolutions and programmes which we can all consider later. During these ten days, each day will be devoted to the consideration of one aspect of spiritual and cultural education: How to develop the attitude of love among the children? How to make them recognise the kinship that unites all mankind? How to implant in their minds feelings against caste distinctions, regional differences and religious prejudices? How to bring out the Splendour of Divinity that is the core of humanity?---These topics have to be given special attention.

Through the centuries India has nursed many religions, creeds and sects. But the essence of all Shaasthras (spiritual sciences) is that in every being there exists the Divine. The teaching of this essence is very necessary today. As the Minister for Education said just now, the foundation of an edifice has to be very strong.

To be born as a man is the highest fortune of jeeva (individual being). So you must make the best use of this rare chance. You must practise in daily life what the Aathman (inner conscience) urges you to do.

Whatever one learns or does not learn, one must, after being born as man, learn about the Aathman (divinity), for that alone can confer bliss and immortality. Resolve today to sacrifice everything you have for the sake of the pure-hearted children who rely on you for guidance. So long as you are caught in the coils of monetary considerations and so long as you think that such benefit alone can make you happy, you will continue to be as you are. But you can gain aanandha the very day you decide on dedicated service. Whether you get or do not get the comforts you desire, you should pay attention to the task for which you have come and cultivate the means for realizing the Aathman.

## **14 January 1991 “God as Friend”**

To recognise the primacy of human birth among living beings and yet fail to realise one's inherent divinity is supremely unfortunate. Man needs a healthy body for a healthy mind, filled with good thoughts. It must be recognised that sports and music have been designed to confer health and happiness on man. But physical fitness alone is not enough. Mental health is equally important. Together with the gross physical body everyone has a sookshma sarira (subtle body). One has to take good care of this subtle body also. For this, spiritual exercises will have to be performed which will help one to realise the Divine. There are three benefits to be derived from sports and games: team

spirit, mutual understanding and joy. Even if men speak different languages and differ in their habits and cultures, in the field of sports they have a common bond, a spirit of camaraderie. True education consists in the acquisition of good qualities, cultivation of good thoughts, truthfulness, devotion, discipline, and dedication to duty.

### **7 March 1986 “The Mantra round your wrist”**

Discourse delivered at the inaugural function of workshop for teachers and field workers involved in the programme of Education in Human Values at Prasanthi Nilayam on 7-3-1986.

And, most important of all, God, the Universal Watcher, is witnessing and weighing your every thought, word and deed. The God in you examines and judges and you are able to acquire self satisfaction through sincerity and serenity. Prove your human-ness by the practice of the values which are the unique qualities of man.

### **23 March 1984 “Teachers and Students”**

#### **Bhagavan's valedictory Discourse, Workshop on Examination Reform at the Institute of Higher Learning, Prashaanthi Nilayam, 23 March 1984**

In our educational institutions and in this Institute, students must shape themselves as 'images' of their teachers. They must spread the message of our ideals throughout the world. Teachers must live that message and students must imbibe it and become it. The Aathma is the Truth of Truths. When one achieves its awareness, all knowledge is added unto-him. Imagine a coconut tree with a headload of nuts. It casts a long 'shadow' on the ground and the shadow fruits are equally plentiful. When one climbs the tree and plucks the fruit, he can also be seen moving along the shadow tree and plucking the shadow fruit. So too, when one seeks to know the Aathma and succeeds, he can at the same time progress along the "World" (which is an illusory shadow) and gain the shadow-fruit (which is trivial and temporary). This is a noble task-- hard but heavenly Saadhana (spiritual effort). Teachers have to undertake it with patience and humility, always standing forth as examples and ideals. They can then confer on the world the invaluable boon of Aathmic Awareness, through the students whom they instruct.

### **2 June 1991**

#### **Discourse at the Institute Auditorium, Brindavan, on 2-6-1991.**

Students! Bharatiya Vijnana (supreme knowledge) encompasses all potencies. No other system of knowledge contains what is in Bharatiya Vijnana. You have not got this knowledge. You have not tried to make practical use of it. Consequently you have no conception of its prodigious value. Seek to know it and put it to proper use. Thereby you will experience bliss.

Regardless of what anyone may say, combine spiritual pursuits with your academic studies. You cannot run the cart of life on a single wheel. It is too hazardous. No bird

can fly with a single wing. It can fly freely when it can use both the wings. Likewise man needs mundane knowledge for carrying on worldly affairs and Brahma- Vidya (Spiritual knowledge) for his spiritual welfare. Acquire knowledge of the physical sciences; that is necessary. At the same time seek spiritual wisdom also. You have to conduct your life based on both these kinds of knowledge.

Students! Do not spend your entire time solely on worldly concerns. Devote some time to what is essential for realising the highest goal of life. It is only when the country is filled with such students that it will be prosperous and happy and regain its ancient glory. Only the power of the Divine can protect any individual, society or nation. Seek to realise that divine power. It is not to be got from outside. It is inherent in you. That is why the Vedantic texts declared: "The One Lord dwells in all beings."

## **27 May 2006 “The Youth Should Follow The Path Of Sathya And Dharma”**

### **Karnataka youth camp 27-5-2006 Whitefield, Bangalore**

What is education? Education means Vidya which connotes the knowledge of the Self. This is the foundation of all education.

In Bharat, the students acquire sacred education; it begins with the thoughts of God. Even an illiterate driver in Bharat salutes the steering wheel before starting the vehicle. Similarly, a musician offers salutations to the musical instrument before playing on it. In fact, all type of learning in Bharat begins with the name of God and prayer to Him and every activity is done as an offering to God without any artificiality and ostentation. People educated abroad come back with big degrees. What is that degree? It is only a piece of paper. They do not understand the essence of education. The students of Bharat have a pure and sacred heart. I feel blissful when I see Indian students. One can see the goodness of education reflected on their faces.

## **20 May 1993**

### **Discourse at the Institute Auditorium, Brindhaavan on the occasion of the inauguration of the Summer School on 20-5-1993.**

Students should develop a universal outlook and seek to serve all without regard to race or religion. That is the true purport of education. It must lend to realisation of the Self that is in everyone. Education should lead to elevation of the consciousness. Make use of Summer Course for the purification of your minds so that you may lead selfless lives. For this, there is no other path but the Spiritual.

## **28-October-1989 The Divine and the Demon**

### **Discourse at Brindavan on Dipavali day**

The legendary version of the Narakasura episode describes the demon as master of Praagiyothishapura. The symbolic meaning of Praagjyothishapura is that it is a place which has forgotten the Atma. The inner meaning of this is that demonic forces dwell in any place where the Atma is forgotten. All the chaos and evil in the world today are due to the fact that men have forgotten the Atma (the Supreme Spirit). Every man is conscious of the body and of the individual soul, but is not conscious of the Paramatma (Divinity) within him.

## **Pari Prashna -The Divine Answers**

### **First Conference of Sri Sathya Sai Schools,Valedictory Address, 21-11-2001, Prasanthi Nilayam**

(Bhagawan answered the questions raised by the delegates of the conference)

Q1 What is the relation between religion, spirituality and educare? ... Educare means to bring out from within. The Atma is our innermost reality. That is what educare should bring out. Therefore, there is actually no difference between the three—religion, spirituality and educare.

## **Birthday Message, 23-11-1979**

Now, by what trait can we recognise the Aathman? By bliss, which is its very nature. This is the reason why it is described as Nithyaanandham (Eternal Bliss Absolute) Parama-sukhadham (bestower of highest bliss), kevalam (alone) jnaanamoorthim (embodiment of pure wisdom), dhwandhwaa-theetham (beyond all dualities), gaganasadrisham (vast as sky), thathwamasyaadhilakshyam (denoted by Vedhic axioms such as Thou art That), ekam (the One), nithyam (the eternal), vimalam (blemishless), achalam (unaffected), sarvadheeh (all-conscious), saakshi-bhootham (all seeing witness), bhaavatheetham (un-reachable even by the imagination), thrigunarahitham (attributeless), etc.

## **14 May 1984**

The people cannot disown their responsibility for the actions of a government which has been placed in power by their votes. Whether a government is good or bad depends on the people themselves.

## **Nellore, 25- 7-1958**

I find here a large number of students. Well, what are they studying for? What is the goal? How are we to judge that they have studied well? By the salary they are able to get, or the cadre they are able to secure? No. Education must result in the development of viveka (wisdom) and vinaya (humility). The educated man must be able to distinguish between the momentary and the momentous, the lasting and the effervescent. He must not run after glitter and glamour but he must seek instead the good and golden. He



must know how to keep the body in good trim, the senses under strict control, the mind well within check, the intellect sharp and clear, unhampered by prejudices and hatreds, and the feelings untouched by egoism. He must know the Aathma too, for that is his very care; that is the effulgence which illumines his inner and outer selves. This knowledge will ensure joy and peace and courage for him throughout life. Students also must cultivate vinaya (the art of avoiding the infliction of pain on others).

## **Inauguration of Shri Sathya Sai Arts and Science College for Women, Anantapur, 22 July 1968**

THIS is a day full of significance, not only for Anantapur or this District or this State, but, for all other States also. On the occasion of the School Day of the High School for Girls in this town, as early as 1964, I had announced that what this town needed most was a College exclusively for Women...That is the reason why it has been resolved to start a women's college, in every State, in order to promote the Dharma, which I have come to establish. This is part of the general task. Every act of Mine, every word, will have only that goal in view. Atma-vidhya (science of the Self) alone can fix the mind in Dharma. The students here will be given a glimpse of that Atma- vidhya; they will develop a keen desire to know about it---knowledge and desire that will stand them in good stead, when they encounter the problems of life.

## **Prashaanthi Nilayam, 14-1-1964**

The secular state is hesitating to teach the principles of Eternal Religion (Sanathana Dharma) to young children and students in schools, though those principles are of universal application and do not go against any particular religion. The Shri Prakaasha Committee may, it is said, recommend a course of moral instruction! But if it is not emphasising the superconscious basis of the individual, much of the invigorating strength of Sanathana Dharma would have been lost. A regular course in the discipline of meditation must also be given to youth, so that they may realise the depths of their own personality and its infinite possibilities for ensuring peace and happiness (shaanthi and soukhyam).

## **Summer Showers 1977**

Here is something which can be called a clear piece of glass or stone. It is incapable of self-luminescence. Since it has no shining or effulgence of its own, it can shine only when it is close to light. In a similar manner, effulgence is natural to Atma, and when the intelligence is close to it, it acquires the capacity to shine; otherwise we see that intelligence has no shining in it.

## **26-09-2000**

'Educare.' If a question is put, what is education? People say, it is the acquisition of knowledge. But it is not merely acquisition of knowledge; it must be in action. What is the end of education? Character is the end of education. What is the essence of education? Concentration is the essence of education. What is the aim of education? The aim of education is not only cultivating human qualities, but attaining divinity.

### **Prashaanthi Nilayam., 29-9-1960**

Science is like the letter C, always with a gap in the middle, with a gap that is unfilled. Religion alone has filled that gap, for it knows the Reality that persists in the three stages, in the three tenses and in the three worlds. So, religion is the three O's a full circle, which may enlarge as you know more and more of the glory of the Lord, but which is ever Full and complete. At the end of it all, we are at the beginning again.

Discourse at the Sai Institute Auditorium on 3-2-1994, after the distribution of prizes to winners in the sports and athletic events held for Secondary School students

Students should realise the supremacy of Atma-Vidya (the culture of the Self). It is the key to all knowledge. What is the use of all the secular knowledge which is concerned with acquiring a mess of potage? The great scientist Einstein regretted in his last years that his scientific findings had led to the production of the atom bomb. Sir Isaac Newton ended his life in a hospital with a mental affliction. True knowledge must secure mental peace and enduring joy. For this contemplation of God is essential. Academic education has its uses. But it is not the summum-bonum of life. Adore the light of the Divine within you.

### **Anantapur Campus of the Institute of Higher Learning; 1-12-82**

As the statement goes, "The subterranean fire can be grasped in the palm; the sky can be contacted as a concrete entity; but, one can never refine the mind of an obtuse obstinate person." For, one can awaken a person who sleeps; one can make a person who is not asleep to rise and move; but, one can never awaken a fellow who pretends to be asleep. Willfully avoiding the illumination of knowledge is a sin against spirituality. Our students must welcome light at all times, from all quarters.

### **Jaipur, 10-4-1975**

Education does not mean mere knowledge of books and acquaintance with them. If we concentrate on book knowledge at the cost of practical application, we will be spoiling the name of education itself. In olden times, only those who secured hundred per cent marks were allowed to pass a test, but now, thirty-five out of hundred will enable a person to get through an examination. That means, a student is allowed to commit 65 mistakes out of hundred. If a student is allowed to make 65 per cent mistakes when he has full time and energy at his disposal there is no reason why a grown up not be given the margin of committing 100 per cent mistakes. It is therefore the duty of each and

every student to attain hundred per cent perfection in his knowledge. If he cannot do this as a student in spite of his advantages of age and energy, he will not be able to do Justice to his work when he takes up a job and assumes false notions of prestige and dignity.

## **21st Aniversary of the MBA Program Prasanthi Nilayam, 22 August 2007**

Culture is not related to your worldly relations and practices. Culture is concerned with the feelings of your heart and your power to discriminate between what is good and what is bad. Discrimination is the means to self-realisation.

## **Discourses Primarily About Education or Human Values**

### **Sathya Sai Speaks**

Volume 33 (2000)

- 15. Education Should Foster Values 2000 Sep 25
- 16. Educare Is Human Values 2000 Sep 26
- 17. The Source And Centre Of Values 2000 Sep 29

Volume 34 (2001)

- 20. 'Educare' Is True Education
- 21. Pari Prashna –the Divine Answers
- 22. Humility And Character Are The Hallmarks Of True Education

Volume 35 (2002)

- 20. Character - End Of True Education

Volume 36 (2003)

Volume 37 (2004)

- 3. Character Is The Goal Of Education
- 12. My Students Are My Wealth
- 17. Teachings of Noble Souls Essential For The Young

Volume 38 (2005)

- 4. You are all amrutaputras, sons of immortality 2005 Mar 3
- 6. Humility is the hallmark of education 2005 Mar 16
- 19. Truth and righteousness are the foundation for true education

10/10/05 Education Without Educare is Inadequate

Volume 39 (2006)

1. Discharge Your Duties with a Sense of Surrender to God 2006 Jan 14
11. The Youth Should Follow the Path of Sathya and Dharma 2006 May 27
14. Love of God is True Education 2006 Sep 28
15. Expell the Six Enemies and Elicit Values 2006 Sep 29
17. Put Human Values into Practice 2006 Nov 22

Volume 40 (2007)

20. Oneness With God Is True Education

Volume 41 (2008)

11. Develop Educare And Be United

14. Educare Leads To Unity Of Thought, Word And Deed

Volume 42 (2009)

8. Students Should Set Ideals For Others 2009 Jun 24

## **Summer Showers**

Summer Showers in Brindavan 1972

Summer Showers 1973

Summer Showers 1974 Part 1

Summer Showers 1974 Part II

Summer Roses on the Blue Mountains in Ootacamund 1976

Summer Showers 1977

Summer Showers 1978

19. Education Should Promote Humility In The Educated Person

Summer Showers 1979

1. The Duty of Students

Summer Showers 1990

Summer Showers 1993

Summer Showers 1995

12. The Essence of Education

Summer Showers 2000

1. Seek Educare Instead of Just Education

15. The Ideal Student

Summer Showers 2002

Education should lead to perfection

Excellence of ancient Indian system of education

## **Educare compared to education**

You should ensure that this bond of love lasts forever. Outwardly, we may display several qualities. But the inner thoughts or values are only five: truth (sathya), righteousness (dharma), peace (santhi), love (prema), and nonviolence (ahimsa). These are innate qualities, not super-imposed from outside. They cannot be purchased from any shop. They are very much ingrained in the core of our personality. Our duty is to manifest those qualities and reflect them in our daily life. That is “educare”. On the other hand, education refers to acquiring knowledge relating to the physical and secular world. 2009-01-01

Today’s education is information-oriented. It is bookish knowledge. It is not real education. It is not the type of education that you should pursue. You have to pursue ‘educare’. Educare manifests in one’s own heart. Education relates to gathering information by reading several books and storing them in your brain. Whatever you remember out of that knowledge, you will reproduce in your examinations and acquire degrees. You call that education. That is not real education. You have to follow your inner voice. That is real education. 2009-01-14

No doubt, education has to be pursued and some activities have to be undertaken in the world for leading a comfortable life. One has to take care of the worldly needs for oneself and one’s family, like food, clothing, and shelter. But, to what extent? These are all activities that one undertakes for the sake of oneself and one’s family, not for others. Modern education is breeding selfishness. It is for acquiring goods and services for one’s own comfort. These are worldly pleasures. The qualities of desire, anger, greed, delusion, pride, and envy (kama, krodha, lobha, moha, mada, and matsarya) drive man’s efforts in pursuit of worldly pleasures. No doubt, worldly education helps to provide comfort and joy in the objective world, but it does not at all contribute to inner bliss. It is only the five human values of truth, righteousness, peace, love, and nonviolence that confer inner bliss. 2009-11-22

A person who cultivates these five human values will always be happy. The five senses of action provide external pleasure; but the five human values confer inner bliss. Education helps to obtain various conveniences for external pleasure, whereas inner bliss can be experienced only by educare. There is a lot of difference between education and educare. Education involves reading of books written by someone and listening to the lectures delivered by someone. Educare, however, has nothing to do with books. It has no form at all! It is Truth that has no form. 2009-11-22

However, certain values like truth, righteousness, peace, love, and nonviolence (sathya, dharma, santhi, prema, and ahimsa) are also hidden in the core of our personality. These have to be brought out and manifested in our daily life. This process is called educare. Today, the knowledge that is acquired from the study of books is called education. This is not the real education that we have to acquire. Real education is educare, by which the noble qualities that are inherent in us are manifested in our daily life. This can be done by self-effort without someone spoon-feeding us with some externals. Thereby one can lead a sacred life. It can be attained only by God’s grace and by no other means. In keeping with the saying, “Always, at all times, under all circumstances

contemplate on God (Sarvada sarva kaleshu sarvathara Hari chinthanam)", one has to constantly contemplate on God. That is the real devotion. 9 August 2006

Merely having a human form does not make one a human being; it is the conduct and behaviour that matter. In the same manner, mere acquisition of bookish knowledge does not make one truly educated. Such worldly education is negative in nature. One must make a distinction between education and educare. Whereas education is information-oriented, educare is transformation-oriented. Education is limited to physical and mental levels. Just as the rivers like Krishna and Godavari have their source in the ocean, education has its roots in educare. Physical and worldly knowledge corresponds to education. Educare is related to our inner feelings and purity of heart. Our mata, pata and bata (speech, song and way of life) should originate from the heart. That is the essence of educare. Even if you acquire a number of degrees, if you lack purity of heart, you cannot be called truly educated. Nowadays very few make efforts to understand what educare is. Only those endowed with practical knowledge and wisdom will be able to understand and appreciate the concept of educare. Others will be deluded by high academic degrees. They are interested only in acquiring bookish knowledge and disseminating the same. Such vain pursuits will not entitle them to be called really educated. It is common now-a-days for students to acquire various academic degrees such as B.A., M.A., C.A., Ph.D., etc. However, those who understand the real purpose of education and its inner significance are rare. Once you understand the purpose of education and act accordingly, your life will be redeemed. You should not entirely depend on what your teachers teach in the classroom. You have to understand the nature of your body, mind, senses and intellect to be able to realise your inner self. 2006 Jan 14

## **The higher purpose to education - providing an inner life based the five human values**

You must stand as an ideal to everyone. It is only with this hope that we are bringing you up with great love. You all know that the educational institutions in the outside world charge money for everything. But, we are not collecting any money from our students towards fees. Education in the Sathya Sai institutions is totally free from K.G. to P.G. In fact, Education, Medical and Water Supply projects undertaken by the Sathya Sai Organisation are not revenue earning departments. On the other hand, we ourselves are incurring huge expenditure on students' education. Also, we are helping a number of destitute children in so many ways by providing them material support, free education, financial help, etc. You must realise this truth. Education is your property. Education is not merely to help make a living in the world. It is not merely for making a decent living in the material world. Even the uneducated are able to live well in the material world. Then, of what use are your degrees like M.Sc., M.A., M.B.A., etc., This is not the purpose of education. Education may help one to earn a decent living in the outside world to a certain extent. But, that is not the be-all and end-all of life. There is a higher purpose to education - providing an inner life based the five human values, namely, Truth, Righteousness, Peace, Love and Non-violence. These human values

provide a secure, real and meaningful life to us. Sathya (truth) is the basis for everything in the Universe. 22 Nov 2007

The creation emerges from truth  
and merges into truth,  
Is there a place in the cosmos  
where truth does not exist?  
Visualise this pure and unsullied truth.  
(Telugu poem) 22 Nov 2007

## **Educare is related to bhava (feeling)**

Educare is related to bhava (feeling), whereas education is related to bahya (external). The education you acquire should be beneficial to society. You should utilise your knowledge and intelligence for the benefit of society. Keep your emotions under check. Do not fret and fume like Durvasa who had no control over his temper. Only the one who has complete control over himself is a true human being. 2006 Jan 14

## **Educare is manifesting divinity, human values**

Humanness is very sacred. There is no greater force than humanness. Man has to pursue two kinds of education - 'Education' and 'Educare'. Education is acquiring knowledge from textbooks written by someone else. Educare is manifesting the divinity latent in a human being. This is by self-effort. It involves bringing out something which is already there from within, by one's own sadhana not bringing out evil qualities that are carefully and perversely preserved in one's bosom. Educare is bringing out or manifesting the human values of Sathya, Dharma, Santi, Prema and Ahimsa by sadhana. 2006 Sep 29

Today you are receiving your degrees. The university gives you a degree in education whereas I give you a degree in Educare. The degree I confer on you is related to atmananda (Atmic bliss, bliss of Self-realization). That is educare. Discharge your duty sincerely and I shall take care of your requirements. Do not give room to laziness. Laziness is rust and dust. Realisation is best and rest. Be prepared to proceed along the path of self-realisation. 22 Nov 2002

Your education may help you to achieve a sharp intellect. But, real happiness comes from 'Educare' only. That should in fact, be the basis for our life. Bookish knowledge is not very important. Even those who have acquired high academic qualifications have to give importance to 'educare'. Devoid of 'educare' all the education and academic achievements are useless. You may acquire high degrees, but your education is not complete without 'educare'. 2006 Sep 29

First and foremost, take care of your health. Your education will prove a mere waste if you do not maintain proper health. Do not rest content with secular education. You should also acquire Educare. Education is related to gathering outside information, whereas Educare relates to inward transformation. Educare is that which makes the human values blossom from within. Whether you have acquired educare or mere education will become evident in your speech. A word of caution in this regard - you should not talk loosely; especially when you speak to elders, you should carefully frame your sentences and speak with all humility and respect. True education is not limited to textual knowledge. You should manifest the human values of truth, righteousness, love, peace and non-violence. Truth should not be confined to mere words. It should be translated into deeds. 2005 Mar 16

You may be highly educated and intelligent, yet there is so much you can learn from ants, birds and animals. These lessons of life cannot be taught in the classroom. Even teachers are not making efforts to understand the principle of divinity within. Education is not meant to merely eke out a livelihood. You have to share your knowledge with others, give joy to one and all and thereby rise to the level of the Divine. Samatwa (equal-mindedness) is the hallmark of a true human being. Manavatwa without samatwa cannot attain divyatwa (divinity). Hence, develop samatwa in the first instance. Divine power is latent in every human being. But man is becoming weak as he is unable to realise his latent divine power. In order to manifest the divine power, one should cultivate sacred feelings. Manavatwa has not come into existence in the recent past, it has been there since ages. Human being is born from the womb of the mother, but humanness has originated from divinity and has been present at all times. There is divinity in every human being. As he is unable to recognise his innate divinity, man is forgetting his very human nature itself. What is the use of being human only in form but not in practice? Human birth will find fulfilment only when we practise human qualities. All the sacred texts such as Upanishads and Sastras are meant to show mankind the path of redemption. Man should manifest his latent divinity by following their teachings. The sacred texts will bring out the hidden treasures of divinity from within. That is why Bhagawan has introduced Educare programme in the educational institutions. Education is related to worldly knowledge. It can be acquired by going through books, whereas educare is meant to externalise the latent divinity in man. Education has temporary benefits, whereas educare bestows everlasting happiness. One cannot become great by mere acquisition of education. One should practise educare and manifest the latent values. 2005 Apr 9

Educare is the need of the hour. Only through educare can you realise divinity which is present in every atom and every cell of your body. In fact, you are seeing divinity every moment but are unable to recognise this truth. You can call yourself educated only when you recognise divinity which is all-pervasive. Secular knowledge is related to education which can be acquired from outside. It is mere bookish knowledge, whereas educare cannot be acquired from books. No benefit accrues by gathering information from books. What is required is transformation and it is possible only through educare. Acquisition of information which cannot lead to transformation is a mere waste of time. But man has developed a taste for such information which is but a waste. Man's



intelligence, knowledge and power are all the gifts of God. They have to be nourished and made proper use of, through educare. 2005 Apr 9

People think that they have acquired high academic qualifications, but they enable them to acquire only bookish knowledge. At present, you find that everyone is engaged in acquiring bookish knowledge. But, they forget the fact that people led a happier and better life without bookish knowledge in the past. People think that pursuing academic education and acquiring bookish knowledge is real education. No, that is not real education. Education devoid of educare is not real education. What is educare? Educare is that which brings out the latent divinity in a human being. Divinity is also known as consciousness. It is only because of the consciousness present in him that every individual is able to know the nature of the world around him. But, unfortunately, no one is able to recognise this all-pervading consciousness. In fact, it is only this consciousness that is protecting every human being. In spite of one's education and scholarship, one is not able to realise this truth. Education is negative and artificial, whereas educare is positive. People are going to foreign countries to acquire such artificial education. What is the use of acquiring such education? Instead, everyone should strive to acquire educare. One need not go to foreign countries for acquiring educare. It wells up from within and protects the person constantly. Educare is the unity of thought, word and deed. 2005 Sep 3

Love! Love! Love! Love! Cultivate love! That would be enough. However, this love should not be extended to all and sundry things in the world. It should be steadily fixed on God. Then you will become good individuals. Otherwise, of what use is your education? Today, 'education' is leading to 'agitation'. If this situation is to be corrected, 'education' must be supplemented with 'educare'. Education can be acquired from textbooks, but 'educare' has to be manifested from the heart. Hence, one has to take up 'educare' also. Educare' involves manifesting the human values that are latent in one's own heart. Secular education can be obtained from books. The book is like a nose (mukku), whereas 'educare' is the very breath that is inhaled through the nose. If there is no breath, it amounts to death. Similarly, humanness cannot survive without human values that are to be manifested through the process of 'educare'. 2006 Aug 13

## **'Educare' means to bring out human values**

You have to understand the true meaning of these two words, education and human values. Education has two aspects: The first is related to external and worldly education, which is nothing but acquiring bookish knowledge. In the modern world, we find many, well-versed and highly qualified in this aspect. The second aspect known as 'Educare,' is related to human values. The word 'Educare' means to bring out that which is within. Human values, namely, Sathya, Dharma, Santhi, Prema and Ahimsa (Truth, Righteousness, Peace, Love and Non-violence) are hidden in every human being. One cannot acquire them from outside; they have to be elicited from within. But as man has forgotten his innate human values, he is unable to manifest them. 'Educare' means to bring out human values. 'To bring out' means to translate them into action. 2000 Sep 26

One has to cultivate purity to subdue demonic qualities. But purity cannot be attained without unity. Unity leads to purity, which in turn leads to divinity. But today, there is no unity, no purity, no divinity. We find only enmity and community, which are nothing but man's own creation.

Once you install divinity in your heart, there will be no place for enmity because heart is a single chair, not a musical chair or a double sofa. In order to install divinity in the heart, you have to practise human values. Manifestation of latent human values is known as 'Educare.' If a question is put, what is education? People say, it is the acquisition of knowledge. But it is not merely acquisition of knowledge; it must be in action. What is the end of education? Character is the end of education. What is the essence of education? Concentration is the essence of education. What is the aim of education? The aim of education is not only cultivating human qualities, but attaining divinity. Education is meant for life, not for a living. If education is meant for a living, don't we find birds and beasts, having no education whatsoever, doing the same? So, education should be for life. First of all, one should understand this truth. 2000 Sep 26

The word 'Educare' has a sacred inner meaning. That which is manifested by 'Educare' cannot be seen by the eyes, cannot be heard by the ears and cannot be felt by the mind. But all that education confers can be seen, heard and felt. Education fosters desires and leads to rebirth, whereas 'Educare' confers immortality. There will be no rebirth. The innate divine qualities like truth, righteousness peace, patience, forbearance and love cannot be seen by the naked eye and they lead to no birth. Modern education is giving rise to desires, which form the basis for rebirth. You need to develop detachment to control desires. Attachment leads to bondage and restlessness. The innate values alone can control the desires. Inner voice leads to detachment. You have to enquire into the difference between attachment and detachment. To attain detachment, you must obtain release from worldly bondage. Here is a small example. When you insert the key into the lock and turn it to the right, the lock opens; you turn it to left, it gets locked. The heart is the lock, the mind is the key. You get attachment, when your mind is turned towards the world. When it is turned towards God, you attain liberation. 2000 Sep 29

One says he believes in God. Another believes there is no God. For the one who believes in God, He is and for the atheist He is not. If he says that he does not believe in God, you reply him, "You may not have your God, but I have mine right here in my heart." You must have that courage of conviction. Other peoples' opposition should not make you weak. A weak person will achieve nothing. If the entire world rises and says 'no', to the existence of God, you should still be able to assert 'no'. He is there right inside your heart. With such strong faith, you will be able to propagate your faith. That self-confidence is the source of your strength. Lacking this strength you become weak, so weak to hardly merit the name of a human being. The members of the Organisation are full of enthusiasm. They sincerely want the propagation of human values throughout the world. Keep expressing your beliefs with conviction and let those who agree accept them and those who do not, go their way. Human values have come out from inside the human beings and not from anywhere outside. They come out of the heart—that is what the term 'Educare' means. 'Educare' means 'elicit,' i.e., bring out from within. These

should be manifested and realized. Such knowledge does not come out of books. Bookish knowledge of the first day becomes knowledge on the second day and allergy on the third day. Practical knowledge, internal knowledge, never becomes an allergy. It becomes energy. What we need is energy and not allergy. 2000 Sep 29

## **Educare is beyond form**

Education involves reading of books written by someone and listening to the lectures delivered by someone. Educare, however, has nothing to do with books. It has no form at all! It is Truth that has no form. 2009-11-22

The whole world has started imparting spiritual education along with conventional curricula. People have realised the truth that spirituality is not a modern discovery, but ancient wisdom. However, the importance of this principle has been confined to only propounding and teaching of spirituality. Actually, there is a decline in the practice of spirituality in daily life. Therefore, practical education is most important today. Education without practice would lead to unrest. Modern studies in institutions is referred to as education. But, spiritual education that has its effect on one's heart, is 'educare'. 'Educare' means bringing out the latent divinity in a human being and establishing it as an ideal to the whole world. Modern education ends with mere bookish knowledge. It is confined to what is contained in the books. Educare, however, is not related to the books. It is related to teaching about the source of all knowledge, that is latent in the heart of a human being. Therefore, underlying such type of education is the prime necessity, today. People are pursuing higher education in the secular field. That is not enough. They have also to pursue spiritual education which teaches human values like truth, righteous conduct, love, etc., which bring about a transformation of the heart. 20 Nov 2002

A harmonious blend of secular and spiritual education is ideally suited to the present-day world. One is an inner awakening and the other is an external teaching. Secular teachings are related to the physical world. They are the negative aspect; whereas teachings related to the inner awakening are positive. Take for example, love. Who can define the form of love? The best way to define love is to love others and be loved by others and thereby experience the bliss of love. Such teachings related to the inner awakening are the urgent need of the hour. Educare is that which establishes love and kinship between human beings. 20 Nov 2002

Modern science is, of course, great. But, your senses are at a low level. Along with science, the senses must also be raised to a higher level. Today, we are leading a high level life, keeping our senses at low level. This should not be what is meant by 'educare'. Educare is bringing out the latent divinity in a human being. Whatever words you speak, you must watch whether they are the result of your education or educare. Today, nobody is keeping this watch. I often refer to the spelling of the word, WATCH. The spelling consists of five letters, namely, W A T C H. These letters stand for:

W - Watch your Words

A - Watch your Actions  
T - Watch your Thoughts  
C - Watch your Character  
H - Watch your Heart

The real watch is when you keep a watch on your words, actions, thoughts, character, and heart; not the one you tie to your wrist. 20 Nov 2002

There are two kinds of study: Inward looking and outward looking. The stuff that you learn by rote and disgorge into your answer paper is the outward looking study. On the other hand, taking your studies into your heart, feeling its fullness and experiencing its bliss is the inward looking study. These have been differentiated by the terms: Education and "Educare". Your aim should be for acquiring "Educare" and not mere education. 2 Apr 2001

FIRST and foremost, we must investigate into 'panchatantra' or the five principal aspects of education. These are:

1. What is education?
2. What type of education should we pursue?
3. What is the main aim of education?
4. What is the uniqueness of education?
5. What are we gaining from present-day education?

Only when we recognise the inner significance of these 'panchatantras', can we know what is true education. What is education? It is of two types: The first type is collection of facts and knowledge about the external world and sharing them with students. The second type is educare. Educare involves the deep understanding of the knowledge that springs from within and imparting it to students. But today's education gives the students knowledge only about the external world. Only culture or refinement can develop good personality and not this type of education. So, both education and culture are important. Today's education is devoid of culture and is like a counterfeit coin. Even a beggar does not accept a counterfeit coin.

Then how can experienced and intelligent people accept such education? So, to satisfy everyone we must develop educare. Education without refinement is like a dark room. Only bats can live in dark rooms; such rooms are filthy. So, by pursuing such education devoid of culture, our hearts have become dark rooms and hence many animal qualities find their way into it.

Education without culture is like a kite with a broken string. No one knows where it will fall and what damage it will cause to others. Therefore, such education does not benefit anyone. 20 Nov 2001

This morning, a song "I and you are one!" was sung. Even this is also a kind of narrow-mindedness. It will be better to say, "All are one!" A celestial voice told Jesus, "All are one, my dear son, be alike to everyone!" Educare develops such broad-mindedness.

Today's education comprises only bookish knowledge. It is only superficial knowledge and it changes every moment. So we must add 'Educare' to this bookish knowledge. 20 Nov 2001

Educare is practical knowledge. There are a few steps between the superficial knowledge and practical knowledge. From superficial knowledge we must proceed to general knowledge. After analysing this general knowledge one gains discrimination knowledge and knows the difference between good and evil. From this discrimination knowledge we proceed to practical knowledge. This practical knowledge is changeless. True and eternal education never changes when the heart is filled with compassion; it becomes sacred and aspires for the welfare of one and all. An educated person should not have bad qualities and must not indulge in bad deeds. Today's education imparts only bookish knowledge, which really degrades a person. How long will this bookish knowledge last? It lasts as long as we keep it in our mind. It is not possible to put bookish knowledge into practice. We fill our heads with bookish knowledge, go to the examination hall, fill our answer paper with it and return with empty heads! In effect the head always remains empty. To acquire discrimination knowledge one requires general knowledge, which consists of ordinary cleverness and intelligence. Discrimination knowledge also has in it common sense. Both are essential for life in this world. 20 Nov 2001

Students and Teachers! What we need today is not bookish knowledge though we require it to a certain extent to cope up with life in this world. But what is essential to us is the knowledge of the Atma. Spiritual education is the highest education, says the Bhagawadgita. It starts with discrimination knowledge, which is like a perennial river. In perennial rivers the quantity of water may vary but not the quality. Thus students should understand that quality of education is more important than its quantity. Degrees are not important, but the knowledge accomplished out of education is important. What is the meaning of education? 'Education is not mere knowledge, it includes action, too.' Education, which originates from within has a sound basis and is permanent. It is referred to as Sathyam. A step higher than Sathyam is Ritam as proclaimed in the Vedas. What we normally refer to as truth in daily life is merely a fact. 20 Nov 2001

One might consider oneself to be great. As of now, one might be enjoying name and fame. But what will happen when one is faced with misery towards the end of one's life? Sankara wondered who would come to one's rescue at the fag end of one's life. Neither mother, nor father, nor relatives nor brothers, not even wealth or possessions will come to your rescue in the last moments. Hence be careful ! (Telugu Poem) In earlier days, this was taught in the Gurukulas to the students by the preceptors. This ancient educational system originated from absolute truth. This is what is EDUCARE. It is also reflected in the letters ABC as ALWAYS BE CAREFUL. Sankara preached the same principle. So, it is necessary to impart spiritual education along with secular education. General knowledge devoid of spiritual education is negative. General knowledge is like the bulb and spiritual knowledge is like the current flowing through it. Only when positive and negative meet is darkness dispelled. So, we must develop positive along with negative. 20 Nov 2001

You are pursuing different types of education in different countries. But ultimately education should converge into educare. That can be achieved gradually. Therefore, mere acquaintance with books and what is written on the black-board cannot constitute education. True education throws open the doors of the mind. How can you enter a house with the doors closed? You desire many comforts and pleasures, and also aspire for virtues. For that you have to open the doors of your mind first. Only then absolute truth will manifest in us. This absolute truth is all pervasive. 20 Nov 2001

There are many aspects in modern educational system that we must understand. But we are not learning what we ought to. Instead we are gathering irrelevant information. Mere learning of the contents of a book constitutes secular education. Education must be combined with educare. Only then will you experience the bliss. What is the difference between 'education' and 'educare'? Education is like insipid water, educare is like sugar. Merely adding sugar to water does not make it sweet. It is only on stirring, does the sugar mix with the water making it sweet. The heart is the tumbler, divinity is the sugar, and secular education is tasteless water. With intelligence as the spoon and enquiry as the process of stirring, we experience the all-pervasive divinity. That is true wisdom, which enables us to recognise the unity of all creation. 20 Nov 2001

Good education is not merely reading several books, gathering bookish knowledge, and teaching it to others. There is no use acquiring mere bookish knowledge. By acquiring bookish knowledge, you may perhaps become a book yourself. Real education is promotes unity, equality, and peaceful co-existence with fellow human beings. Merely reading books and periodicals and acquiring bookish knowledge is the so-called secular education. Several people in the world today are pursuing only this type of education, but this cannot be termed real education. Real education flows from the heart and is called as "educare". There is a lot of difference between education and educare! Educare is the basis and foundation for all types of education. Educare is the support (adhara) and education is the supported (adheya). All the texts we read teach only education, but this is totally inadequate. We must pursue educare along with education. 10 Oct 2005

Our schools and colleges (Prasanthi Nilayam, Brindavan, Anantapur) have also shown considerable progress. As the growth is inward, it is not possible for all to recognize it. This inner growth is educare. Educare brings out our latent sacred values. Values are not to be taught but manifested. Mere accumulation of information from various books is not educare; it is education. Educare is the blossoming of the Divine Lotus in our heart. Educare enables us to be not just receptors but vibrators and radiators of values to all creation. Values are to be translated into action. That means, both precept and practice are equally important. How to put the principles of educare into practice? Many modern boys and girls have no knowledge about these principles. It is absolutely necessary that every student should know all about educare and its importance. The latent powers in each student have to be brought out. These powers must play their part in all his activities as reflection, reaction and resound. Thus, the process of education has to work in such a way as to transform the students into reflections of their latent powers.

They are to be moulded properly and shaped beautifully. Our institutions bring out ideal students and present them to the world. 27 Jan 2004

Sathyannasti paro dharma. ( There is no Dharma greater than adherence to truth). “You shall not tell anything but truth. What has happened should be reported truthfully. What all you have done, you should say it exactly.” This is what most people say and believe when they give the meaning of truth. But this is only one dimension of the vast interpretation of truth. Similarly, you must understand that Educare has much deeper meaning. In fact, Sathya (truth) is educare; Dharma (righteousness) is educare. It is truth and righteousness which protected India from all dangers. Sathya and Dharma do not come from outside. All that comes from outside is not permanent. Today it comes, tomorrow it goes. But what comes out from one’s heart is permanent. Educare comes from the heart and it has to go to other hearts only. 27 Jan 2004

Recently, Vice Chancellors of 25 famous universities of India came to our Institute to take part in a Seminar on Value Education. They were all very eager to know about educare. They also wanted to know the workable method for introducing it into their curriculum. “Vidyannasti parodharma.” (There is no Dharma greater than Vidya). Therefore, one has to acquire real Vidya. Heart is the source of real vidya. Mere accumulation of information is not vidya. Vidya is eternal bliss. Real vidya is educare. But head is the source of education. Educare starts from the source of the heart and comes out through buddhi (intellect) whereas education is merely bookish knowledge emerging from the mind. Educare is Buddhigrahyamateendriyam (Educare transcends the senses and can be grasped only by the intellect). 27 Jan 2004

There are several thousand people gathered in this hall. But, there is only one heart in all of them; that is the spiritual heart. I am not referring to the physical heart. Unfortunately, people are unable to repose their faith in this spiritual heart, in spite of their best education. You are all educated, well educated.

In spite of his education and intelligence,  
a foolish man will not know his true Self and  
a mean-minded person will not give up his evil qualities.  
(Telugu poem)

This is not the type of education you have to pursue. This is the category of worldly education. This type of education we learn from an Institution under the guidance of a teacher. Today, all our education, words and speech are only artificial. There is something deeper which forms the basis for everything. That is fundamental truth. It does not come under the realm of education. It is ‘Educare’. Education is worldly whereas “educare” is other-worldly. Educare is not something that can be seen with the naked eye. It lies in the depth of our heart. It has to be brought out by conscious effort. Where is peace? Is it outside? No; only pieces and pieces are outside. Peace is in your heart. Similarly, love. Love is in your heart. It cannot be seen. Love is God; Live in Love. This also forms part of educare. So also non-violence. It is not in the outside world. The world today is torn apart with conflicts. We don’t find peace anywhere in the world. Truth, Righteousness, Peace, Love and Non-violence constitute the five vital airs of a

human being (Panchapranas). Love is the undercurrent that flows in all these human values. Follow truth, keeping love as the basis in your heart. Truth is eternal. Truth is God. It is not subject to changes in time. Let love be reflected on the mirror of Truth. 1 Jan 2008

Some people are not able to put up with difficulties. However, if only they keep a little patience, even that pain and suffering will turn out to be an occasion for rejoicing. Pleasure is an interval between two pains. "You are not one person, but three: the one you think you are; the one others think you are and the one you really are." 'The one you really are' is the real truth. You must be reading several books. But if you are not able to keep your head in proper condition, all that reading will become useless. Hence, the 'head' is very important. That is 'Educare'. 1 Jan 2008

Whoever has created you, will also provide for your sustenance. You need not worry about your food and other needs. You may earn five thousand dollars a month abroad. No doubt it is a big money when converted into Indian rupees. But, compare the cost of living in India and abroad. The five thousand dollars you earn in foreign countries is equivalent to five hundred rupees in India. This much amount is sufficient here. Several people go abroad with great hopes. But, what is there abroad? That broadness lies in your heart. You need not go abroad. Develop broad-mindedness. Remain here. Take good care of your parents, wife and children. Make your children acquainted with Indian culture and spirituality. That is true education. Does education mean reading and writing? Can you call all those who have learnt to read and write educated people? No, not at all. Knowledge without discrimination and not beneficial to the society - can it be called education? Education that does not develop discrimination is totally void. Real education is that which comes from within, that is Educare. What all the teachers teach is only that which is contained in the books. Real education is not available in the books. 15 Jan 2008

Goldstein and Srinivasan who spoke earlier eulogised education. What they said related to worldly education. I do not agree. It should relate to you. Then only the concept of 'I am I' can be realised. Tomorrow, I will provide answers to some of your questions that bother you in your daily life. I am sure very soon you will realise Divinity. I do not wish to speak about modern education. That everybody will do. Reading books and gaining worldly knowledge is not great. This is only bookish knowledge. You must gain knowledge of your own self (inner being). That is real knowledge. That is changeless and eternal. Truth is only one, not two. Truth is God. Righteousness is God. Peace is God. Love is God. Know this. "**Love is God; live in love**". If you cultivate such selfless and divine love, you can achieve everything in life.

"God is one; goal is one". If you develop firm faith in this maxim, you can understand everything. Your experiences and enjoyment in this material world are not important. They are not true. Behind these momentary experiences, there are some eternal values to be cultivated, some human qualities to be developed. These values and qualities have to manifest from within, not in the outside world. That is Educare. Educare means



bringing out the latent qualities and values from the core of our inner being. The books you read in the outside world relate to education. But, this is 'Educare'.

What is needed today is 'Educare'. If people develop 'Educare', all will be united. Take it from Me – in about 25 to 30 years' time the entire world will become one. There will be only one caste, one religion, and one God. What is needed is such unity. Today, there are several differences between individuals on the basis of caste, creed, religion, language, nation, etc. Such differences should disappear and unity should prevail. The Veda has emphasised this unity in the declaration "*Ekam Sath viprah bahudha vadanti*" (Truth is one, the wise say it in different ways). That is the real world we are visualising.  
20 July 2008

Modern education leads only to argumentation, not to total wisdom.  
What is the use of acquiring education which cannot lead you to immortality?  
Acquire that knowledge which will make you immortal.  
(Telugu poem)

What is the use of pursuing such type of education? A human being needs to cultivate the five human values, namely, Sathya (Truth), Dharma (Righteousness), Santi (Peace), Prema (Love) and Ahimsa (Non-Violence). Kama (lust), Krodha (anger), lobha (greed), moha (delusion) etc. are qualities of animals. Unfortunately today man is developing animal qualities. He does not make effort to cultivate human qualities. That is the reason why he has no peace of mind or happiness in spite of accumulating a lot of wealth. It is in this context that much emphasis is laid on 'Educare' instead of Education. What is 'Educare'? Educare is manifesting one's own innate divine nature. One can experience bliss by doing so. There are several colleges and universities in different parts of the world today. There are innumerable professors and Ph.Ds too. But, could their high academic degrees confer peace and happiness on them? Why did the world not experience peace and happiness in spite of producing so many educated people? The reason being, all their education is meant to make a comfortable living. Education is for life, not for a mere living. One has to pursue Educare along with education. Education is related to the outside world, whereas Educare concerns itself with one's inner being. It relates to the atma (soul). Where is atma? It is everywhere. It is omnipresent. The Vedas declare Aham Brahmasmi (I am Brahman). This dictum denotes the universal existence of God. A human being is the embodiment of the divine Self, verily. He is not merely a human being. Since he identifies himself with the physical body, he considers himself a mere mortal. 6 Aug 2008

All education that we pursue today is secular. No doubt that is also necessary, but the real education is that which helps you to manifest your innate divinity. You may read a number of texts, you can teach them to others, too. They cannot make your life exemplary. Hence, what sort of education should a man pursue? 'Educare'. What is Educare? Educare is manifesting one's innate human qualities in the outside world. No text books need be read for this purpose. However, since you came into this world with a physical body, you have to acquire education and earn money to sustain that body. Secular education is for sustaining the physical body. The chanting of the Gayatri

Mantra starts with AUM. Then the mantra proper reads “*Bhur Bhuva Suvah Tat Savitur Varenyam Bhargo Devasya Dheemahi Dhiyo Yo Nah Prachodayat*”. The chanting of AUM itself will confer all the benefits that accrue by chanting of the mantra. There is a great necessity today to explain the significance and inner meanings of such mantras to students. That is why we have recruited teachers who can explain these spiritual aspects along with secular education. 6 Aug 2008

Spirituality is like the head of a physical body. It is only when the head functions well, that all other limbs in the body function smoothly. All our students should therefore treat spirituality as their head. Each lecturer teaches a particular subject in the class room. The students should imprint their teachings in their hearts. They should not differentiate between the lecturers saying so and so is a great lecturer and others are not. If you conduct yourself as good boys with sterling character and leadership qualities, you can even rule this country in the years to come. Hence, develop a sense of equal-mindedness, treat all lecturers as good and take their lessons to your heart. This is what I wish to emphasise today as My advice to all the students of our Institute. Let there be unity between your thoughts, words and deeds. That is ‘*Trikarana Suddhi*’ What you think, you should speak; what you speak, you must put into practice. That is real humanness. Unity does not mean gathering of all people at one place. What is needed is perfect harmony between thoughts, words and deeds. That is real Educare. The Educare is very much immanent in you. You need not refer to any text books to find Educare. Our heart itself is a text book. Follow its teachings. Then you will become good students and good people. The good people are God’s own people. Don’t consider yourself as just students. You are not merely students. Only your body is a student. In your heart, you are verily divine. 6 Aug 2008

In the future, this Institute will attain great heights and become the leader for the whole country. Some ignorant people may have doubts as to how a university in a rural village can become a leader, but note that it is bound to become one! You all think that this is a university that will excel only in academics. This is not merely an educational Institution. In the future ,the concept of ‘educare’ will gain great repute and acceptance. This Institute will share the Atmic Principle (*Atma Thatthwa*) with all people. Secular education is merely the gross or superficial manifestation. The undercurrent is educare. This will gain emphasis and will come to the forefront very soon! The initiative has already been taken in Delhi. Great scholars have associated themselves in this process. Not that it depends on the individuals, but their capacity also counts. 24 Feb 2005

What are the human values? They are Sathya, Dharma, Santhi, Prema and Ahimsa (truth, righteousness, peace, love and non-violence). They have no form. These formless principles are imprinted on your heart. All that we read and write corresponds to physical and worldly education. It cannot be called education in the true sense of the term. What is true is educare. Educare means to bring out our latent values. They are immanent in our heart, but we cannot see them. They have to be manifested through self-enquiry. True Sadhana lies in recognising and manifesting peace, truth and sacrifice that are present in our heart. You undertake various spiritual practices like meditation and Japa (recitation of God’s name). What do you understand by Japa? You think Japa means counting the beads of a rosary. But it is not so. All these spiritual

practices are merely our imagination. They are all artificial, not real. Science teaches many things. It gives only that knowledge which we acquire through our senses. There can be no science without senses. We are leading artificial and mechanical life by acquiring this knowledge. It is not true life. 26 July 2007

## Educare

The five human values Sathya, Dharma, Santi, Prema and Ahimsa are not independent of each other. They closely follow one another. These five qualities are the gift of God to a human being. We as human beings have to manifest these five human values by putting them into practice. That is 'Educare'. 2006 Sep 29

The loss of the spiritual eyes of faith leads to spiritual blindness. You should not become blind. It is only when you develop firm faith in God, will humanity be transformed into Divinity. Many people can deliver 'speeches'. But, we do not derive satisfaction merely by listening to such speeches. We just listen to them and forget them soon after that. It should not be so. What has been listened to has to be contemplated upon and then put into action. The most important aspect is you should develop firm and unwavering faith. When the rope of faith is strong and secure, the bucket can draw out the water of the five human values from the well of your heart. **This process is called 'Educare'**. Educare is to bring out that which is in the depth of one's heart. It is not something external. It cannot be purchased from the market. Nor can it be taught by a teacher. You yourself have to strive for it. Only then can you attain self-realisation. For this, the prerequisite is self-confidence. In order to gain self-confidence, you must develop noble qualities. 2006 Sep 29

Realising one's innate divinity is educare. That innate divinity in man has been referred to by several people as atma. Without realising the nature of the atma one cannot understand the nature of the body. Educare consists of realising the nature of the atma. When someone questions you what is the meaning of the word "self", you answer 'I'. But that is not the correct meaning of self. It is not correct to identify 'I' with 'self', i.e., body. 'I' refers to Aham (individualised soul). As long as one identifies 'I' with self, one cannot understand the real meaning of 'I'. It is only when one sheds attachment to self and develops the feeling of equanimity, can one understand the nature of atma. This Atma Tattwa is equally present in every being. This is the fundamental principle. It is only because of this fundamental principle that every living being acquires value. One has to recognise this fundamental principle. Only then does one deserve to be called a human being. In this world birds and beasts live along with human beings. Human beings can be differentiated from birds and beasts only when man realises that fundamental 'I' which is the Atma Tattwa. 2005 Sep 3

Q1 What is the relation between religion, spirituality and educare?

Embodiments of Love! It is surprising to me to note that you have been unable to recognise the relation between religion, spirituality and educare. First and foremost understand what religion is - 'Religion is realisation'. Only when you realise the truth about yourself, will you understand what religion is. Spirituality is not merely singing

bhajans, performing worship, going to temples or on pilgrimages or undertaking any other good activity. Spirituality is recognising oneness of all beings. Here is an example. When we close our eyes we cannot see anybody. But the moment we open them we can see thousands of heads in this hall. Where have these heads come from? If you enquire into the truth, you will recognise that your eyes notice all heads. They have not come from anywhere outside. To recognise unity in diversity is spirituality. The basic truth to be recognised is that there is only one Atma in all beings. The questions and doubts arise when you see multiplicity in unity. The entire creation has emerged from love. Therefore, there is no difference between religion, spirituality and educare. 21 Nov 2001

Thus educare, spirituality and religion are not different from one another. Here is a ring, a chain and the earrings - all these are different forms of the same gold. If one realises this unifying truth then where is the scope for multiplicity? Therefore, God is One though He may appear to you in different forms. The fundamental basis for everything is love. This is what you should aspire for. Do not worry about religion. There is only one religion, the religion of love. Educare means to bring out the divine love latent in man. that is why it is said, Love is God, live in Love. Then there would be no conflict in the world and all would live together happily. Only when there are differences, there is conflict. Push aside these differences and live with the feeling of oneness. 21 Nov 2001

How can you call yourselves educated if you do not understand what educare is? The word 'education' is derived from the Latin root 'educare'. While education refers to collection of worldly facts, educare is to bring out from within. Education is for a living while educare is for life. Education is for 'Jeevana Upadihi' (livelihood). Educare is for 'Jeevitha Paramavadhi' (the ultimate goal of life). It is easy for us to recognise things outside us and difficult to look within. There are many things inside us, which are not manifest. When you join the three letters G, O, D, we get the word GOD. When you look at the letters individually they have no meaning of their own. Our effort lies in putting together these letters to get the meaning. This is educare. Educare means to bring out from within. The Atma is our innermost reality. That is what educare should bring out. Therefore, there is actually no difference between the three—religion, spirituality and educare. 21 Nov 2001

There is only one language, the language of the  
heart; there is only one religion, the religion of love;  
there is only one caste, the caste of humanity.

Religions are many but the path is only one and we need to discover this path. "O heroic sons of Bharat! No religion is bad for the one who has a good sense of understanding". It is incorrect to see differences among religions. In our daily life, we need to realise the limitations of education. What you read for the first time may look new to you but when you read it again and again it is no more new. Here is an example. Once God wanted to grant liberation to a person and sent Yama, the God of death, to him. When Yama approached this devotee, he questioned whether the devotee knew him. But the devotee answered that he (Yama) was a stranger to him. Then Lord Yama

told him that he would return to him only when he could recognise Yama. When Yama returned after three days the same question was posed to him. Now the devotee answered that Yama was no longer a stranger to him because he had already seen him. Everything appears strange and new before acquaintance. But once we acquaint ourselves we tend to shed differences. Basically, you have to get rid of the sense of differences and develop the sense of oneness. Then you will know that religion, educare and spirituality are one and the same. 21 Nov 2001

Q5 How to implement educare in the case of children from slum areas?

In order to mould the character of such children through educare programme, we have to visit their houses and help the people living there by taking up social service projects like cleaning and sanitation. Then they would develop the sense of cleanliness and keep their places clean. You can also take the help of Seva Dal members in such service projects. Even students from schools can be taken to those areas and told to involve in service activities. Thereby the students would develop a liking for service activities. 21 Nov 2001

Q6 How do you motivate children in educare programme?

It is not possible to make small children understand the essence of educare. They are too young to understand it. It can be introduced at the college level. But at school level, we can cultivate good thoughts and good habits among students. We can also inspire their young hearts by narrating the stories of great persons of their respective lands, and exhorting them to follow the ideals set by them. For example, the life of Harischandra is a great ideal in adherence to truth. 21 Nov 2001

Q9 How to actively involve parents in educare programme? It is very difficult to directly involve parents in the educare programme. Hence, educare must be taught to the parents through their children. Parents do not know what educare is. What will they understand if you speak about educare to them. Since you understand what educare is, you should teach them about it through your actions. 21 Nov 2001

Q11 How to go about starting the first Sri Sathya Sai School in a country? It is not possible for all to start schools, as all may not have the resources to do so. But they can start imparting educare through the Bal Vikas programme. Gradually, it can be upgraded into a school. Here I have an important point to make The good work done by women in this field is highly appreciable. Men lag far behind in this aspect. Women are somehow finding time for Bal Vikas in spite of their daily chores. In this Kali Age, it is a good blessing for both women and children. Men too should come forward to participate in such work. Only then can the nation progress. Big schools and buildings can land us in worries when we lack resources. Let it be in a small scale. 21 Nov 2001

## Human Values

Your duty is to follow your conscience. Your conscience helps you manifest noble qualities. But you do not pay heed to the voice of your conscience and go against the human values. Hence, you should never ignore your conscience. Your conscience is

your most valuable property. You do not have to repeat the name of the Lord, mediate, do yoga, etc. You will achieve a lot of progress in your spiritual exercises if you only listen to your inner voice. Whatever comes from the depth of your heart will do good for you. Whatever goes against the dictates of your conscience is worldly, whereas inner voice or conscience is spiritual. "Help Ever; Hurt Never," is the cardinal principle of spirituality. Whoever follows the inner voice will always be safe. Never go against that inner voice. That is true spirituality. 14 Jan 2009

Therefore, we should ask ourselves this question: Are we human beings, animals, or beasts? Of course, we are not animals or beasts; we are human beings. When we know this, we should develop befitting human qualities. Everybody should think and ask themselves, "Do I have human qualities or not?" The human values of truth, righteousness, peace, love, and nonviolence (sathya, dharma, santhi, prema, and ahimsa) are like the five life-breaths of the human. You can call yourself a human being only when you possess these five human values. If you lack these five values, then whatever other qualities you may have, they cannot make you a real human being. 25 Feb 2009

Great epics like the Ramayana and the Mahabharatha teach us many moral and ethical values. Truth is the highest among these values. "There is no righteousness (dharma) greater than adherence to truth (Sathyannasti paro dharmah)." Dharma is born out of truth (sathya), and from dharma emerges peace, and from peace emerges love. Where there is love, there can be no hatred. One who has love will adhere to nonviolence. Truth, righteousness, peace, love, and nonviolence are the five cardinal human values. One who practises these human values is a human being in the true sense of the term. Even if one lacks one of these, one cannot be called a perfect human being. Therefore, we should develop all these five values. 3 Apr 2009

A human being should have human qualities. But, unfortunately, human values are not to be seen in people today. People behave like animals. Therefore, fault lies in people and not in anybody else. One should accept one's own mistakes instead of finding fault in others. Today, there are few who do good. On the other hand, we find everywhere people indulging in bad deeds. Recently, there were severe floods in some parts of the country. Many people went to help the flood victims. But there were others who gave no help and at the same time criticised those who helped the people affected by floods. Many people criticised even devotees like Radha and Sakkubai, who always chanted the name of God. Ultimately, Krishna taught them a lesson. Therefore, never criticise anyone. If some people develop good thoughts, follow them and feel happy about it. 29 Oct 2009

You will not come up in life unless you get rid of your bad qualities. Even if you have accumulated wealth and attained positions of power, they will not last long. It is not wealth but noble qualities that are important for a human being. Hence, develop human qualities. You call yourself a human being. Unless there are values in you, how can you be called a human being? It is only when you develop noble qualities that you are entitled to be called a human. God will protect a person with human values by constantly guarding and guiding him. Hence, develop human values; do not crave for

money. We often come across people changing jobs with a hope to get high salaries. Do not develop this craze for money. Money comes and goes, morality comes and grows. 22 Nov 2009

## **The human values are considered sacred**

People ascribe different names and forms to God. In fact, God is only one. He is beyond all names and forms. He takes on a name and form according to the wishes and aspirations of a particular devotee. When you contemplate on the form of Jesus and wish to see Him in that form, He manifests before you as Jesus. "With hands, feet, eyes, head, mouth and ears pervading everything, He permeates the entire universe (Sarvatah Panipadam Tat Sarvatokshi Siromukham, Sarvatah Srutimalloke Sarvamavrutya Tishtati)." God is present in every human being, nay in every living being. God is in the form of a human being (Daivam manusha rupena). That is why the human values are considered to be so sacred and important. It is not enough to simply have a human body. In keeping with the human form, one should also cultivate the human values of truth (sathya), righteousness (dharma), peace (santhi), love (prema), and nonviolence (ahimsa). Do not tell a lie under any circumstances. If you adhere to truth, righteousness will follow. Where truth and righteousness go together, there peace will be. Where there is peace, there will be love too. There can be no place for violence when there is love. Unfortunately, today there is violence everywhere due to the absence of love among people. Whomsoever you come across these days, there is unrest. 25 Dec 2009

## **The five human values are your good friends**

Whenever someone asks you, "Where is God?", your spontaneous reply should be, "God is immanent in me as the divine Atma." You are verily that divine Atma. There is none other than Atma. That Atma is also referred to as consciousness. Follow your conscience (antharatma). Keep away from bad thoughts. Don't worry when you get such bad thoughts. They just come and go. Do not give importance to them. It is natural that when you are functioning in this objective world with your senses, bad thoughts trouble you. There are six enemies to a human being in the form of desire, anger, greed, delusion, pride, and jealousy (kama, krodha, lobha, moha, mada, and matsarya). These six enemies will lead you into bad ways. On the other hand, the five human values of truth, righteousness, peace, love, and nonviolence (sathya, dharma, santhi, prema, and ahimsa) are your good friends. Develop friendship with them. 14 Aug 2006

## **Consider the five human values as the five life-breaths**

A person is respected even for small acts of nobility. However, while performing any action, there is always a possibility of mistakes creeping in. Whatever may be the mistake committed, one cannot escape from its consequences. Hence, always speak truth, follow righteousness, and lead a life suffused with love. This is the foremost duty

of a human being. Consider the five human values of truth, righteousness, peace, compassion and love as the five life-breaths (pancha pranas). One bereft of these five values is verily a living corpse. Never speak untruth, even in a lighter vein. Never make fun of others. It is the worst of sins to criticise others. Hence, however wicked a man may be, never criticise him. Love all. Love is God. God is love. Love is your very life. 15 Aug 2006

## **Realize the truth by adhering to the five human values**

You need not search for God anywhere. When someone asks you, "Where is God?", you should say with confidence, "I am God." People build temples and buildings with brick and mortar and install idols of God in them. In fact, God is firmly installed in the hearts of all human beings, nay, all living beings. It is only to explain this truth that Lord Krishna in the Bhagavad Gita declared, Mamaivamsho jivaloke jivabhuta sanathana (the eternal atma in all beings is a part of My Being). It is possible to realise this truth by adhering to the five human values of sathya (truth), dharma (righteousness), santi (peace), prema (love) and ahimsa (non-violence). Where are these human values? They are not outside. All of them are within you only. It is most unfortunate that you search them outside, while they are very much within you. As long as you search for the reflections outside, you will not be able to recognise the object within. Divinity is immanent in you. Hence, you should consider yourself divine and proclaim, "I am God". Then, you will not have any fear or anxiety or delusion. So long as you do not realise your divinity within, you cannot get rid of body attachment. 2 May 2006

## **The human values are the true and lasting property of a human being**

Bereft of truth, righteousness, love and peace  
The value of all your education is zero;  
Bereft of truth, righteousness, love and peace  
The sanctity of all your acts of charity and kindness is zero;  
Bereft of truth, righteousness, love and peace  
The utility of all your positions of power is zero;  
Bereft of truth, righteousness, love and peace  
The result of all your good deeds is zero.  
(Telugu poem)

The five human values of Sathya, Dharma, Santi, Prema and Ahimsa are the true and lasting property of a human being. 5 Sep 2006

## **You are a human being. Hence, develop human values**

Having been born as human beings, it is a great sin to behave like animals. Whenever animal qualities raise their ugly heads, remind yourself, "I am not an animal; I am a



human being.” You are a human being. Hence, develop human values. Unfortunately, today human values are very deficient in human beings. Wherever you see, animal qualities are rampant. Wherever you go and whomever you come across, there is only one desire for every individual – money, money and more money! Nowadays, everything is related with money only. Why is this craze for money? Money comes and goes, but morality comes and grows. Hence, cultivate moral values. Then only will you become real human beings.

## **Human values are interrelated**

A human being is one with certain human values. What are those human values? Sathya, Dharma, Santi, Prema and Ahimsa. They are all interrelated. Always speak truth, observe Dharma (righteousness). Be peaceful. Be happy and blissful. You should conduct yourself with love in society. Love is God, God is Love. Hence, live in love. Then only can you acquire true knowledge. That is wisdom. 27 Sep 2006

## **The five human values (defined)**

The first among the five human values is Sathya (truth). Who is the author or who spoke and taught about this Sathya? It is said Manasyekam vachasyekam karmanyekam mahatmanam (those whose thoughts, words and deeds are in perfect harmony are noble ones). Such noble souls have preached this truth since time immemorial. Sathya (truth) manifests from one’s own heart.

The second value is Dharma (righteousness). Who created this Dharma? What is Dharma and what is Adharma? If you go on enquiring, it becomes clear that Dharma is not something that is created by someone. Sathyannasthi paro dharmah (there is no Dharma greater than adherence to truth). Dharma originated from Sathya.

The third value is Santi (peace). You enquire from any millionaire, “Sir! You have everything in this world for a happy living. Are you happy?” Pat comes the reply, “I have everything, but I have no peace.” Peace is not something that a person passes on or gives in charity to another person. It has to come from one’s own heart. Today, wherever you see, “only pieces, no peace.”

The fourth value is Prema (love). Where did this love come from? Did it come from mother or father or some friend? Did anyone gift it? No! Love is your very life-breath. Devoid of love, the world cannot exist.

The fifth human value is Ahimsa (non-violence). Gautam Buddha taught Ahimsa paramo dharmah (non-violence is the supreme dharma). But, today wherever you see, there is only violence. Like the other human values, the heart is the seat of non-violence.

The five human values Sathya, Dharma, Santi, Prema and Ahimsa are not independent of each other. They closely follow one another. These five qualities are the gift of God to

a human being. We as human beings have to manifest these five human values by putting them into practice. That is 'Educare'. 29 Sep 2006

## **The five human values are natural to the human being**

The panchabhutas (five elements) are natural phenomena in creation. Similarly, the five human values of Sathya, Dharma, Santi, Prema and Ahimsa are natural to human beings. Man has to manifest them from his heart and lead a natural life. They should flow from the 'source' and not extracted by 'force'. Truth is pure and unsullied. Love is selfless. We have therefore to lead a selfless life. That is real love. Love does not expect anything in return. Selfishness troubles a human being in subtle ways. It is very cunning. Hence, one should not allow selfishness to come near him. If you are suffused with love, selfishness cannot approach you. Hence, develop love. Love is divine. When you are able to develop love, non-violence will come to you of its own accord. Where there is love, there can be no trace of violence. Thus, when man is able to manifest the five human values of Sathya, Dharma, Santi, Prema and Ahimsa, then his intellect becomes steady and he can walk the straight path. 29 Sep 2006

## **Lead your daily life according to truth**

Especially today, I don't wish to dilate upon such topics as Divinity, spirituality, etc. What I am interested in is that you should lead your daily life in accordance with the principle of truth. The five human values of Sathya, Dharma, Santi, Prema and Ahimsa are embedded in you. They are like the five vital airs in you. They are, however, enveloped by the arishadvargas, the six enemies of kama (desire), krodha (anger), lobha (greed), moha (delusion), mada (pride) and matsarya (jealousy). What you have to do is to throw away this outer layer of arishadvargas and bring out the five human values latent in you. If you want to draw water from a well, you have to tie a rope to a bucket and with the help of this bucket you can draw water. In the well of your heart, there is the pure water of human values. In order to draw that water from the well, you have to secure the rope of firm faith. However, people today lack such faith and become blind. The loss of the spiritual eyes of faith leads to spiritual blindness. You should not become blind. It is only when you develop firm faith in God, will humanity be transformed into Divinity. 29 Sep 2006

## **Acquire the knowledge that makes one immortal**

Today people try to know the meaning of sentences without trying to know the meaning of letters and words that constitute the sentences. Even the preceptors today give only the worldly meaning of the sentences, but none gives the moral, ethical and spiritual import of the sentences. It is the responsibility of teachers to disseminate the knowledge pertaining to moral, ethical and spiritual principles. That is true education. Today the students pursue their studies, but if you ask them what they are doing, they reply, "*Chaduvu-Kontunnamu*", which also means, "We are buying education". That is no education at all. We have to know the meaning of every letter, every word and every

sentence and act accordingly. Despite acquiring all this worldly knowledge, one has to meet one's end which is inevitable. One should acquire that knowledge which makes one immortal. It is the knowledge of the five human values, namely, sathya, dharma, santi, prema and ahimsa.

The first one is sathya (truth). Truth is deathless. Truth is one, not two. Dharma (righteousness) is eternal. santi (peace) is the source of bliss. Next is prema (love). Right from a child to an old person at the verge of death, everyone is endowed with love. But love has no death. The last, but not the least, is ahimsa (non-violence). Where is the death for ahimsa? Buddha propagated this principle. He declared: Ahimsa Paramo dharma (non-violence is the highest dharma). Knowledge and practice of these five principles is real education. Speak truth, follow the path of righteousness and experience peace. Share your love happily with all and lead your life with non-violence. This is the essence of education. These are the five main human values which should be propagated in the world. They are eternal and immortal. Today we run after all that is perishable, ignoring that which is immortal. The President of India has told you many important things. You can achieve great heights if you put his teachings into practice. Every human being is endowed with these five human values. If we promote these five human values, we become God. The Vedas declare: Tat Thwam Asi (That Thou Art). This profound statement of the Vedas contains the essence of all knowledge. Therefore, these five human values have to be inculcated in everyone right from childhood. 22 Nov 2006

## **Put human values into practice**

It is enough if you know these five principles and put them into practice in your daily life. It is only by practising these five principles that you can know them, not merely by reading or writing about them. Any knowledge that is not put into practice is no knowledge at all. Put into practice at least one or two principles in your life out of all that you have learnt. Then only will your life be redeemed and you will acquire merit. Then you would have followed the right path. You have heard many things from Me and Kalam. What is the use of all your listening if you do not put anything into practice? It is your rare fortune that you got the opportunity of listening to such sacred talks. Make the best use of the opportunity and attain the goal of your life. 22 Nov 2006

These five values have originated from God. Wherever you see, there is the principle of unity. You and I are one. Many people ask Me about My true identity. I tell them, "You and I are one. You are not separate from Me." Consider all your fellowmen as your brothers and sisters and strengthen the bond of love with them. You should all stand united. Never give room for evil qualities like anger, hatred and jealousy. These qualities will create only differences. We should develop the five human values which will promote harmony and unity in the world. We should develop those qualities which will bring us closer to each other and not the ones which will distance us from each other. Leave the burden of all your responsibilities to God. This is My message to you today. 22 Nov 2006

## **Only living human values brings peace**

Like a fruit-bearing tree, all noble people are subjected to many ordeals and difficulties. But when one firmly adheres to truth, nothing can shake one. Let any number of people fight against truth; they can never win. Therefore, hold on to truth firmly, come what may. One who stands by truth is bound to be victorious. Therefore, never give up truth. Who is God? Truth is God. Truth is unshakable. Sathyannasti paro Dharma (There is no Dharma greater than adherence to truth). It is Dharma that leads man to peace. Without peace man cannot live. Saint Thyagaraja said, "One cannot have happiness without peace." When you attain peace, you will experience love and bliss. Truth is the origin of bliss. Non-violence also emerges from truth. A man of love will not entertain even a thought of violence. Sathya (truth), Dharma (righteousness), Santi (peace), Prema (love) and Ahimsa (non-violence) are like the five life-breaths of man. These are the prime qualities of a human being. The need of the hour is to develop these human values. Only when these values are developed can there be peace in the country. 23 Nov 2006

## **Persons imbued with human values are very rare**

The person who spoke a little while ago is... engaged in propagating the human values. The world is full of such people. But, persons imbued with human values are very rare. In fact, some people do not know how to talk courteously. Even if you enquire with love, "Sir! Where did you come from?" They will give a curt reply, "I came from somewhere." Whatever they talk, will be discourteous and harsh. This is not correct. A human being should talk sweetly and softly. The words must be suffused with love. Only then will you experience peace. 25 Dec 2006

## **Truth is eternal**

You may pursue any type of education; but, do not forget the human values. Truth, righteousness, peace, love and non-violence are the five human values to be cultivated by a human being. You learn these five human values and put them into action. Then your life will go on smoothly. This is what I wish to communicate to you today as an important message. Truth is eternal. It is only when you follow this eternal truth that your name will remain in the annals of history forever. Eternal truth will earn eternal peace for you. If you succumb to bad qualities like anger, jealousy, envy, arrogance, etc., your entire life will become miserable with unrest and agitation. 25 Dec 2006

## **Real sacrifice is leading a life of constant practice of human values**

Though the students of the present times are pursuing higher education and acquiring degrees, they are losing sight of these great human values. Instead of fostering such a sacred and noble culture and leading their lives in accordance with the principles laid down in this great culture, people are wasting their time in vain pursuits. It is only the practice of these great human values of Sathya (Truth), Dharma (Righteousness), Santhi (Peace) and Prema (Love) that had made the country of Bharat the great spiritual leader of the entire world. It is only when we foster these great human values, we are entitled to be called Bharatiyas in the real sense. Losing sight of even one of these values will not entitle us to the great name of Bharatiyas. The real tyaga (sacrifice) is leading a life of constant practice of these human values in our day-to-day lives. Our life must be a continuous journey from Sathya (Truth) to Prema (Love) in the order of Sathya, Dharma, Santhi and Prema. These values must enter the core of our heart and flow in every cell of our body. 8 Mar 2005

## **The real meaning of Sathya and Dharma**

One has to understand the real meaning of Sathya and Dharma. The word “Sathya” consists of three letters “Sa”, “Tha” and “Ya”. The letter “Sa” signifies the satwic quality, “Tha”, the quality of tyaga (sacrifice) and “Ya” the qualities of yama and niyama (inner and outer sense control). Hence, the word “Sathya” means fostering the satwic quality with a spirit of sacrifice and by observing sense control. Unfortunately, today, we are losing sight of such great human values which formed the core of Bharatiya culture. Man today does not know what Sathya and Dharma are. Dharma is taken to be duty. This interpretation is not correct. This is only an English translation, rather inadequately expressed! The real interpretation of Dharma is Dharayati iti Dharma (that which sustains is Dharma). It sustains the human life. Sathya (Truth) emerges from the hridaya nabhi (heart region) of a human being. Thus, when a man leads a life of Sathya and Dharma, he becomes sacred. 8 Mar 2005

## **You are all children of immortality**

The Upanishads reveal the true identity of a human being by addressing as Srunvantu viswe amrutasya putrah (Oh the children of immortality! Listen). You are also amrutaputras, not anrutaputras (sons of immortality, not falsehood). One who is an amrutaputra is not affected by change and death. You verily are the embodiments of the changeless, eternal principle....In order to understand the underlying meaning and sanctity of these names, we must read the sacred texts like Puranas. Unable to realise the eternal reality of the values of Sathya and Dharma, we are taking to wrong ways. We are simply repeating the words Sathya, Dharma, Santhi and Prema like a parrot. But, we are not making any effort to understand the true import and significance of these great human values. All of you are amrutaputras, not anrutaputras. 8 Mar 2005

## **Utilize knowledge for welfare of others**

The knowledge one acquires should be utilised for the benefit of society. We should utilise our wealth and knowledge not for selfish purposes, but for the welfare of others. God has given you the human body not merely to eat, sleep and enjoy worldly pleasures. Paropakartham idam sariram (human body is meant to do good to others). The body is given to you so that you make proper use of your intelligence and power of discrimination and manifest your innate human values. Of what use is your education and intelligence if society is not benefited by them? Presently man is making new discoveries and inventions but till this day he has not really understood the purpose of human birth. What is the meaning of the word manava (human being)? 'Ma' means ajnana (ignorance), 'Na' means without, 'Va' means Varthinchuta (vrittih yasya sah-to conduct oneself). Hence, manava is one who conducts himself without ignorance. But these days we hardly find anyone leading a life of wisdom in consonance with the name manava. In spite of being endowed with a high degree of intelligence, man is frittering away his life in vain pursuits. Before undertaking any task, enquire whether it would befit the title of a human being. Accept everything as the Will of God. God has blessed man with intelligence, knowledge and wealth so that he will work for the welfare of others. But, man is acting contrary to God's wish and thereby ruining himself. Animals like bulls and buffaloes render service to man in a number of ways. But man lacks the spirit of service that even animals possess. Without understanding the purpose of human birth, man is developing demonic qualities and leading a miserable life. Vyashti (individual) signifies humanness and Samashti (society) symbolises divinity. Hence, one can attain divinity only by serving society. 9 Apr 2005

## **Understand the principle of oneness**

People do not understand the true meaning of love. Their love is tainted with physical and worldly feelings. When you understand the principle of love and develop love to love all will become one. The Veda says, "Sahasra seersha Purushah ..." It means that all heads, all eyes, all feet are His. Once you understand the principle of oneness that is present in all, you can live in tune with the true spirit of brotherhood.

Our hand has five fingers and each of them has a specific duty assigned to it. All the fingers work in unison and harmony while performing a task. Once an argument ensued among the five fingers of the hand as to which finger among them was great. The thumb claimed, "It is not possible to undertake any work without me. Hence, I am the great." Then the index finger smiled and said, "Look here, Oh thumb! How can you perform any task without my support? Moreover, I am used as pointer to identify individuals. Hence, I am greater than you." The middle finger intervened and said, "There is no point in what you say. I am the tallest among all the fingers. Two of you on one side and two on the other are serving me as Aide de Camps. Hence, I am the greatest." Then the ring-finger said, "I feel like laughing at your ignorance. Don't you know that people adorn me with gold rings studded with precious stones like diamond, emerald, topaz, etc.? Hence, I am your king." In the end, the little finger said, "I always lead from the front when it comes to teaching a lesson to someone and punishing the guilty. Hence, I am your leader and you have to follow me." As the fingers were arguing among themselves in this manner, the heart intervened and said, "Oh ignorant ones! Each one of you is as important as

the other. One cannot perform any task if there is no unity and harmony among you. In fact, you represent the five human values which are like five life-breaths of a human being.” Hearing these words of wisdom, the five fingers realised their mistake and bent their head in shame. A deep enquiry reveals that the heart is the greatest of all. Body, mind and intellect are mere instruments. Hence, one should follow the advice of the heart in all his endeavours. Understand that all are one and each one is equally important. Do not become egoistic thinking that you alone are very important. Do not waste your precious time in vain argumentation. Be friendly with all and face the challenges of life with unity and harmony. 17 Aug 2005

## **Cultivate good and noble thoughts always**

“As is the food, so is the head (thoughts). As is the head, so is God” Thus, the food, the head, and God will be on the same wavelength. Hence, one has to cultivate good and noble thoughts always. If you eat satwic (calming) food and cultivate satwic nature right from childhood, your entire life will run smoothly. Hence, one has to be wary of his food and head (thoughts). If you wish to sanctify your human birth, you should not live like a bird, beast or an animal. Having taken birth as a human being, one has to perform the karmas worthy of a human being. One has to conduct oneself as a human being. What does the term “Human Values” imply? Sathya (Truth), Dharma (Righteous Conduct), Santhi (Peace), Prema (Love) and Ahimsa (Non-Violence). It is only when we cultivate and manifest these five human values in our daily lives that we will be entitled to be called as human beings. Human being is a repository of trigunas, namely, satwa (calm serenity), rajas (passionate activity), tamoguna (sloth and slumber). Unfortunately, today, we find the rajo and tamo gunas more active in human beings. We do not find even a trace of satwic guna anywhere. Hence, it is of utmost importance today that people are taught and encouraged to cultivate satwaguna, perform satwic karmas and finally reach the abode of satwaguna. 22 Oct 2005

## **Values should be the prime concern of human life**

We give too much importance to the body, which is like an iron safe. Instead we should give more importance to the precious jewels of human values within. Without these jewels, the iron safe has little value. Values should be the prime concern of human life. Without values, human life does not serve any purpose. Birds and animals have love in them, but they have no desires. They are content when their hunger is satiated. But people are not like that. They want everything. Even if one owns five buildings, one wants ten more. Why does one require so many houses? Is one house not enough to live comfortably? But one wants many residences. People are deceived by their own limitless desires. Today, desires are excessive. People have to reduce their desires. Less luggage, more comfort make travel a pleasure. 12 Aug 2006

## **Youth have to set an ideal to others in society**

The youth have to set an ideal to others in society. Those who roam about in the bazaar aimlessly are verily donkeys. They cannot be considered as human beings. It is not such a life that the youth have to lead. Donkeys wander in the streets, braying. You are not a donkey. You are God, truly. Hence, stay firm in your sacred humanness. Keep up your prestige. This is the foremost duty of the youth. Yet other youngsters secretly read trashy books. They keep such trash between the pages of their textbooks and read them without being noticed by others. What they actually read are trash novels, but they pretend to be reading textbooks. Thus, they try to deceive even the teachers. This is unbecoming of a human being. Whenever bad thoughts arise in your mind, that very moment, remind yourself that you are a human being and not an animal. Your behaviour should be befitting that of a human being. Then only do you have the right to call yourself a human being. Only when you nourish and nurture human values does your education acquire value. 13 Aug 2006

## **First of all develop faith in God.**

Today human values are on the decline. There is no trace of love anywhere. Truth and righteousness are hard to find. In these conditions, how can peace manifest? If you give some gold to a goldsmith, you can get any ornament made as per your choice. Hiranyagarbha is another name for God. Hiranya means gold. If you place this divine gold in your heart, you can make any ornament of your choice like santhi (peace), sathya (truth) and dharma (righteousness). Just as no ornaments can be made without gold, you cannot obtain santhi, sathya or dharma without divinity. Hiranyagarbha is immanent in everyone. That is why Swami calls everyone 'Bangaru' (gold). Only when you recognize this truth and have the firm conviction of immanence of God, will you obtain all kinds of benefits in your life. But you have forgotten the indwelling divinity, and are running after external objects. It is impossible to have success in life in this way. Therefore, first of all, develop faith in God. 1 Jan 2000

## **You need not make any special effort to acquire the human values**

Work for the redemption of your life by chanting the Divine Name and undertaking sacred activities. You need not make any special effort to acquire the human values, namely, Sathya, Dharma, Santhi, Prema and Ahimsa. They are with you right from your birth. But you have forgotten them, as you have not put them into practice. Instead of giving tons of speeches, it is better that you practise at least an ounce of what you have learnt. Today humanness is on the decline because man does not practise human values. Man is developing asalu (desires), forgetting adarsalu (ideals). His attachment to the body is becoming stronger, whereas his attachment to the spirit is on the decline. No doubt, attachment to the body is essential, but it is desirable only when it comes to performing actions. 10 Feb 2000

## **You should nurture human values.**



Indian culture preserved for posterity from ancient times spread to other lands and attained great glory. But today the Indians themselves are looking at it with indifference and thereby harming the nation and the world. No other country had a culture of its own for such a long time. Others follow one culture today and adopt another tomorrow. But for the Indians there has been only one culture which is eternal, pure and virtuous. This culture alone can help you to cultivate the true nature of man. You should uphold this truth. You should nurture human values. The process of development should not be restricted to the fields of science and industry only. If you go on establishing more industries, risk of environment pollution will also go on increasing. So, you should nurture sacred feelings in your heart to your utmost capacity. 5 Mar 2000

## **Foster such ideals and for that youth is the right age**

You are studying many branches of knowledge and are attaining degrees. When you finish your studies and leave Prasanthi Nilayam, serve the villages with the permission and help of your parents. Do not crave government jobs. You should yearn to serve the public. If you serve them, they will look after your welfare. You do possess divine powers, but you behave as if you are powerless and weak. Today you are trying to have friendship, wealth and strength. But you are not fostering good character. What is friendship? It is just hello, hello. If you eat well, you get physical strength. You can also earn a lot of money by working hard. But are you living just for the sake of these things? These are all passing clouds. Money comes and goes, morality comes and grows. You should cultivate virtues. You should respect elders and officials and love your parents. You should have faith in your parents. You should have faith in your teachers. You should nurture such sacred feelings. Humanness and human values will unfold within you, which should be nurtured and developed. Without these human values all your learning becomes useless. Contentment is the hallmark of true education. If you help others, you will be able to set an ideal to the world. The ideal never dies. It does not get dissolved. It grows day after day. You should foster such ideals and for that youth is the right age. It is the golden age. This sacred age should not be put to misuse. Utilise it in the right way. Only then will all your learning become fruitful and valuable. 5 Mar 2000

## **Follow the heart, do not follow the head**

Follow the heart, do not follow the head, lest you should be caught up in the mire of worldly life. Head puts you in many dangers. If you follow the head, you may lose your head itself! Turn your vision inward. Follow the heart, which is the source of all noble qualities like truth, righteousness, peace, love and non-violence. Here we find many bulbs glowing in this Hall. How? Current flows through the wire, enters the bulb and gives us light. Likewise, when the current of truth flows through the wire of righteousness and enters the bulb of peace, we get the light of love. A true human being is the perfect combination of these five human values. These are, in fact, the very life principle of man, without which he is just like a corpse. But, unfortunately, these are missing in the modern man. 5 Apr 2000

## **Do not strive for money; strive for love**

In this New Year, develop new and sacred feelings and make everybody happy. Do not strive for money; strive for love. Once you develop love, there will be no scope for evil qualities like anger, jealousy, etc. If your thoughts and actions are good, your future is bound to be good. Then the whole country, nay, the whole world will prosper. Pray for the peace and prosperity of the entire world. Peace can be attained only through practice of human values. 5 Apr 2000

## **The five values are the fundamental powers of human life**

The Vedas call the life principle in man as 'Sathyam' (Truth). Without this power of Truth, man cannot exist. Our ancients could have the vision of Truth by proper investigation and experimentation. Truth is the direct manifestation of God for every human being. Our ancient sages and seers understood this Truth, had the vision of Truth and realized that it is present uniformly in every being. Truth is one and the same in all and That is God. Man is endowed with Pancha Pranas (five lifebreaths), namely, praana, apaana, vyaana, udaana and samaana. These are the divine powers latent in man. The human values, namely, Sathya, Dharma, Santhi, Prema and Ahimsa are nothing but the manifestations of these five lifebreaths. But man is wasting his human birth, as he is unable to recognise these subtle principles. When truth is put into practice, it becomes righteousness. Truth is expressed in words, while righteousness is expressed in action. On this basis, the Vedas taught, Sathyam Vada, Dharmam Chara (speak Truth, practise righteousness). Hence righteousness is based on truth. Without truth, there is no righteousness. That is why the Vedas say, Sathyaannasthi Paro Dharmaha (there is no dharma higher than adherence to Truth). Without the foundation of truth, the mansion of righteousness cannot be built. Sathyaacharana (practice of truth) is true dharma. This dharma is uniform for all human beings. Peace is the reflection of dharma. Man prays for peace and performs various spiritual practices aspiring for peace. But so long as he has desires, he can never attain peace, though he may undertake sacred rituals like yagnas and yagas. Mind is the basis for desires. So, one has to control the mind in order to attain peace. When the mind is controlled, it remains silent. Such a state of thoughtlessness is true peace. The fourth human value is love. It has originated from the principle of atma. Love is the manifestation of Truth. It is pure, steady, effulgent, attributeless, formless, ancient, eternal, immortal and nectarous. These are the nine qualities of Love. Love hates none, unites all. Ekatma Darshanam Prema (experience of non-dualism is love). Ahimsa shines as the undercurrent of the remaining four values, namely, truth, righteousness, love and peace. That which leads to violence cannot be truth, righteousness, love or peace. These five values are verily the five life-breaths of man. One who considers human values as his lifebreaths alone is a true human being. These five values are the fundamental powers of human life. Forgetting these fundamental powers, man relies more on worldly power. Our ancients realized that these five values were meant for the peace and prosperity of the world. Without understanding the significance of these values, one cannot understand humanness at all. 26 Sep 2000

## **Uphold human values and safeguard the world**

In Treta Yuga, Lord Rama incarnated in order to foster truth and righteousness. He spent 14 years in exile to uphold the promise given to his father. He dedicated His life for the establishment of dharma. In those days, there were only a few wicked people. Rama annihilated them to uphold truth and righteousness. In the Dwapara Yuga, Lord Krishna incarnated to foster peace and love. He protected all those who sought refuge in Him and developed love in them. Thus, the Rama Avatar fostered Sathya and dharma and the Krishna Avatar fostered Santhi and Prema. But in this Age of Kali, God has given necessary strength to every human being to foster all five values. It is the command of God that man should uphold the human values and safeguard the world. This is the inner significance of propagating the human values. Man need not wait for God to foster these values. He is endowed with the strength to do the same. These five values are your properties. It is your responsibility to protect them. Do not expect others to safeguard your property. 26 Sep 2000

## **In order to install divinity in the heart, you have to practise human values**

In those days, God incarnated and destroyed demons, as there were only a few of them. But today, we find demonic nature in everyone. One has to cultivate purity to subdue demonic qualities. But purity cannot be attained without unity. Unity leads to purity, which in turn leads to divinity. But today, there is no unity, no purity, no divinity. We find only enmity and community, which are nothing but man's own creation. Once you install divinity in your heart, there will be no place for enmity because heart is a single chair, not a musical chair or a double sofa. In order to install divinity in the heart, you have to practise human values. 26 Sep 2000

## **Along with this education, you must foster human values**

Along with this education, you must foster human values. Human values are not something that you need to acquire anew. They are born with you and are innate in you. As they are hidden within, you are unaware of them. Just as valuable ornaments are hidden in iron safe, within man's body lie the valuable jewels of human values. You must protect these properly. They are covered by the doors of the heart. You must earn the key of love for it. When the safe vault of the heart is opened by the key of love, the valuable qualities of human values emerge. 26 Sep 2000

## **We do not get human values from an air-conditioned room in a five-star hotel**

These divine principles do not come to you from somewhere else. As Jhum Sai said the other day, we do not get human values from an air-conditioned room in a five-star hotel. Five-star or ten-star or a thousand-star—from nowhere do we get these values. These values are obtained from a sacred heart. Here you find pure, sacred and divine environment. Only in such a place can the human values blossom. Human values are not available in the market or in palaces or in hotels. These hotels provide comforts only to the body. Your body may be in an air-conditioned room but the mind will get heated if there are no sacred feelings. In order to develop sacred feelings, you should be in sacred places. That is why it is said, good company confers detachment. Detachment leads to desirelessness, desirelessness confers steadiness. One who attains steadiness is verily liberated. Develop friendship with good company. Then alone can you attain peace and your heart will be purified. Today we find pollution everywhere. Only in the Divine proximity, will you find absolute purity. First of all, man has to purify his heart. Purity is Divinity. Where there is divinity, there can be no enmity. Where there is no enmity, there you find supreme peace. Outside there is no peace, we find only pieces. Where is peace? You are the embodiment of peace. So, search within. Know yourself. Then you will know everything. This is the teaching of Vedanta. Instead of questioning others, “who are you?” question yourself, “who am I?” Then you will realize the truth. When I say, this is my handkerchief, the handkerchief is separate from me. Similarly, when you say, this is my body, my mind, my buddhi, etc., you are separate from all these. Then, who are you? You are the embodiment of Peace. You are the embodiment of Truth. You are the embodiment of Love. You are the embodiment of Righteousness. You are the embodiment of Nonviolence. You are everything and everything is within you. Develop this broad-mindedness. Have expansion of love, not contraction of love. Unity can be achieved only through expansion of love.

## **Every house is a centre of human values**

Every house is a centre of human values. It is from the house that the human values originate, blossom and foster the sacred culture. The person presiding over the house is known as Grihastha (householder). Since ancient times, Indians have attached great significance to the stage of a householder among the four, namely, brahmacharya, grihastha, vanaprastha and sanyasa (celibate, householder, recluse and renunciant)... So, first of all, human values should be fostered in every house. Only then will each individual of the house make all round progress and lead an ideal life. Everyone should recognise the basic truth that house is the centre of human values. The modern people, more so in the case of those highly educated and occupying positions of authority, do not care much about their respective homes. They consider their homes as inns or hotels and come and go as and when they like. It is not proper on the part of the students and the educated to conduct themselves in this manner. Every householder should pledge to maintain sanctity in the house and set an ideal. Today in the name of modernity, the householders are leading a chaotic life entertaining low and mean feelings. You may live in the modern age but your feelings should be based on ancient and eternal values. Every householder and every housewife should make efforts to uphold human values. 29 Sep 2000

## **A teacher should impart human values to students**

A teacher is like a guidepost. He or she should guide the students in the proper direction. If the guidepost itself is loose, how can it point to the right direction? So, a teacher should have a steady mind. Only then can he guide the students along the right path. He should impart to the students, the human values of sathya, dhrama, santhi, prema and ahimsa. 29 Sep 2000

## **Love is of paramount importance among the human values**

Love is of paramount importance among the human values. It is in us right from the time of our birth. Love and respect your parents, relatives, friends and your fellow-beings. When you do not respect others, how can you expect others to respect you? Give respect and take respect. It is not one-way traffic. There are a very few who would impart such sacred teachings to the students. 29 Sep 2000

## **When the principles are properly explained, everyone will accept them**

We feel that some countries are not amenable to accept these values. What is the reason? When the principles are properly explained, everyone will accept them. Parrot like repetition of the words "Human Values" will not result in understanding. When the inner significance is explained, everyone will accept them. Tell them—Truth is God, Love is God, live in love. When explained thus, everyone will accept. Will anybody say 'no,' to speak truth? Everyone has to accept the validity of these assertions. When you explain in detail the inner significance, humanity will accept it without reservation. No matter whether it is India, America, Japan or Germany or Christian or Muslim; Truth is only one for all. Truth is one, Truth is God. You should attain this sacred state. This fact has to be accepted by any nation. We in India say  $2+2=4$ . Whether Pakistan or anywhere else, this will be the same. Is there any one in Pakistan who will say  $2+2=3$ ? Will the Chinese say  $2+2=1$ ? All will say  $2+2=4$ . This is fundamental truth. It is a pure truth. It is beyond time and place. It is in the same way that eternal values of Truth, Peace, Righteousness, Love and Non-violence are permanent and eternal. People come to Me and say, "Swami, I want peace." Where is that peace? They don't know. I tell them, "You are the embodiment of peace. There is no peace outside you, outside there are only pieces!" When this is explained, they realize the truth and actually attain peace. 29 Sep 2000

## **Wherever you go, you should not give up truth**

When you express and explain thus properly, anybody from anywhere will agree. Human values are those, which are common to all people at all places, races and creeds. The very name is human values. If a human being will not accept human values, who else will? What sort of person is he who will say 'no' to this truth? There are

valuable ideals within us. You have to develop them more. Wherever you go, you should not give up truth. Sometimes it may not be safe to speak the truth. Even then you should not speak lie. You must find clever ways to get out of such critical situations, without actually speaking a lie. These human values, you must adhere to with intelligence, self-confidence and the grace of God, and you will not go wrong. In any place, any time, or any circumstance one should adhere to this. You must see that your love is steady and constant. That is the state of constant awareness. That is wisdom. This is not mere textual knowledge. You need to possess that truth which gives constant understanding. The Vedas call this state Prajnanam Brahma (constant-integrated-awareness). Everyone must seek this. No one will disagree with this. 29 Sep 2000

## **Keep expressing your beliefs with conviction**

The members of the Organisation are full of enthusiasm. They sincerely want the propagation of human values throughout the world. Keep expressing your beliefs with conviction and let those who agree accept them and those who do not, go their way. Human values have come out from inside the human beings and not from anywhere outside. They come out of the heart—that is what the term 'Educare' means. 'Educare' means 'elicit,' i.e., bring out from within. These should be manifested and realized. Such knowledge does not come out of books. Bookish knowledge of the first day becomes knowledge on the second day and allergy on the third day. Practical knowledge, internal knowledge, never becomes an allergy. It becomes energy. What we need is energy and not allergy. 29 Sep 2000

## **Do not try to manipulate others**

If human values are not there, humanity will be destroyed. Our life itself is human value. The organizers have been trying hard for the spread of human values in education. Please extend all your cooperation. Without encouragement they become weak. There are people from many countries assembled here. You will return. What is it that you are taking back with you? Carry with you at least one or two human values. If you go to the market, wander through it all and return empty-handed, is it a great thing? Having come to Prasanthi Nilayam, take back something valuable with you. There is Bliss here, enjoy it, take it with you and make others happy, make the whole world happy. Never be selfish. Share what you know with all you come in contact. Cooperate with everybody. Instead of cooperating, people merely operate, try to manipulate. Do not try to manipulate others. Only co-operate. You can achieve your objectives. 29 Sep 2000

## **Thought, word and deed must be the same**

Q1. Swami, please enlighten us how to maintain balance of the five elements by the practice of human values in a practical way. What is the practical procedure?

(His answer:) In human values we have the term EHV. In these three letters I have already enlightened you on what is education. Consider it as 3 HV, i.e., Heart, Head and Hand. The harmony between these three is 3HV. We say Proper study of mankind is Man. Head, heart and hands should co-operate and function in harmony. There is no human value greater than this. This can be taught easily. It is like teaching physical drill. Do not try to mystify the expression EHV and indulge in elaborate propaganda. Thought, word and deed must be the same. If this is not, these human values will disappear. Hence this harmony, this unity is essential. Lincoln is the best example for this. He thought of what he said; adhered to what he professed; and, finally, achieved what he believed. Hence this threefold unity is essential; otherwise humanity is lost. Manas Anyath, Vachas Anyath, Karmani Anyath Duratmanam, (for wicked persons thought, word and deed differ). Manasyekam, Vachasyekam, Karmanyekam, Mahatmanam. (for the righteous, mind, word and deed are the same) Hence, you must propagate this easy way. EHV is education in human values. All these are important. The thought, word and deed must be the same. Without this one ceases to be human. This is how you have to propagate. 29 Sep 2000

## **The imbalance of external education is balanced by the skill of human values**

Q2. Swami, you have said skill the education. How does one skill the education?

(His answer:) Education must be made into skill. We have already explained that education is external while human values are internal; hence the blunt-edged education must be sharpened by the internal honing by human values. The imbalance caused by the external education is balanced by the skill of human values and thus the imbalance is corrected, and balance restored. By skill Bhagawan means Naipunya Shakti (the keenness of the mind). 29 Sep 2000

## **Do not hanker after internet; turn to the innernet**

Q3. Swami , the mass media like radio, video and internet are having more and more effect.....

(His answer:) I have already told you about internet, radio, video, etc. We have seen so many people who have been exposed to these media. But, what is their effect? All transient, passing clouds that come and go. It is an utter waste of time. It is all business-oriented. That is not our aim. Do not hanker after internet; turn to the innernet. Concentrate on inner vision. Sanctify your inner faculties. Then only can you unify and get access to human values. You must keep attempting toward unification; unity is the aim. When you achieve unity how much is your strength magnified? Look at this piece of cloth. It is not cloth, but a conglomeration of threads. The threads are a modification of cotton. Without cotton there is no thread. Without thread, there is no textile. The interwoven threads produce such a strong piece of cloth. When separated the threads are weak and can be snapped with a finger. Their great strength is unity. Human values, when internalized, become a sacred force and manifest as ideals. 29 Sep 2000

## **What you have to propagate to the world is love alone**

What you have to propagate to the world is love alone. Nothing exists other than love in this world. Love is God. Love is life and love is everything. So, cultivate love more and more. Let your mind not waver under any circumstances. A wavering mind becomes unsacred. That is why once Thyagaraja sang, "O mind, do not waver and do not get deluded." Consider love as your very life. Love alone makes one's life sacred. One is a true human being only if one has love in him. Love is man; man is love. Man is God and God is love. It is love that unifies all. So, develop love. Tread the path of truth and righteousness and lead a peaceful life. There are no greater powers, no greater ideals and no greater supports than these human values of Sathya, Dharma, Santhi and Prema. These four values are the life supporting principles. Adhere to these four values and sanctify your life. 25 Dec 2000

### [Discourses in 2001 \(Sathya Sai Speaks Vol 34\)](#)

## **Follow nature and practice human values**

Man has originated from Nature. Earth sustains life. Sun gives light. Trees give oxygen. Water quenches our thirst and air helps us to live. How is it that man, born out of the five elements and sustained by them, does not possess the sacred qualities of the five elements? Having been born out of and brought up by Nature, man should practise and propagate the ideals set by nature. Birds, animals and trees follow Nature and lead an ideal life. Trees inhale the poisonous carbon dioxide and exhale the life-supporting oxygen. Even the animals discharge their duties and help man in many ways. But, having been born as a human being, why is man not practising human values? He is not in a position to practise and propagate human values in society as he himself has lost them. 1 Jan 2001

## **Rise from level of human to divine only by practicing human values**

Every man expects the new year to confer on him peace, happiness and prosperity. New year does not bring happiness or sorrow with it. Yesterday was same as today and tomorrow will be same as today. Days are the same, but one experiences either pleasure or pain depending on one's own actions. Meritorious deeds will not confer misery and sinful deeds cannot give happiness. One is bound to face the consequences of one's actions. But one treats pleasure and pain alike when one becomes the recipient of God's grace. God's grace destroys mountains of sins and confers peace. But due to the impact of Kali Age, man has lost faith in God. He is after money and power. How can such a man attain Divinity? Man can rise from the level of the human to the Divine only by practising human values. So, man should cultivate human values. 1 Jan 2001



## **In the field of politics human values have been forsaken**

The name of this New Year is Vrusha. Lots of people are making all kinds of predictions of the events in the coming year. What is bound to happen will happen. Carry on doing what you have to do. During all this, your mind should be centered on your original source (mooladhara). If you neglect this, all your efforts are useless. As a consequence of this only, humanity is faced with so many distressing and calamitous events. One should not say unpleasant things, but I am obliged to say some unpleasant things. The coming year is likely to face far more difficulties, than the past year, in fact a lot more. The political arena is likely to face greater problems. There are likely to be more earthquakes. What is the cause? It is the consequence of man's wrong actions. The good or bad events of the world are a consequence of the activities of mankind. There is conflict even between brothers; and in the field of politics human values have been forsaken. It is not in any one country but all over the globe. 26 Mar 2001

## **The Ramayana manifested to elaborate the human values**

Rama exemplified three kinds of righteous behaviour (dharma), namely, the dharmas relating to (1) the individual (2) the family and (3) society. To uphold this three-fold dharma, Divinity manifested in a triangular flow, in the form of the Trimurtis (the Triune form). The Ramayana manifested to elaborate the human values. The period of the Mahabharata was well over 5000 years ago, and the Ramayana was enacted aeons earlier. Even after the passage of countless ages, if it is still occupying the hearts of the people at large, you can well imagine its importance. There are two kinds of messages dominating the Ramayana: One pertains to Rama and the other to Ravana. Sathya (Truth) is the very form of man; dharma (righteousness) is the innate propensity. Sathya and dharma are the two eyes of man. These eyes are the very forms of all the scriptures. Rama's message to humanity was to uphold dharma and sathya, to stay in the path of these and fulfill one's life. On the other hand, the two principles of sathya and dharma were the very opposites of Ravana's propensities. At the point of death, Ravana sent the following message to his people: "Oh my people, do not follow my example. I am the personification of all evil qualities. Falling into excessive desires, I have lost my progeny. Instead of establishing a good name for myself, I have destroyed my entire kingdom. Ultimately, I have ruined myself. Rama achieved universal fame and I have ended up accumulating ill-fame." Fame and disrepute are cognates. There is no Rama without Ravana or Ravana without Rama. It is the bringing together of Rama and Ravana that is the Ramayana. Good and evil are always present side by side. Pitch-black hair surrounds a moon like face. What is the inner significance of this? The shining forth of righteous fame is intensified by the surrounding darkness of evil. It is necessary for you to recognise the inner significance of the events of the Ramayana. The Ramayana has very subtle truths embedded in it. The epic first of all expounds the duties of the individual. In the everyday world, any person's form is termed as the individual. The duties of the individual taught by Ramayana are not relating to this external form of the individual. The Unmanifest, immanent and hidden human values

are the essence of the Ramayana. The inner reality and the divinity resident in the heart constitute the true individuality. Individual does not mean the form; the individual in action is the true individual. Rama was exemplifying such individual values to humanity. To uphold the promise of his father, He went through the inconveniences of forest life, but He did not look on these hardships as hardships. In this way, He upheld His family traditions also. It is well known that the scions of the Ikshvaku family never swerved from their promises. Under any circumstances, upholding the values of one's parents, relations, and wife and children constitutes this three-fold dharma. 2 Apr 2001

## **Keep up the value of human life by practising human values**

The Principle of love in you is highly sacred. But because of delusion, you are polluting it, and thereby diminishing your value. I want to give a small example before I close. Gold in its pure form is brilliant and highly valuable, but when you add metals like silver, copper, brass, etc., to it, its shine as well as value diminishes. Likewise, man is like pure gold, but as he is associating himself with worldly desires, he has lost his value as well as effulgence. When you develop the human values of sathya, dharma, santhi, prema and ahimsa, you will attain exalted position and people will respect you wherever you go. Embodiments of Love! Do not pollute your mind with worldly desires. You have attained this human birth as a result of meritorious deeds done in past lives. Do not misuse it. Human life is highly valuable. Keep up its value by practising human values. This was the teaching of Buddha. People aspire to attain Nirvana. In order to attain Nirvana, one should have a pure heart. True Nirvana lies in having love for God, fear of sin and morality in society. Animals do not know what sin is. So, they do not have fear of sin. But you should have fear of sin, as you are aware of what it is. You should have control over your senses. Recapitulate all that you have heard and experienced here. Charge your spiritual batteries by joining good company. Only then will you progress in life and become ideal. 7 May 2001

## **Of what use is human birth if human values are absent?**

From head to foot, man is filled with anger today. He has become like an animal. Even an animal is better than man. An animal has a reason and season. Today man has no reason and no season. If you behave in this manner, how can you call yourself a human? To call yourself a human, first and foremost show humanness in action. Just because you have a human body, you cannot call yourself a human. The human body will have value only when you cultivate human values, namely, sathya (truth), dharma (righteousness), santhi (peace), prema (love) and ahimsa (non-violence). Of what use is human birth if human values are absent? First demonstrate humanness. Develop love. By doing so, all will become your friends. What kind of friends? Those who are full of love. Your real friend is only God. God is love personified. He is full of love. 1 Jun 2001

## **Human values have become totally extinct in human beings**

IF you deeply enquire and investigate, you will find that the water level in the earth is going deeper and deeper day by day. If you observe the present political scenario, you don't find any morality and integrity. The present-day teachers do not seem to possess the invaluable treasure of knowledge. Human values have become totally extinct in human beings. The ancient teachers were extolled as Thyagarajulu, Yogarajulu and Yathirajulu (kings of sacrifice, spirituality and renunciation), but alas! The modern teachers have become Bhogarajulu and Kamarajulu (men of pleasures and desires). 4 Jul 2001

## **Human values are born along with man, not before or after**

Once you recognise the value of human life, you will be able to understand human values. Human values are born along with man, not before or after. Man has to question himself, "What is the purpose of life?" Once man finds an answer to this question, he will be able to understand everything else in this world. Man is endowed with intelligence and knowledge, but he is in the pursuit of ignorance, which is far away from him, without making any enquiry into the knowledge that is within him. Consequently, there is a need to propagate human values today. 4 Jul 2001

## **What is meant by the human values?**

You are making efforts to understand the human values, namely Truth, righteousness, peace, love and non-violence. What is meant by Truth? It is that which is changeless. Sathyam Jnanam Anantham Brahma (Truth, Wisdom and Eternity are Brahmam). It is a mistake to think that truth is related to speech alone. Trikala Badhyam Sathyam (Truth is that which remains changeless in all the three periods of time). So, Truth is God. What is meant by Dharma (righteousness)? It does not mean actions of charity and rituals like Yajnas and Yagas. It does not mean good actions alone. Dharayati iti Dharma (that which sustains is dharma). True dharma is to put into practice the Truth that originates from the heart. When Truth is translated into action, it becomes dharma. What is santhi? It is the feeling one experiences at the time of attaining Nirvana. Peace is the crown that man should aspire to wear. Everybody wants peace in this world. Where is peace? It is within you. Keep reminding yourself, "I am the embodiment of Truth, I am the embodiment of Peace, I am the embodiment of Love, I am the embodiment of Righteousness. I am everything". Have total faith in the principle of the Atma without which whatever you say or do cannot be called Truth or righteousness. 4 Jul 2001

## **Sacred actions only can ensure world peace**

Man specialises in various subjects not for the welfare of the world but for his own self-interest. If you sincerely want world peace, undertake sacred actions. Love your fellowmen. Make them happy. Human values are not mere verbal expressions. They originate from the heart. People are mistaken as they go only by the letter without understanding the spirit. First of all, develop faith that everything is within you. Without

faith, human life will come to ruin. There should be transformation at three levels: individual, social and spiritual. This is what 'SAI' is bringing about. The three letters in SAI stand for Spiritual, Association, and Individual change, respectively. SAI also denotes Service, Adoration and Illumination corresponding to work, worship and wisdom. You have to understand the inner meaning of every letter of this word SAI to sanctify your lives. 4 Jul 2001

## **You belong to the human race. So, develop human values.**

You belong to the human race. So, develop human values. Today the world is fragmented as man has forgotten human values. Unity of the world can thus be strengthened by developing human values. He is a true human being whose thoughts, words and deeds are in perfect harmony. Your life will be wrecked if your thoughts, words and deeds are in disharmony. Develop the spirit of oneness. All are one, be alike to everyone. Different bulbs have different wattages and colours, but the current that flows through them is one and the same. Likewise, God is present in men of all colours, races and nationalities. Easwara Sarva Bhutanam (God is the indweller of all beings).

Flowers are many, but worship is one,  
Jewels are many, but gold is one,  
Cows are many, but milk is one,  
Beings are many, but breath is one  
(Telugu Poem)

Make every effort to recognise the divinity in everyone. Though God is present in everyone, you search for Him elsewhere and thus waste time. Wherever you see, there is divinity in this world. It is because of the divinity within that you are able to speak. Is it not sheer madness to search for God in the external world when you have divinity within you? You are the embodiment of truth and love. So, do not hate or harm anybody. Hurting others amounts to hurting your own self. 16 Jul 2001

## **If human values are followed, divinity can be attained**

Today, man is after temporary, fleeting, ephemeral pleasures, forgetting eternal joy. We should strive for permanent joy and peace. We can achieve that only by praying to God. As days pass, the very humanness is lost. Human values have disappeared. Man is not following his prescribed code of conduct. If human values are followed, divinity can be attained. Once anything is told, it should be remembered throughout the life. For any act of help, whether small or big, gratitude must be expressed. Bereft of gratitude, one turns wicked. 22 Aug 2001

## **All human values are based on truth**

The whole world is permeated by Truth. Truth is all-pervasive. All types of wealth, comforts and conveniences are based on truth. Bereft of truth the world cannot exist.

Today man is facing hardships as he has forgotten truth. Truth neither can be hidden nor be changed. Trikala Badhyam Sathyam (Truth is that which remains the same in the past, present and future). Since ancient times Bharat has been able to enjoy peace and prosperity because its people adhered to truth. Bharatiyas propagated the message of spirituality to the entire world. Loka Samasta Sukhino Bhavantu (May all the worlds be happy!) has been their motto. Such a sacred ideal is forgotten today. Sathyannasti Paro Dharma (there is no Dharma greater than adherence to Truth). Truth is the very life of man. All human values are based on truth. 31 Aug 2001

## **Without human values, you are human merely in form not in fact**

If money is lost, nothing is lost;  
If health is lost, something is lost;  
If character is lost, everything is lost;

Therefore, character, above all, is the quality that has to be safeguarded by one and all. This alone is God's desire forever. People, not recognising this truth, spend their time in the acquisition of wealth and in other selfish activities. This selfish attitude should be uprooted from the heart of man. All are one, be alike to all. The entire humanity of the world is a single family. Whether you are an atheist or a theist, youth or aged, you should recognise that you are all part of the single race of humanity. You have to develop human values. Without this, you are human merely in form not in fact. Man is filled with qualities such as anger, desire, greed, jealousy, etc. These are animal qualities. Anger is the nature of a dog. Wavering mind is the quality of a monkey. You are neither a dog nor a monkey. When you are in a fit of anger, remind yourself constantly that you are not a dog and your anger will diminish. Many animal qualities are rampant in human beings today. This is a situation that must be corrected. What are the human qualities? Compassion, truth, forbearance, empathy, etc. These are the human qualities that we must cultivate. 31 Aug 2001

## **Sai education imparts human values**

One can pursue Sri Sathya Sai education along with government education. Sri Sathya Sai education imparts human values. Follow these values, and at the same time pursue government education. But do not split them into artificial divisions. Everyday we have 24 hours at our disposal. At the most we spend 6 hours – 3 hours in the morning and 3 hours in the afternoon in schools. We still have 18 hours at our disposal. Allocate 6 hours for your sleep, 6 hours for personal activities and the remaining 6 hours can be utilised for spiritual pursuits and developing human values. Sri Sathya Sai education imparts practical knowledge while the government education teaches only bookish knowledge. But do not ignore bookish knowledge also, because the former grants us spiritual happiness and the latter, worldly happiness. Government education gives us the means of livelihood whereas Sri Sathya Sai education leads us to the ultimate goal of life. The two constitute the two sides of the same coin. 21 Nov 2001

### **Man cannot be called a human being unless he practises human values**

Man cannot be called a human being unless he practises human values – Sathya, Dharma, Santhi, Prema and Ahimsa. These are like the five life-breaths of man. The absence of these life-breaths amounts to living death. Each one is responsible for his own downfall. Man kills himself by not practising these human values. Love is your greatest asset. Develop love and always speak the Truth. Truth sounds bitter whereas people are easily pleased by falsehood. People do not relish milk, which is brought to their doorstep, whereas they are prepared to traverse miles together to consume a bottle of liquor. Falsehood has become the order of the day. Falsehood may please others but not your conscience. Strive to satisfy your conscience before satisfying others. Under all circumstances follow the path of Truth. In case the utterance of truth is likely to lead to some danger, remain silent. 12 Mar 2002

### **Know the human values in the first instance**

Know the human values in the first instance. The first among them is Truth. It is changeless and beyond time and space. There is nothing like American Truth, Russian Truth, Indian Truth or Pakistani Truth. Truth is one and the same for all countries at all times. You are the embodiment of Truth. Truth is God. So, make efforts to understand this Truth. Sathyam bruyaath, Priyam bhruyaath, Na bhruyaath sathyamapriyam (speak the Truth, speak pleasantly and do not speak unpalatable truth). Having forgotten such eternal principle of Truth, man is in search of ephemeral things. Adherence to Truth is neeti which is nothing but proper conduct. Sathyannasti paro dharmah (there is no dharma greater than adherence to Truth). Sathya and dharma together will confer peace. One who adheres to Truth and righteousness will always remain peaceful. One need not search for peace outside. Where there is Truth, there is peace. Where there is peace, there is non-violence. We call the human values as Sathya, Dharma, Santhi, Prema and Ahimsa (Truth, righteousness, peace, love and non-violence). In fact, love is the fundamental basis for Truth and righteousness. Love is God, Truth is God, righteousness is God. One bereft of these principles is verily a living corpse. The five human values can be compared to five life principles (prana) present in us. If you do not speak truth, you would have lost one life principle. Unrighteous conduct amounts to losing the second life principle. Similarly, other life principles will be lost. Hence, all your efforts should be directed to safeguard these life principles, which are divine in nature. There is divinity in humanity. Understand this. Today every field of human activity is polluted. Once man purifies his heart, he will find purity everywhere. The world outside is just a reflection of your heart. If you fill your heart with love, you will experience love everywhere. If there is hatred in your heart, the same is reflected outside. Whatever you see, hear and experience outside is only the reflection, reaction and resound of your

inner being. All the good and bad that you come across in the external world are just your own reflections. So, do not point an accusing finger at others. The whole world depends on man's behaviour. If man is good, the world will be. You think that there is profanity all around you. It is a mistaken notion. In fact, the profanity in you is reflected outside. If your feelings are demonic, you will find the same all around you. If your feelings are divine, you will find divinity everywhere. 21 Jul 2002

## **Safeguard these life principles which are divine in nature**

We call the human values as Sathya, Dharma, Santhi, Prema and Ahimsa (Truth, righteousness, peace, love and non-violence). In fact, love is the fundamental basis for Truth and righteousness. Love is God, Truth is God, righteousness is God. One bereft of these principles is verily a living corpse. The five human values can be compared to five life principles (prana) present in us. If you do not speak truth, you would have lost one life principle. Unrighteous conduct amounts to losing the second life principle. Similarly, other life principles will be lost. Hence, all your efforts should be directed to safeguard these life principles, which are divine in nature. 21 Jul 2002

## **Understand the importance of human values and put them into practice**

Firstly, make sacred use of the eyes given by God. Only then will your life be sanctified. He alone is a true human being who has a good mind and whose behaviour is exemplary. All your spiritual pursuits will be of little consequence if your vision is sullied. Your nethra (eye) is the sastra (scripture) given by God. Understand this sastra and conduct yourself accordingly. Once you have control over your vision, you will have control over your speech. Speak only truth, there is nothing greater than truth. Samyak drishti (pure vision) and samyak vak (pure speech) will lead to samyak sravanam (pure hearing) and samyak bhaavam (pure feeling). The youth in particular should exercise control over their vision. Manava (human being) becomes Madhava (God), once he understands the importance of human values and puts them into practice. The youth of today are the future emancipators of the country. So, they should develop steadiness of mind and self-confidence.

Where there is confidence, there is love;  
Where there is love, there is Truth;  
Where there is Truth, there is peace;  
Where there is peace, there is bliss;  
Where there is bliss, there is God.

21 Jul 2002

## **What is the purpose of human life?**

What is the purpose of human life? To eat, drink and roam about? No. No. The birds, beasts and animals also do that. That is not what is expected of a human being. The human values inherent in us must be given expression to. They have to be propagated. They must become part and parcel of our daily life and reflect in our behaviour. If they are merely propagated without being reflected in our behaviour, it becomes a futile exercise. Therefore, we must realise the inner meaning of the various festivals and act accordingly. 4 Nov 2002

## **Importance of self-confidence and self-respect**

You may not have money or strength and you may be put to disrepute, but always maintain your self-respect. Abraham Lincoln lived a life of self-respect under all circumstances. His mother taught him, "People may mock at you and ridicule you but never be perturbed. Always keep up your self-respect." Lincoln followed her teachings implicitly. He studied under streetlights as there was no light at home. Ultimately, he became the President of America. It was only because of his self-confidence and self-respect that he could occupy such an exalted position. The teachings of mother play a vital role in shaping the future of her children. She should make every effort to drive away bad qualities from her children and infuse human values like sathya, dharma, santhi, prema and ahimsa in them. There are many who give speeches at length about the importance of these values in our daily life, but how many are translating them into action? Very few. They do not utter truth nor do they perform righteous deeds. Our ancients never deviated from the path of truth and righteousness under any circumstances. Sathyannasti paro dharma (there is no dharma greater than adherence to truth). The Vedas teach, Sathyam vada, Dharmam chara (speak truth, practise righteousness). Your thoughts, words and deeds should be in harmony. It is said, The proper study of mankind is man. Today nobody knows what man has in his mind as his thoughts, words, and deeds are in total variance. He is wasting his life with such unethical behaviour. The tongue is given to speak truth. 19 Nov 2002

## **Do not ever move away from Truth, even in times of danger to your life**

You must cultivate the human values of Sathya (truth), Dharma (right conduct), Santhi (peace), Prema (love) and Ahimsa (non-violence). How can you call yourself a human being, without cultivating human values? It is only because of the human values, you are considered to be a human being. You do not have the human quality of respecting others; then how can you expect others to respect you? The human values are divine qualities. Anything can be achieved with these qualities. "Love" is a quality permeating every living being. Truth is verily the embodiment of divinity. It is in you, with you, around you, everywhere protecting you always. You need not search for God in some distant place. Truth is the very embodiment of God. Do not ever move away from Truth, even in times of danger to your life. Hold on to Truth steadfastly at all times. 22 Nov 2002



## **Today man is subjected to untold suffering because he lacks human values**

You should not rebuke or ridicule others. Humanness will blossom in man only when he develops equal-mindedness. Today man is subjected to untold suffering because he lacks human values. That which has the innate capability to burn is called fire. In the same manner, only the one with human values is a human being. One bereft of human values is not a human being at all. You may be highly educated and occupying an exalted position, but if you lack human values, you will be considered inhuman. Hence, drive away evil qualities in the first instance. 25 Dec 2002

### [Discourses in 2003 \(Sathya Sai Speaks Vol 36\)](#)

## **Only when you practise human values will your life be redeemed**

The value and significance of human nature is beyond all estimation. Only when you practise human values will your life be redeemed. Man is but a spark of Divinity. That is why Lord Krishna said in the Bhagavadgita, Mamaivamsho Jeevaloke Jeevabhutah Sanathana (the eternal Atma in all beings is a part of My Being). In fact, the antarvani (inner voice) keeps reminding man of his divine nature day in and day out. But man is not making any effort to listen to his inner voice. He is craving for physical and ephemeral objects, forgetting his own divine nature and thereby distancing himself from the ultimate goal of life. Names and forms are momentary like water bubbles. He is being deluded by names and forms and is losing the very precious gem of divinity. Man is endowed with infinite divine power. A piece of red-hot iron can be put to better use than the fire itself. The body can be compared to an iron piece and the divinity within to fire. Man should therefore understand this truth and make proper use of his body. 1 Jan 2003

## **More than the worldly education, you should strive to uphold human values**

You have to achieve purity of mind in the first instance. The Sports and Cultural Meet has come to an end. You should not consider sports as mere worldly and physical activities. They teach you many moral and spiritual principles. A true student is one who achieves excellence in the moral, social, and spiritual fields. One should not strive for physical strength and happiness only. One should strive hard for the control of the mind. One who becomes a slave to his mind is bound to become weak, however powerful one may be. So, you should make the mind your slave. The power of mind is matchless. It is from the mind that the most precious virtues originate. If wealth is lost, it can be earned again. If health is lost, it can be restored with the help of an efficient doctor. But if human values are lost, human life becomes a waste. Human values are the need of the

hour. They cannot be acquired solely from sacred texts nor can they be passed on by learned preceptors. They originate from within. When we develop noble thoughts and follow the path of truth in our daily life, human values will blossom in us and protect us under all circumstances. More than the worldly education, you should strive to uphold human values, for, all powers are latent in them. Truth is God. Righteousness is the very foundation of life. That is why the culture of Bharat (India) declared, Sathyaannasti paro dharma (there is no dharma greater than adherence to truth). Hence, you should be prepared to sacrifice your life to uphold these twin principles of truth and righteousness. 14 Jan 2003

## **One can acquire the true wealth of values only in the recesses of one's heart**

Wherever you are, develop divine feelings and a steady mind. Sarvam Vishnumayam jagat (Divinity pervades the entire universe), Sarvam khalvidam Brahma (verily all this is Brahman). God is not confined to a particular place. He is with you, in you, around you. Just as the eyelid protects the eye, He protects you always. How is it that you have lost faith in such divine power? Having attained human birth, you are supposed to develop human values. On the contrary, you have lost them. Consequently, you have become weak in body and mind. You may secure high marks in your examinations. At the same time, you should also take care that you do not get any adverse remarks. Today students are going abroad in pursuit of education and wealth. One can acquire the true wealth of values only when one searches the recesses of one's heart. True wealth and prosperity are present in our heart and not outside. Hence, students should turn their mind inward and develop values. Only then will they have the strength and capacity to emancipate the nation. 14 Jan 2003

## **Rama's entire life was a saga two great human values: truth and righteousness 2005**

Valmiki composed the great epic Ramayana exactly as the events took place without any imagination or fabrication of events. The great sages and seers in those days spoke nothing but the truth. Sri Rama always followed the twin principles of truth and righteousness (sathya and dharma). His entire life was a saga of these great human values. Not only did he follow these great values; but also used to exhort everyone, "Speak the truth, follow righteousness (sathyam vada, dharma chara)." His emphasis was on not mere lip service to dharma but sincere practice of dharma... Several books are being published now on "God", "Divinity", etc., but none of them glorifies human values as were practised in the Ramayana. The great epic Ramayana was translated into several languages in the world, including Russian. It is a widely read classic in the world. Several non-Indians not only read the Ramayana in their own language but even worship and revere the great epic. 10 Oct 2005

## Discourses in 2004 (Sathya Sai Speaks Vol 37)

### **What do you think the human values are?**

Thus all the five elements in the universe, the five senses, five sheaths and the five vital breathes in the body, are all manifestations of divinity. Today, we are misusing our senses. This is an act of grave sin. All the senses are pure, sacred and selfless. The senses have no distinction of caste, creed, religion, nationality, etc. Keeping such noble qualities in our own self, we are searching for divinity in the outside world. What a great pity! What do you think the human values are? They are nothing but divine qualities. God has no attributes separately. Divinity itself is the sole attribute. We are deluded to see the attribute-less divinity as God with attributes. 2 Jul 2004

### **Bereft of human values human life is meaningless**

One may acquire a high academic qualification  
such as M.A., B.A., MBA and MFM and  
attain exalted position,  
One may amass wealth, perform acts of charity  
and attain name and fame,  
One may have physical strength and enjoy a long  
and healthy life,  
One may be a scholar, but if he lacks human values  
all his achievements will prove futile.  
(Telugu poem)

By mere acquisition of worldly education man cannot attain exalted position in life. All human efforts will be in vain without divine grace. There are many in this world who are highly educated, but are they rendering any service to the nation? No. In this respect, the unlettered people appear to be better human beings than the highly educated. In spite of his education and intelligence, a person who does not know his true Self is but a fool. One may be highly intelligent and educated but bereft of human values his life is meaningless. In fact, one devoid of human values is no human being at all! There is little use in acquiring a number of degrees without imbibing human values. 21 Aug 2004

## Discourses in 2008 (Sathya Sai Speaks Vol 41)

### **Love is the undercurrent that flows in all these human values**

The world today is torn apart with conflicts. We don't find peace anywhere in the world. Truth, Righteousness, Peace, Love and Non-violence constitute the five vital airs of a human being, (Panchapranas). Love is the undercurrent that flows in all these human

values. Follow truth, keeping love as the basis in your heart. Truth is eternal. Truth is God. It is not subject to changes in time. Let love be reflected on the mirror of Truth. Whenever you come across a person not of your liking, you consider him as your enemy keeping in mind your worldly relationship with him. You begin to hate him. This is not correct. He is, in fact, not different from you. You and he are one only. Hence, it amounts to hating yourself. There is nothing like another person or object in this world. There is only one. First and foremost, we have to realise and follow this truth. 1 Jan 2008

## **First and foremost one has to cultivate human qualities**

Today, everyone wishes to fulfil one's selfish interests at the cost of others. No one acts with a pure heart and good intention to help others. A human being is expected to have the qualities of Sathya (truth), Dharma (righteousness), Santi (peace), Prema (love) and Ahimsa (non-violence). Devoid of these qualities, he is not a human being at all. How can a person with demonic qualities be called a human being? Hence, first and foremost one has to cultivate human qualities. No one has a right to enjoy when his fellow-human being is suffering. All are God's children only. To whomsoever you cause suffering, it will affect you. Hence, you have to conduct your life with devotion to God and love for all human beings. All should remain united. 20 July 2008

## **Human values have to be cultivated right from childhood**

You cannot be sure when difficulties would confront you. Every action (karma) has its reaction, resound and reflection. If you hurt others, surely it will have its reaction. It is only when you recognise this truth and conduct yourself accordingly that you can be called a true human being. You talk to any student of our institutions, even primary school children will explain to you the human qualities very clearly. The human values have therefore to be cultivated right from childhood. The boys and girls should grow in human values. Even elders can learn from such students. 20 July 2008

## **All these human values are embedded in our own inner being**

Now, about Truth. From where did Truth come? It has not sprouted from the earth nor has it descended from the sky. Its origin is not North, South, East or West. Truth is firmly installed in one's own heart. If you develop your inner vision, you can surely recognise truth there. Where there is truth, there is righteousness. When truth and righteousness go together, love emerges from the heart. From love comes peace. When peace and love go hand in hand, non-violence reigns. We have to understand the inter-relationship between the five human values, namely, Truth, Righteousness, Peace, Love and Non-violence. All these human values are embedded in our own inner being. 20 July 2008

## **What efforts should a teacher make to become a role model in human values?**

The fourth question: How should a teacher conduct himself in this system of education and what sort of discipline should he observe? What efforts should a teacher make to become a role model in human values?

This is another question that has been asked. This is a very important subject. A teacher should conduct himself like a teacher. Similarly, a student should behave like a student. The teacher should take care that proper learning environment is provided in the classroom and the students are happy and satisfied. When the teacher behaves with the students in an ideal manner, the students will also follow him. What you want your students to do, you should show them by your own example. Not only that, the teacher should eat the same food that he advises the students to eat. If the teacher asks the students not to eat fish and meat and himself eats all these things, it is very bad. Whatever you tell your students, you should first practise yourself. Whatever you want your students to become, first you should become yourself. You should not act in an arbitrary way with the pride that you are a teacher. You should be humble, caring and full of love when you are dealing with your students. 21 Jul 2008

## **How should the parents impart human values to their children?**

How should the parents impart human values to their children and how can we involve the parents in the education of their children? Parents should never discuss family matters in the presence of their children. They may be having financial and other problems, but they should not let their children know about them. They should deal with their problems themselves, try to keep the children as happy as they can and work for their progress. First and foremost, the parents should put the human values into practice in their own life and then encourage their children to develop these values. The parents should guide their children on the right path by their own example. At the same time, the children should not cause any trouble to their parents. Their parents bring them up with great expectations. The children should develop the understanding that they have made progress in life only due to the sacrifice of their parents and hence should show gratitude to them. Howsoever great may be the difficulties that the parents have to undergo, they hide them from their children in order to make them happy. In such a situation, if the children cause even a little trouble to their parents, they will be totally dejected. 21 Jul 2008

Whatever the parents tell their children to follow, they should themselves adhere to it. Then only will their children become good. 21 Jul 2008

Bal Vikas is very necessary for children because the children learn human values in the Bal Vikas class. But, first of all, parents should themselves develop human values. Then

only will they have the right to teach human values to their children. When you do not practise yourself and merely tell the children to follow, then how would they listen? Whatever you tell the children, you should demonstrate by your own example. But you say, you don't have time and you are busy with your office work. When you pay all your attention to your office work, who will look after the children?. 21 Jul 2008

Educated women want to take up jobs. But if women go for jobs, who will do the household work? When both husband and wife go to office for work, then who will look after the children?... First of all, you should set right your house, then only should you pay attention to the outside work. There is nothing wrong if both husband and wife go to work. But they should make sure that the children are not put to any inconvenience in the house...Nowadays people are crazy for jobs but they do not care whether necessary comforts and conveniences are there in the house or not. As soon as the husband and wife return from office, they engage themselves in reading newspapers, listening to radio and seeing TV programmes. There are some who do not come home but straightaway go from office to clubs where they play some cheap games. How can such people bring up their children in an ideal manner? If the children are not doing well in studies, it is not their fault; it is the fault of their parents. Therefore, women should remain at home and look after their children in a proper way. That is your real income. If you lose that real income and strive to earn some money by working outside, spoiling your children in the process, you will be termed as selfish parents. When your children take to bad ways, you will have to undergo a lot of suffering. It is the main responsibility of parents to look after their children properly. 21 Jul 2008

You should practise human values in your profession and at your workplace. Human values are not separate from day-to-day life. You may be a police officer or a nurse or a doctor or in any other profession. You should perform your duty sincerely. Then everything will become good. But, unfortunately, people do not perform their duty honestly. Consequently, children have to suffer entirely due to the fault of elders. You should engage yourself in good and honest work. Only then can your children attain progress and happiness. 21 Jul 2008

## **Parents and Sathya Sai Schools**

Sai schools can have a corpus fund for their maintenance. They can take the help of parents in running the school. Such mutual cooperation between the school and parents should be developed. Discipline, devotion and duty should be given utmost importance in these schools. Teaching of human values should find a prominent place in the school curriculum. Put the children on the spiritual path so that they develop love for God. If they want to put on an improper dress, they should not be allowed to do so. You should observe moderation in everything. Only then can the children be kept in check. It is the responsibility of parents to keep a check on their children. Parents should be made aware of the Sai System of Education. Some of the parents may not be aware of this system. The children can also explain the various aspects of this system to their

parents. Only then will the parents understand it clearly. Otherwise, they may have some doubts regarding what is being taught in the school to their children. 21 Jul 2008

## **Understand the nature of your own heart and manifest human values**

Having come here and participated in this conference, what is it that you are supposed to learn? First of all, you must understand the nature of your own heart and manifest human values, namely, truth, righteousness, peace, love and non-violence. Only then can you be called educated in the true sense of the term. There are many lawyers in this world who study voluminous books. In spite of their learning, we find many 'liars' among them. There are many doctors. But what is the use? They are getting bogged down with professional rivalry. We cannot find unity anywhere. First and foremost, we have to develop unity. All of us are the children of God. We are all brothers and sisters. We should preserve this truth in our heart. At times, there may be some differences among brothers and sisters. Therefore, we must learn to adjust with each other. Not only that, we must understand each other in the first instance. Adjustment becomes easy when we have proper understanding. There cannot be any adjustment without proper understanding. Firstly, you must understand that whatever Swami teaches is only out of His love for you. 21 Jul 2008

## **The Bharatiyas are born with the great human values**

The way of life of the Bharatiyas (Bharat, ancient name for India) is conditioned by truth and righteousness, in accordance with the Vedic injunctions, "Sathyam vada (speak truth) and Dharmam chara (follow righteousness)." In fact, truth and righteousness are the very treasure of Bharatiyas. Unfortunately, today the Bharatiyas have forgotten these great values and, therefore, become slaves in their own country. Their lifestyle itself has undergone a change where truth and righteousness have no place. Truly speaking, there is none in this world who can conquer Bharat. The Bharatiyas are born with the great human values, namely, Sathya (truth), Dharma (righteousness), Santi (peace) and Prema (love).... Very soon, the entire world will be united. In fact, after 28 years the world itself will become "Bharat". Everyone will call himself a Bharatiya (one imbued with godliness – Bhagavat ratas). No one will refer to himself or herself as belonging to this state or that state, this region or that region. 22 Nov 2008

## **If you think you are a human being, then cultivate human values**

We see three kinds of beings in the world: tame animals, wild beasts, and humans. One has to analyse for oneself whether one belongs to the category of animals or beasts or human beings. If you think you are a human being, then cultivate human values, lead a human life, and develop human thoughts. First and foremost, truth is a human value. Truth does not undergo any change in all the three periods of time – past, present and

future. Truth is always truth. Develop faith in that truth. All others undergo change. You say 'I am peaceful today'. What about tomorrow? No peace. All pieces, pieces! Hence, this state of peace also undergoes change. "Love is God; live in love". In fact, your entire life is nourished and nurtured by love. When truth and love go together, nonviolence is the result. Where there is love, people will not quarrel among themselves. You don't get angry against someone. When you develop love, you consider all people as your brothers. Supposing you meet someone and say 'hello brother', even your enemy will respond by saying, 'hello brother'. Yad bhavam tad bhavati (as is the feeling, so is the result). Hence, you have to develop noble feelings. 25 Dec 2008

## **Human beings must cultivate human values. Then only can one attain Divinity.**

Good and bad arise only from your thoughts. If something bad happens, it is not something that others have done for you. Nor has God a role to play in this. You are bad to yourself! Your thoughts have done you harm! Suppose you are happy, even that is not caused by God. That too is on account of your own thoughts. Hence, one has to purify one's thoughts, first and foremost. When you develop pure thoughts, your life will be happy and peaceful. Where there is purity there Divinity is. Unfortunately, today Divinity is being divided and differentiated in the name of religion. Where unity, purity and divinity go together, life is happy. God is not responsible for either good or bad thoughts. You only are responsible for both. If you have bad thoughts, that is your own making. All are one's own making. The same is the case with good thoughts. See! How beautiful are these lights in this hall! Who made them? The human being only. Hence, there can be no Divinity without humanness. Humanness must be sanctified. Human beings must cultivate human values. Then only can one attain Divinity. 25 Dec 2008

## [Discourses in 2007 \(Sathya Sai Speaks Vol 40\)](#)

### **Without human values people suffer from sorrows and difficulties**

It is very necessary to recognise the importance of human values, today. People these days are unable to lead the life of a human being since they lost the human values. The qualities of a human being are of two types, internal and external. Kama (desire), krodha (anger), lobha (greed), moha (attachment), mada (pride), and matsarya (jealousy) are external. Sathya (Truth), Dharma (Righteousness), Santhi (Peace), Prema (Love) and Ahimsa (Non-violence) are internal. Today, we are giving a go-by to the inner, eternal and truthful qualities and are hankering after the worldly and transient matters. This is not correct. We must develop the inner vision of atma bhava (feeling of Soul, Self). If only there is Truth, it is enough; Righteousness will follow. Where Truth and Righteousness go together like the positive and negative, there will be Peace; where there is Peace there will be love. There will be no scope at all for violence when a



human being is surcharged with the current of Love. Today, violence is rampant everywhere. People suffer from sorrows and difficulties. Hence, you must strive to cultivate the innate human values. Truth is eternal. It cannot be destroyed. It is said, Sathyam bruyath, priyam bruyath, na bruyath sathyamapriyam (speak Truth; speak pleasantly; avoid speaking Truth that is unpalatable). Truth is not born out of an individual, nor does it go away with one individual. Truth is universal. It applies equally to all human beings. You must cultivate such universal Truth. What you think, you must speak; what you speak, you must put into action. That is real humanness. 11 Feb 2007

## **Establish truth in your heart, thereafter the other values will reign in the world**

Anger, desire, greed, attachment, pride and jealousy are unbecoming of a human being. Today, man is limiting his love to his own wife and children. He is not developing broad-mindedness. As the saying goes Ekam Sath viprah bahuda vadanthi (Truth is only one; the wise men say it in different ways). Sarvam khalvidam Brahma is the declaration, which means everything in the universe is Brahman (Supreme Absolute Reality) only. Truth is the very embodiment of Brahman. And that Brahman is omnipresent. Hence, first and foremost, establish Truth in your heart. Thereafter, the other four human values of Righteousness, Peace, Love and Non-violence will reign in the world. Then, there will be no violence at all in the world and all human beings irrespective of religion and nationality will live in peace and harmony. A human being has enormous strength in him. That has to be channelised properly. Anger, desire, greed, delusion, pride and jealousy have to be controlled. 11 Feb 2007

## **The human values are not visible to the naked eye**

The human values are not visible to the naked eye. What is the form of Truth? None has seen the form. Rather, it is beyond any form. It emerges out of our bosom. What is Dharma (Righteousness)? Dharma is to follow the teachings of our own heart. Where is Santhi (Peace)? Is it outside? No. it is only asanthi (unrest) outside. Man today craves for peace and peace alone, in spite of possessing all sorts of wealth. You ask any millionaire. His reply will be "I have money, houses and all kinds of wealth; but, I have no peace". Peace therefore is not to be obtained from the world outside. It has to flow from within. Where there is Peace, there will be Love. The light of Love shines in one and all. It is Love that illuminates the entire universe. Hence, if you strengthen Love, there will be no scope for hatred at all! It is only when you develop a feeling of separation, there will be hatred between one another. On the other hand, if you develop a feeling of oneness, how can there be a feeling of hatred between you and the other man? 11 Feb 2007

## **Even if one out of these five values is deficient, it is unbecoming of a human being**

Man today considers himself as great. On the other hand, one who is devoid of humanness is not a human being at all. A real human being is one who manifests humanness. A real human being is one who practises the five human values of Sathya (Truth), Dharma (Righteousness), Santhi (Peace), Prema (Love) and Ahimsa (Non-violence) and preaches them to others. Even if one out of these five values is deficient, it is unbecoming of a human being. Man, in fact, is very intelligent. His intelligence is unlimited and unparalleled. But, it is not being reflected in his behaviour. 17 Feb 2007

## **One has to manifest these human values from out of one's heart**

Every living being in this world, right from an ant to an insect, bird, beast, or an animal has emerged from Truth only! Those who realise this truth are real yogis. Devoid of Truth, nothing will move in this universe. And that supreme Truth is embodied only in one person. He is Sathyam (Here Bhagawan Sri Sathya Sai Baba materialised a Lingam (egg-shaped gem representing origin of universe) and showed it to all). Who else can manifest such pure consciousness? Truth is omnipresent. When you think of it and contemplate on it, it can manifest in you also. Hence, you constantly contemplate on Truth. Why was this body named Sathya Sai? Truth alone manifests from this Sai. Whoever contemplates on Truth, Sathyam is present in the heart of that person. Hence, one should never forget Truth. Dharma (righteousness) is the reaction, reflection and resound of Sathyam (Truth). In fact, Sathyannasti paro Dharma (There is no Dharma greater than adherence to truth). Today, we are teaching several branches of knowledge in secular education. But, this is not true education. True education relates to the Truth that emerges out of one's heart. It has no name and form. What could be the form of Truth? What is the form of Dharma? What is the form of Santhi (peace)? Sathya, Dharma, Santhi, Prema and Ahimsa (Truth, righteousness, peace, love and non-violence) are all formless. One has to manifest these human values from out of one's heart. The kind of divine energy that is not present in a human being is not to be found in any other living being either. Hence, a human being is verily God. He is God in human form. 28 Jul 2007

## **Lead your life's journey with the help of human values**

Lead your life's journey with the help of human values. Let your daily life be suffused with Sathya (truth), Dharma (righteousness), Santhi (peace) and Prema (love). Truth is atma. Dharma is the duty that we have to perform. Hence, discharge your dharma with truth. These two are in fact the sadhanas (spiritual discipline) you have to undertake. These two only will protect you in every way. They alleviate all sorrows and difficulties. No human being, during the course of his or her life's sojourn in this physical world, should give up Sathya and Dharma (truth and righteousness). Truth has to be experienced in one's heart, while righteousness has to be reflected in one's deeds. These two are enough. No other sadhanas are required. 21 Oct 2007

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### **Education**

refers to acquiring knowledge

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real education is following inner voice...

is breeding selfishness.

Man has to pursue two kinds of education - 'Education' and 'Educare'.

### **Human Values**

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