

## SATHYA SAI

INTERNATIONAL ORGANISATION ANNUAL REPORT 2018-2019

## **SELECTED WEBSITES**

## OF THE SSIO

Sathya Sai International Organisation (SSIO) - http://sathyasai.org

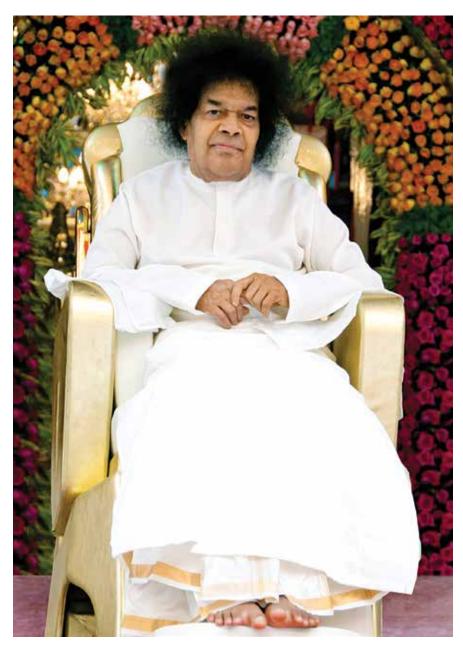
Sathya Sai Universe - http://saiuniverse.sathyasai.org/

Humanitarian Relief - http://sathyasaihumanitarianrelief.org

Young Adults - http://sathyasai.org/ya

#### **Social Media**

- Facebook (@sathyasaiorg): https://www.facebook.com/sathyasai.org
- · Instagram (@sathyasaiorg): https://www.instagram.com/sathyasaiorg
- Twitter (@sathyasai\_org): https://twitter.com/sathyasai\_org



DEDICATED WITH LOVE AND REVERENCE TO SRI SATHYA SAI BABA





Love exists for love and nothing else. It is spontaneous and imparts delight. Everything is permeated by love. Love sees with the heart and not the eyes. It listens not through the ears but by the tranquility of the heart. It speaks not with the tongue but out of compassion.

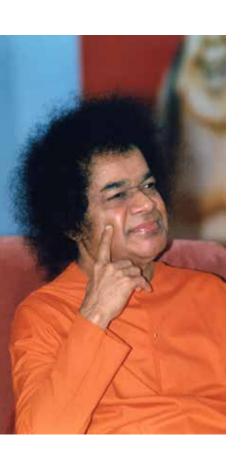
-Sathya Sai Baba, 25th December 1995



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## TABLE OF **CONTENTS**



Foreword 1	
World Map of the SSIO	4
OVERVIEWS	
Sathya Sai Global Health Mission	5
Sathya Sai Education	24
Sathya Sai Young Adults4	<b>42</b>
Awards and Honours	<b>58</b>
REPORTS	
Zone 1	<b>52</b>
ARUBA, BARBADOS, CANADA, CURACAO, GUYANA, JAMAICA, S KITTS, ST. LUCIA, ST. MARTIN, SURINAME, TRINIDAD & TOBAC USA / VIRGIN ISLANDS	
Zone 2A	<b>72</b>
COSTA RICA, CUBA, DOMINICAN REPUBLIC, EL SALVADOR, GUADELOUPE, GUATEMALA, HAITI, HONDURAS, MEXICO, NICARAGUA, PANAMA, PUERTO RICO	
Zone 2B	78
Zone 3	38
AUSTRALIA, FIJI, NEW ZEALAND, PAPUA NEW GUINEA	

## TABLE OF **CONTENTS**

REPORTS (CONTINUED)	
Zone 4A	
BHUTAN, MYANMAR, NEPAL, SRI LANKA	
Zone 4B	0
BRUNEI, CAMBODIA, INDONESIA, MALAYSIA, MYANMAR, PHILIPPINES, SINGAPORE, THAILAND	
Zone 5	8
CHINA, HONG KONG, JAPAN, TAIWAN	
Zone 6	4
BOSNIA & HERZEGOVINA, CROATIA, FRANCE, GREECE, ISRAEL, ITALY, MACEDONIA, ROMANIA, SERBIA/MONTENEGRO, SLOVENIA, SPAIN, SWITZERLAND	
Zone 7	0
AUSTRIA, BELGIUM, CZECH REPUBLIC, DENMARK, ESTONIA, FINLAND, GERMANY, HUNGARY, LATVIA, LITHUANIA, NETHERLANDS, POLAND, SLOVAKIA, SWEDEN	
Zone 9A	6
BENIN, BOTSWANA, CAMEROON, CONGO DR, GABON, GHANA, KENYA, MADAGASCAR, MALAWI, MAURITIUS, MOROCCO, NIGERIA, SOUTH AFRICA, TANZANIA, TOGO, UGANDA, ZAMBIA, ZIMBABWE	
Zone 9B	4
ABU DHABI (UAE), BAHRAIN, DUBAI (UAE), IRAN, KUWAIT, OMAN, QATAR, RUWAIS (UAE), SAUDI ARABIA, SHARJAH (UAE)	
UK & Ireland14	0
Prasanthi Events14	4



## **FOREWORD**

"The main objective of the Sathya Sai Organisation is to help humanity recognise its inherent divinity."

-Sathya Sai Baba, 6th January 1975

Bhagawan Sri Sathya Sai Baba, the incarnation of love and the universal teacher, in His infinite compassion and love for humanity, has given four commandments for our redemption: Love All, Serve All, and Help Ever, Hurt Never. It is the greatest blessing to be a contemporary of the *Paripoorna* Avatar and have the good fortune to serve in the divine mission. Baba has prepared us for many lifetimes to do His work and be instruments of His love.

#### **His Works**

He has founded, nurtured, and guided educational institutions, medical institutions, humanitarian service projects and the Sathya Sai Organisation which bears His sacred name. These noble establishments allow its members to participate and practice these divine commandments. The members of the Sathya Sai International Organisation (SSIO), who are present in about 120 countries and more than 1,800 Sathya Sai Centres, sincerely attempt to practice His teachings with love and unity.

The 2018-2019 SSIO Annual Report, offered with love and humility on the occasion of His 94th Birthday, provides highlights of activities in education, healthcare, humanitarian relief, leadership, and interfaith and Go-Green initiatives.

#### Healthcare - For All

The principles of Sathya Sai Ideal Healthcare, as given by Baba, are comprehensive, compassionate, preventive, state-of-art, universal and free healthcare, provided with love and humility. Healthcare professionals provide ideal healthcare to millions of people around the world based on these principles.

#### **Education – Precious Gift to Humanity**

Sathya Sai Education is a precious gift of Sathya Sai Baba to humanity. There are 44 Sathya Sai Schools and 33 Institutes of Sathya Sai Education (ISSEs) established in various countries, delivering values-based education. In addition, Sathya Sai Education in Human Values (SSEHV) programmes teach the fundamental human values to the community in general, and also to specific professional groups.

## **FOREWORD**

#### Nature - Manifestation of God

The best way to express our gratitude to Mother Nature and God is to live in harmony with Nature. The first Go-Green Conference was held in July 2018 in Prasanthi Nilayam to dwell on this theme. Delegates from more than 70 countries came together to discuss how-to live-in harmony with Nature. Conference Resolutions are being implemented by the newly formed SSIO Environmental Sustainability Committee.

#### Young Adults - The Future

Young Adults (YAs) form an important part of the SSIO. They are beacons of light for humanity and torchbearers of the divine mission of Bhagawan. They have undertaken many initiatives, including the Sathya Sai International Leadership Programme – which has graduated more than 1,300 YAs from over 50 countries, who are active leaders in the Organisation.

#### Harmony of Religions – Unity of Faiths

Baba repeatedly emphasised that there is only one religion – the religion of love, and there is only one God – who is omnipresent. He has shown that all paths lead to the same goal. Thus, all major festivals such as Buddha Poornima, Christmas, Chinese New Year, and Hindu festivals are celebrated in Sathya Sai Centres around the world with love and unity.

#### **Humanitarian Relief**

Various earthquakes, floods and tsunamis around the globe took a heavy toll on animal and human lives and caused widespread damage during 2018–2019. SSIO members immediately sprang into action in many countries. For example, in Indonesia, after a tsunami, volcanic eruption and earthquake struck, SSIO volunteers provided food, water, shelter, and medical services, and built 220 homes, a place of worship and a school.

#### Golden Jubilee Celebration of Baba's Visit to Africa

The SSIO celebrated the Golden Jubilee of Bhagawan Sri Sathya Sai Baba's maiden visit to East Africa, the cradle of civilization, in July 1968. During this historic visit, Baba delivered landmark divine discourses which encompassed His eternal message, "Love All, Serve All." The Golden Jubilee was celebrated for three days, commencing on 13th July 2018.

#### **Adoption of 95 Global Communities**

As an offering of love to Bhagawan Sri Sathya Sai Baba on His 95th Birthday, the SSIO has initiated the Global Adoption of 95 Communities, to make a difference in the lives of needy people by providing education, healthcare, food, shelter, drinking water, and other services. The target has already been exceeded, and more than 110 communities have been adopted, as of November 2019.

#### Conclusion

Finally, all these initiatives and programmes are intended to foster unity and harmony so that we may all live in peace and happiness. Keeping this in mind, the 11th World Conference of the SSIO, to be held in November 2020 in Prasanthi Nilayam, will have the theme, "Unity is Divinity; Purity is Enlightenment."

This golden opportunity to serve in the divine mission comes rarely in one's lifetime. Let us give the highest priority to His work and rededicate our lives to serve Him selflessly with all our heart, mind, soul and strength.

May all the worlds be happy.

Jai Sai Ram.

Narendranath Reddy, M.D. Chairman, SSIO



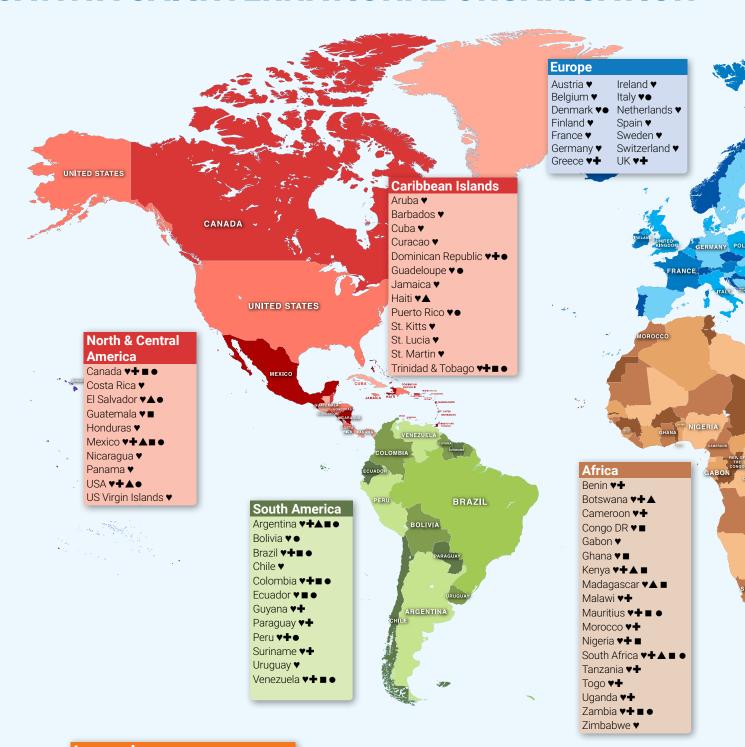
Love all beings-that is enough. Love with no expectation of return. Love for the sake of love. Love because your very nature is love. Love because that is the form of worship you know and like.

When others are happy, be happy likewise. When others are in misery, try to alleviate their lot to the best of you ability. Practice love through seva (selfless service). By this means, you will realise unity and get rid of the ego that harms.



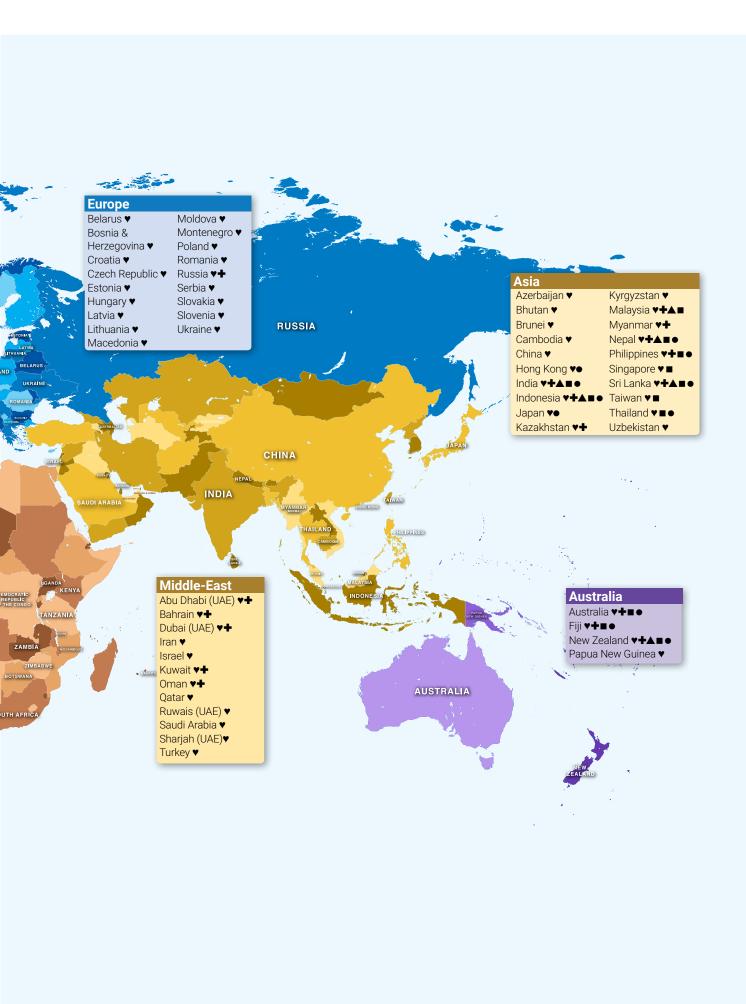
-Sathya Sai Baba, 5th March 1973

## ACTIVITIES OF THE **SATHYA SAI INTERNATIONAL ORGANISATION**

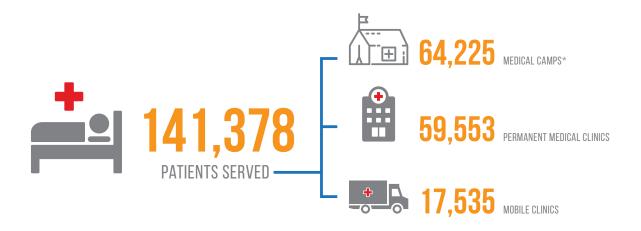


#### Leaend

- ◆ Medical Camp
- ▲ Medical Clinic, Mobile Clinic, Hospice
- Institute of Sathya Sai Education
- Sathya Sai School
- ♥ Sai Centre/Group, Community Service





















\*Camps includes medical, dental, vision, veterinary

The SSIO provides free, compassionate, state of the art and timely healthcare to the needy, according to the principles of Sathya Sai Ideal Healthcare. A key component of the service is the SSIO's coordinated humanitarian relief efforts in countries afflicted by natural disasters.

- 1. The rotation of doctors, dental practitioners and other healthcare professionals in Sri Sathya Sai Hospitals and Medical Camps in Prasanthi Nilayam
- 2. Medical, dental, vision and veterinary camps
- 3. Mobile and permanent medical clinics
- 4. Specialised procedures and surgeries (including eye, dental, cardiac, gynae-cological surgeries, and endoscopy procedures)
- 5. Blood Donation camps and bone marrow drives
- 6. Medical relief following natural disasters
- 7. Telemedicine patient care, education and teaching programmes for physicians and other healthcare professionals globally, including Sri Sathya Sai Hospitals
- 8. Medical Conferences

In addition to medical services in camps and clinics and Blood Donation drives, other special services have included dental and ophthalmology (eye), specialised surgeries (cataract, fibroid and urological), hospice services, bone marrow drives, and health awareness and education programmes.





#### **ZONE** CANADA

01

The Sathya Sai Baba Centre of Scarborough has been partnering with the National Partners for Life ("PFL") programme in supporting the Canadian Blood Services through blood donation drives. On 17th February 2018, a successful blood donation drive was conducted with a total of 101 donors coming forward, which resulted in the collection of 82 units of blood. Furthermore, on 28th April 2018, 106 donors selflessly gave 90 units of blood, including 20 first time donors.

#### **USA**

Six permanent medical clinics across California, Colorado, Georgia, Florida and New Jersey provided healthcare service to 2,101 patients.

A total of 25 medical camps (including dental hygiene/treatment camps, eye camps, women's wellness camps and a podiatry camp) were organised across the country for the benefit of 3,235 patients. A few highlights are noted below.

#### ST. PETERSBURG, FLORIDA

#### **DENTAL**

Two dental camps were held at the Pinellas County Health department, St. Petersburg, Florida between April and August 2018.

In April 2018, 66 patients were examined, and 125 dental extractions and 40 dental fillings were performed, while in August 2018, 69 patients were examined, and 158 dental extractions and 38 fillings performed. In addition, a dental hygiene camp was held on 10th June 2018, serving 78 patients.

#### **VISION**

The Sathya Sai Baba Group of Clearwater in collaboration with the St. Petersburg Free Clinic, Pinellas County Health Department, the Lions Club, and others, organised an Eye Camp on 22nd September 2018 for the benefit of 104 people. Patients also registered for 59 prescription glasses.

#### **PODIATRY**

The Sathya Sai Baba Group of Clearwater collaborated with other organisations to hold a Podiatry Camp on 3rd November 2018 and provided foot care to 190 patients. The patients were educated on prevention of foot problems, and provided with new shoes, two pairs of socks, sunglasses, and hats.

#### **MISSOURI**

On 6th October 2018, approximately 160 volunteers organised the Sathya Sai Free Health Fair in St. Ann, in partnership with community health centres, academic institutions and the American Red Cross, and served 185 patients. Services included flu shots, registrations for mammograms, and distribution of eyeglasses, dental kits, and first aid kits. Children were fitted with bicycle helmets and defective infant car seats were replaced.

#### **CALIFORNIA**

#### **HUNTINGTON PARK**

The 6th annual Huntington Park Medical Camp was held on 8th July 2018. Screenings were provided for primary care, specialty services, blood lab, vision dental, women's health, and patient education. Approximately 508 people were served in the areas of vision and dental services, and women's healthcare.

#### **OXNARD**

The 13th Annual Oxnard Medical Camp was held on 21st October 2018 at Our Lady of Guadalupe Church. A total of 391 patients were seen and 278 received eyeglasses. The camp provided screening for vision, dental services, and women's health and primary care. Flu vaccines were administered to 151 individuals.

#### **CORONA**

On 9th March 2019, 576 patients were served by 45 medical professionals at the Free Health Screening Day medical camp in Corona. A total of 428 lab tests were done and dental services were performed for 170 patients. Women's health services were also offered. Partnering with the Lion's Club, 412 patients received eye examination and 326 eyeglasses were dispensed.



#### **TEXAS**

#### **AUSTIN**

Two Women's Wellness camps were conducted on 24th March and 13th October 2018 by the Austin Sathya Sai Center in conjunction with Volunteer Health Clinic in Austin, with the help of 4 Sathya Sai doctors from Austin.

#### **JASPER**

On 2nd June 2018, a medical camp was held in Jasper, Texas, in partnership with the Gulf Coast Health Center. Approximately 65 SSIO volunteers organised the camp for the benefit of about 125 individuals. In addition to routine physical examinations and health education, vision services, dental care and women's healthcare services were rendered. Volunteers also distributed bicycle helmets to children.

#### **GUYANA**

#### FIBROID AND UROLOGICAL SURGERY PROJECT

A Fibroid Project was initiated in 2013 to serve indigent women with a pressing need for fibroid surgeries in Guyana. Between 23rd February and 1st March 2019, a joint "Fibroid and Urological Surgery Project" was implemented at the New Amsterdam Hospital, Berbice with volunteers from the USA and Guyana. On the first day, the doctors screened over 60 patients and identified 22 patients for surgery. All 22 uterine fibroids surgeries were performed successfully. Preventive health education was given to the community on heart disease, hypertension, diabetes and women's health. Since 2013, a total of 146 uterine fibroid surgeries and 5 urology surgeries have been performed successfully.



#### **ZONE** MEXICO

**2A** 

#### **MEDICAL AND VETERINARY CAMPS**

23 medical camps were organised to serve the homeless and 364 patients received medical examinations and psychological services. Veterinary camps were also conducted, including sterilization services.

#### PERMANENT MEDICAL CLINICS

Two year-round permanent clinics served a total of 3,420 patients in the past year: one at the Sathya Sai Iztapalapa Community Center which functions five days a week; and the other at a doctor's office at the Sathya Sai Centre, Queretaro, which is open weekly.

#### **CONFERENCE ON HUMAN VALUES IN MEDICAL PRACTICE**

About 60 people attended a conference on Human Values in Medical Practice on 11th January 2019 at the National Medical Center, Siglo XXI, Mexico. The objective of the conference was to share the experience of applying human values in medical practices.



## 2B

#### **ARGENTINA**

Five permanent clinics served local communities on a monthly or bi-monthly basis. Each clinic treats an average of up to 30 patients monthly, and in San Marcos Sierra, more than 50 patients are seen every month. A total of 2,700 patients were served in these five clinics.

Six medical, dental and vision camps were held in Buenos Aires and Derqui to serve 325 patients. Veterinary camps were also held to serve 61 animals during the reporting period.

#### **BRAZIL**

Four medical camps were conducted to serve 777 patients in three states. In addition to nursing care and general consultations, services were also rendered in otolaryngology, infectious diseases, paediatric neurology, orthopaedics, gynaecology and psychology.

#### **PERU**

On 16th December 2018, a medical camp was held in Cerro San Francisco at Villa Maria del Triunfo, in the southern outskirts of Lima. The residents of this area were contacted one week in advance to determine their needs. Two dentists, three doctors and two psychologists provided services to 109 people and 152 packages of medicine were distributed. SSIO volunteers distributed food and clothes and provided lessons in human values to approximately 60 children.

#### **VENEZUELA**

A dental camp was held on 10th November 2018 at the Clinic Center in Baruta, Caracas for 16 patients where dental cleaning and extractions services were provided.

Four medical camps were conducted during this reporting period, serving a total of 290 patients.

O3

During this reporting period, 19 blood donation drives were held in Australia, Fiji and New Zealand and a total of 1,403 pints of blood were collected.

#### FIJI

#### **OUTREACH TO THE NEEDY**

The community in Lovu Seaside was adopted as part of the 95 Global Community Project of the SSIO, and comprises of Beteki, Seniyaya, Navoka, Nemasi settlements, inhabited by squatters. Following a preliminary study, two medical outreaches have been conducted in these communities to understand their healthcare needs. During the first outreach, 179 individuals received routine health screening, including women's healthcare and 16 cases were referred for follow-up.

#### **NEW ZEALAND-FIJI MEDICAL CAMPS**

During May 2018, 91 Sathya Sai healthcare professionals and volunteers from New Zealand and Fiji participated in medical camps in Sabeto, Ovalau, Koro Island and Gau Island over the five day period starting 20th May.

A total of 3,308 patients were seen at these five locations. Women's healthcare was coordinated by the Viseisei Health Centre team of the SSIO of Fiji. The vision team screened 993 patients and dispensed 1,159 eyeglasses.



#### **AUSTRALIA-FIJI MEDICAL CAMPS**

During August 2018, SSIO volunteers from Australia visited Vanua Levu and provided healthcare services in remote, rural communities in northern Fiji. The SSO of Fiji provided guidance, communicated with the Ministry of Health, organised conferences and participating in the camps. Medical services were delivered from 12th to 18th August 2018, with medical conferences at Vanua Levu and at Viti Levu. Over a four-day period, 1,159 patients were seen at the two venues. The surgical team performed four urological surgeries and 11 Cholecystectomies at the Labasa Hospital during 13th to 18th August 2018.

#### FIJI MEDICAL CAMP

SSIO volunteers held a medical camp at the Cautata Primary School on 25th August 2018. A total of 215 patients received 52 dental examinations and 112 eye examinations. In addition, volunteers provided 85 eyeglasses.



## ZONE

#### **NEPAL**

A total of 5,555 patients benefitted from 27 medical camps.

Four permanent Medical Clinics recorded 13,487 visits by patients. The clinics in Kathmandu and Naraynghat are open daily, while the clinic in Pokhara is open once a week, and a fourth is open monthly. Three Mobile Clinics served about 4,550 patients throughout the year.

A total of 1,508 volunteers donated blood at 40 blood donation camps.

#### **SRI LANKA**

A total of 4,912 patients were seen at 13 medical and vision camps.

Four permanent medical clinics recorded 3,114 visits by patients. A total of 273 volunteers donated 268 pints of blood at five blood donation camps. Two vision camps were conducted at Colombo and Jaffna. A total of 640 patients were screened for cataract and transported to and from the hospitals for cataract surgeries.

The Sathya Sai Suva Sevana Cancer Care Hospice was inaugurated on 6th July 2002, and 39 terminally ill patients were served during the past year.



ZONE 4B

A total of 51 medical camps were conducted, serving 14,368 patients.

Three Permanent Medical Clinics offered medical services to 11,004 patients, and one Mobile Clinic served 12,985 patients in various communities.

A total of 9,630 volunteers donated blood at 28 blood donation camps.

#### **INDONESIA**

The YAs in the region organised a medical camp after a 7.5 magnitude earthquake resulted in massive losses and injuries. From 28th October to 1st November 2018, SSIO volunteers served 66 patients and provided tent-to-tent medical care for 10 patients who were physically disabled.

#### **VIETNAM**

A medical and dental camp was set up in Lao Cai District from 13th to 15th September 2018 to serve the underprivileged rural population. Medical and dental services, along with advice on preventive care and health were provided. The camp was organised in collaboration with a local Non-Governmental Organisation and local authorities, serving 1,733 patients.



# ZONE 05

#### **JAPAN**

Japan held one blood donation camp in which 57 people donated blood.

#### **TAIWAN**

Three blood donation camps were held in Taiwan, in which blood was collected from 302 donors.

### ZONE

#### **KAZAKHSTAN**

<u>08</u>

An International Volunteer Camp was held during 1st to 7th July 2018 in the Sairam district of Kazakhstan. Many services were offered in healthcare, education and sociocare to the local underprivileged residents. A total of 187 volunteers from Kazakhstan, Russia, Uzbekistan, Kyrgyzstan, Ukraine, Moldova, Lithuania, Azerbaijan, UK, USA, Malaysia and Germany participated in this opportunity. The event was organised by 145 SSIO volunteers.

The medical team consisted of 80 volunteers, including 42 medical professionals. Doctors worked in three polyclinics while mobile teams visited 9 locations to serve local people. Healthcare services were provided to 4,736 patients and 950 eyeglasses were distributed. Additionally, professional medical advice and lectures were given to local doctors and healthcare personnel. Classes were given to the public on healthcare and spirituality in medicine.





**SONE 9A** 

During this reporting period, 6,925 patients were seen in medical camps, 23,227 patients were served at nine permanent medical and dental clinics in Botswana, Kenya, Madagascar and South Africa, and received 12,672 blood donations.

Two medical camps were held in Cameroon, serving 65 patients. Madagascar has one permanent clinic where 620 patients were seen. Two Vision camps were attended by more than 200 patients in Nigeria. A week-long surgical camp was conducted in Uganda, serving about 150 patients. A total of 22 donors gave blood at a blood donation camp in Zambia.

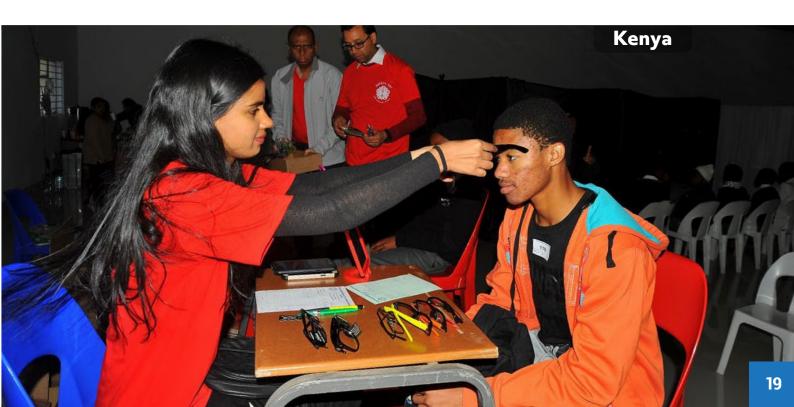
#### **BOTSWANA**

Botswana has one permanent clinic which operates every Sunday and served 3,655 patients. Additionally, a Sai Vision Camp was organised for the benefit of 529 patients. A total of 125 people donated blood at three blood donation camps.

#### **KENYA**

Kenya has one permanent clinic which operates six days a week and served about 12,600 patients. Additionally, nine medical camps were organised, and 2,179 patients were seen.

As part of the Sai Vision Project, free cataract surgeries are performed in collaboration with the Lions Medical Centre in Mombasa. A total of five Sai Vision Camps were conducted, where 1,242 patients were screened for



cataract surgery, of which 108 patients were subsequently operated on at the Lions Medical Centre.

#### **MALAWI**

A total of 110 volunteers donated blood at three blood donation camps, organised in partnership with the national blood transfusion service.

#### **MAURITIUS**

A total of 4,747 pints of blood were collected in multiple camps. The SSIO of Mauritius is recognised by the Ministry of Health as the highest blood donor organisation in Mauritius – it contributes more than 10% of the requirements for blood in Mauritius.

#### **MOROCCO**

On 8th December 2018, 421 patients were served at a medical camp that was part of the "95 Global Communities" project.

#### **SOUTH AFRICA**

The six permanent clinics in South Africa operate on a weekly or monthly basis, and served a total of 6,352 patients in this reporting period. Additionally, 3,381 patients were served at multiple medical camps held across the country, and 7,768 pints of blood were collected at multiple blood donation camps. A veterinary camp provided services to 96 animals.



ZONE

During this reporting period, 1,524 patients were seen in medical and vision camps and 594 volunteers donated blood. A mobile health awareness camp was also conducted.

#### **OMAN**

A number of Mobile Health Awareness camps were held in various locations, serving approximately 1,054 people in the form of medical services, eye vision services and blood donations.

## **IRELAND**

UK & A total of 461 people were seen at 4 health awareness camps conducted by the SSIO of UK in 2018 in partnership with the National Health Service (NHS) and other national charities. One camp was held in Brent on 22nd April 2018 and visited by 87 people while another camp was held on 28th July 2018 in Regent Park Practice to serve 41 people. A Health Awareness Day was held in Newham from 7th to 8th July 2018 and a total of 300 people were seen. A Health Awareness Clinic was held in Leicester on 28th October 2018, serving 33 homeless people.



#### SERVICES IN PRASANTHI NILAYAM

Healthcare professionals from overseas countries volunteered in Sri Sathya Sai Hospitals and in medical camps held in Prasanthi Nilayam. The SSIO coordinated Medical and Dental Rotations of international doctors and dentists in the Sri Sathya Sai General Hospital (SSSGH) and the Sri Sathya Sai Institute of Higher Medical Sciences (SSSIHMS) in Whitefield and Puttaparthi along with conducting Medical Camps in Prasanthi Nilayam.

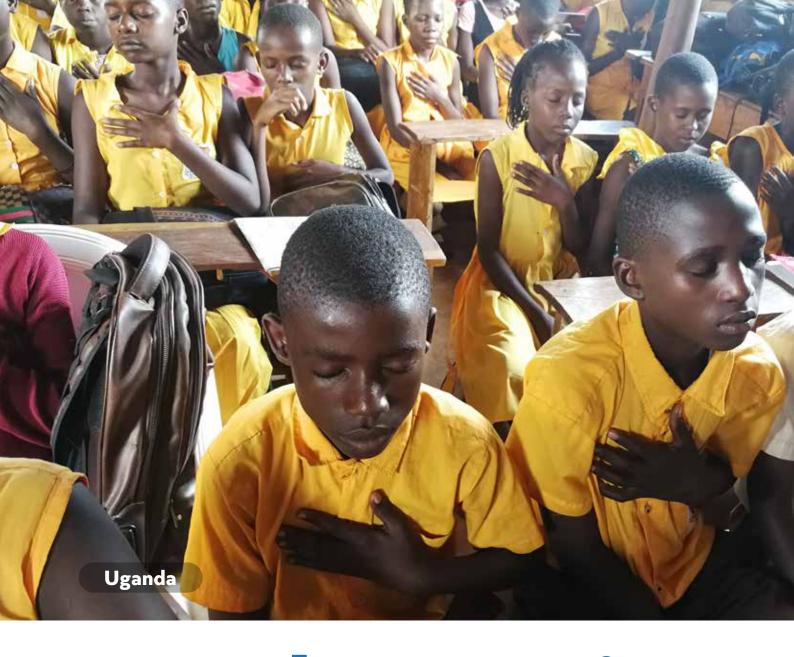
SSSGH Rotation, Puttaparthi: A total of 22 international dentists served at the Sathya Sai General Hospital alongside the General Hospital dentists during this reporting period. Thirteen international doctors worked alongside SSSGH doctors and saw 2,338 patients.

Medical Camps were held during 24th to 28th July and 18th to 25th November 2018 in Prasanthi Nilayam. Volunteers from Australia, Bahrain, Canada, Denmark, Dubai, Fiji, Germany, Holland, India, Malaysia, Nepal, New Zealand, Singapore, Sri Lanka, USA, UK, UAE, Slovenia, and South Africa served patients at these camps.

CAMP	<b>PATIENTS</b>	DOCTORS	<b>PARAMEDICS</b>	VOLUNTEERS
July	3,297	34	8	60
November	11,241	67	14	106
TOTAL	14,538	101	22	166







# Sathya Sai Education

Based on Sathya Sai Baba's philosophy and teachings, Sathya Sai Education gives equal importance to spirituality, human values, character, and educational achievements. There are 31 Institutes of Sathya Sai Education (ISSE) and 44 Sathya Sai Schools which conduct Sathya Sai Education in Human Values (SSEHV) programmes around the world. The Education Committee is working on accrediting all Sathya Sai Schools, a collaborative process that supports each school by acknowledging their good work and identifying areas requiring special attention.

#### ZONE

01

#### **USA**

The National Sai Spiritual Education Enrichment (SSE) programme, focused on teacher training and parent education, conducted weekly webinars with special guests addressing SSE teachers and parents. SSEHV training was held between 19th and 20th October 2018 at St. Croix, US Virgin Islands and included district-wide teacher training and a workshop for the Tuskegee Airman Youth group. A Human Values Festival held on 29th April 2018 was very well received by the community-at-large.

#### **CANADA**

SSE children from Canada performed a beautiful play titled 'Guarding Mother Earth - Answer to Global Crisis' at the 17th Parliament of World Religions conference in Toronto, which was held from 1st and 7th November 2018. The Canadian ISSE introduced a continuous delivery model for teacher training. The new curriculum included expectations/outcomes for knowledge, skills, and attitudes by grade/division. Additionally, Dynamic Value Parenting was offered at penitentiaries in Toronto and Saskatoon.

#### **WEST INDIES**

The ISSE in West Indies provided on-going assistance to five schools run by the SSIO, integrating human values into the curriculum, and providing teacher oversight. The ISSE also developed a new life skills programme for teens and YAs.



#### **ZONE** MEXICO

Dr. Narendranath Reddy, Chairman, SSIO, inaugurated a new building at the Sathya Sai School in Chihuahua on 19th January 2019. The two schools at Cuernavaca and Chihuahua were successfully accredited by the SSIO Education Committee.

#### HAITI

European Sathya Sai Education (ESSE) trainers from Europe conducted training sessions in SSEHV for the teachers and directors of three schools. The students of the school also participated in human values classes.

#### **GUATEMALA**

The Sathya Sai School of Guatemala was successfully accredited this year.

## ZONE

#### **ARGENTINA**

Every student in the Mahatma Gandhi Sathya Sai School secured a 'satisfactory' result in the nationwide examination held on 24th June 2018, which is a major achievement for the school. The ISSE in Argentina, under new leadership, began a new phase of operation, consolidating activities and integrating lessons learned from other Latin American institutes.



#### **BOLIVIA**

Having received positive feedback on the Latin America Inter-Institute SSEHV Diploma course, the ISSE in Bolivia extended the SSEHV teacher training programmes to Sucre, Santa Cruz de La Sierra, La Paz, and Cochabamba.

#### **BRAZIL**

The students at the Sathya Sai School in Ribeirão Preto presented a special art exhibition at the Museum of Art on 15th September 2018. The Sathya Sai School in Ribeirão Preto and Rio de Janeiro successfully completed their requirements for accreditation.

#### **ECUADOR**

Having been invited by the Education Ministry of Ecuador, the ISSE and Sathya Sai School administrators in Bahia de Caraquez introduced human values education across the country. The Sathya Sai School of Guyaquill and Bahia de Caraquez were successfully accredited.

#### **PARAGUAY**

A Sai Institute, established in Paraguay, is supporting the construction of new facilities at the Sathya Sai School of Paraguay.



#### **PERU**

Post the second International Forum on Excellence for Education in Human Values, the ISSE in Peru offered teacher training and other seminars for schools, especially in Lima and Cajamarca.

#### **VENEZUELA**

In partnership with public universities, the ISSE in Venezuela began providing SSEHV training programmes for their staff. Despite numerous challenges, the Sathya Sai School of Abejales and the ISSE have continued their impactful work with dedication and perseverance.



## O3

#### **AUSTRALIA**

A National Sai Conference was organised wherein leading international speakers communicated on the theme of 'Sathya Sai Education for a Changing World'. The SSE children participated in tree planting, and celebrations with the elderly at nursing homes and the church community. The New South Wales Sathya Sai community celebrated a 'SAI Human Values Carnival' on 28th October 2018.

#### FIJI

SSE teachers across Fiji completed a six-week online enrichment programme as part of the SSIO Online SSE programme from 18th January to 16th March 2019. Additionally, SSIO members attended a workshop on Palliative Care conducted by a SSIO member from Australia.

#### **NEW ZEALAND**

The ISSE in New Zealand presented SSEHV teaching techniques to assist teachers at the Mt. Roskill Kindergarten and New Zealand Primary School. Senior year students of De La Salle Catholic College, Rongomai Primary School and Sathya Sai Rongomai Preschool developed and launched a Big Brother Buddy programme, where they served as values education and life skills mentors for the younger students.





### **ZONE BHUTAN**

Three teachers conducted regular SSE classes for 29 students.

#### **MYANMAR**

Regular SSEHV classes were held in a private school weekly for children from 3rd to 8th grade. In addition, 39 teachers participated in two training programmes.

#### **NEPAL**

The ISSE in Nepal conducted SSEHV Teacher Training for 865 schoolteachers at four locations between 22nd and 23rd June 2018, two seven-day residential training programmes for 95 SSE teachers from 6th to 13th April and from 17th to 24th August 2018. Three two-day trainings were organised for 413 teachers during June and July 2018. The Institute also offered a nineday residential training programme for youth leadership development from 25th October to 3rd November 2018, workshops for senior bank officers on stress management on 15th June 2018 and workshops on self-management for 130 university students on 19th June 2018. Two Sathya Sai schools imparted values-based education to 640 students in Nepal.



### **SRILANKA**

The SSIO of Sri Lanka runs five pre-schools in the Mullaitivu District comprising a total of 75 students and 10 trained teachers. Over 500 students from schools across the country, including SSIO-adopted villages, received SSEHV training last year. In addition, 250 underprivileged school children from 33 schools in the Mullativu district attended SSEHV classes each month. Students from 270 schools participated in essay writing, poetry, art and story writing competitions in the Northern Region of Sri Lanka.

## 4B

### **THAILAND**

SSEHV classes were conducted at the Samakhee Songkraw School in Bangkok with 30 teachers and 450 students in conversational English. Three teachers conducted weekly SSEHV classes. Classes were also conducted at Good Shepherd's Sisters Home for over 40 students. The Sathya Sai School, with 362 students and 56 teachers, is self-sufficient, as it produces its own biodiesel, 6 tons of organic rice, and 40 tons of vegetables and fruits, annually. The students participate in farming, cleaning, cooking, and serving. The ISSE was recently renamed The Centre of International Sathya Sai Education.



### **INDONESIA**

The SSE programme has grown to include 544 students along with 165 teachers. Regular teacher training seminars were held to further develop their capabilities.

### **MALAYSIA**

The SSE and SSEHV programme of Malaysia involves 4,228 students along with 349 teachers. The new SSE/SSEHV teacher-training programme has trained 85 teachers. SSE students performed a musical drama 'Noble Mothers of the World' and a special event 'Celebration of Golden Mothers' honouring mothers from various Sathya Sai Centres.

### **PHILIPPINES**

Dr. Pal Dhall, Co-Chair, SSIO Education Committee inaugurated a new school building on 20th October 2018 at the Sathya Sai School of Pillilia. SSE students performed two plays based on human values. The students also took up a 'Ceiling on Desires' programme and planted trees as well as a vegetable garden.

### **SINGAPORE**

SSE in Singapore involves more than 525 students and 105 dedicated teachers. The Sathya Sai Kindergarten School has 115 students and 8 teachers. A Human Values Drama Festival organised on 11th July 2018 at a secondary school was attended by over 1,000 people.



### O5

### **ZONE** CAMBODIA

Ten students attended weekly SSE classes at the Sathya Sai Centre in Cambodia. Five teachers mentored the students in English as a second language.

### HONG KONG

On the second Saturday of each month, YA volunteers conduct English SSEHV classes for disadvantaged Chinese students in a Hong Kong primary school.

### **TAIWAN**

SSE students participated in 'Shoes for Africa' by Step 30 International Ministries on 12th May 2018. SSEHV students, volunteers, teachers, and families participated in an annual 5HV (5 Human Values) cultural programme on 30th June 2018 to celebrate the 22nd anniversary of SSEHV in Taiwan.

### JAPAN

The SSE Group III Sadhana Camp was held during 29th to 30th April 2018 with the theme 'What is dharma and what is not dharma?' The SSEHV Teacher Training Seminar was conducted from 21st to 24th March 2019 for 41 participants in Tokyo. A weekly supplementary class of Spanish and Japanese languages and SSEHV classes for children from Spanish-speaking countries was launched in Kanagawa prefecture in January 2019.



## Ohe Ohe

The ISSE South Europe provides training courses in most of the countries of Zone 6 on a regular basis. The courses help the participants deepen their knowledge of the principles of Sathya Sai Educare and translate them into action.

### **ITALY**

The ISSE team organised SSEHV courses for teachers in a few schools in Lombardy, Emilia Romagna and Lazio. The courses have been recognised by the Ministry of Education, University and Research.

### **ISRAEL**

Regular SSEHV Seminars were organised conveying the underlying message of unity of all religions and oneness of God.

### **SPAIN**

In March 2019, a SSEHV Seminar was organised at Camprodón. The Mayor of the city, who attended the entire event, expressed great satisfaction.

### **GREECE**

Regular public lectures on human values were organised by the SSIO of Greece and the ISSE SE. Human values camps for children were held at the end of the school year, focusing on the life and teachings of Sathya Sai Baba.



### **ZONE** GERMANY

<u>07</u>

The ESSE organised seminars for working professionals in healthcare, sociocare, management and education, applying human values at work and professional life. In the 'Value Theatre' SSEHV project, children enact various roles to learn about practising human values. Refugees at a childcare centre benefitted immensely from regular SSEHV lessons promoting peace and co-existence.

### **HUNGARY**

Seminars on the core tenets of Sathya Sai Education were held. Participants in the SSEHV project 'Value Preserving Family Camp and Education Programme' came together to renovate a farmhouse of a needy family.

### **LATVIA**

Children with their families participated in an Earth Day Project on 20th April 2018 with the theme 'Learn a Lesson from Nature'.

### LITHUANIA

Ongoing self-awareness courses helped participants delve deep into the spiritual aspects of 'Knowing Oneself'. Every two weeks, children from the local community participated in SSEHV classes.

### **NETHERLANDS**

The SSEHV 'Heart for Each Other Club', an after-school project for children aged 6 to 9 years, held regular sessions. Regular SSEHV classes were also conducted for children and their parents.



### **POLAND**

'Studio Education through Theatre' is an ongoing SSEHV project with activities involving five groups of children and parents focused on human values education.

**08** 

Around 50 participants attended several seminars at the ESSE Campus and certificates were awarded to graduating students at the concluding session.

Human values classes and workshops on creativity were conducted for children in Grades 3-10 at the International Volunteer Camp held between 25th June and 6th July 2018. Additionally, motivational films on prevention of bad habits and promoting a healthy lifestyle were screened for teenagers.

### **RUSSIA**

In early May 2018, a three-day conference explored Sri Sathya Sai Baba's universal tenet: Service to society is the most sacred task. Participants shared about their experiences in rendering service with more than 130 SSIO members from Russia, Azerbaijan, Belarus, Kazakhstan, Kyrgyzstan, Moldova and Ukraine.

The positive impact of SSEHV classes on 10 and 11-year old children encouraged the principal of a local school to extend the SSEHV classes to the



entire school. The Ministry of Education and Science of the Republic of Dagestan and the Dagestan Institute for Education Development awarded a Certificate of Appreciation to Ms. Yulia Semendueva, a SSEHV School Teacher, for her contribution to education. SSEHV master classes were conducted online for over 200 schools in the Republic of Dagestan as part of the 'Teacher of the Year' club.

### **KAZAKHSTAN**

The ESSE Institute conducted an ongoing seminar series on self-knowledge at the National Bobek Centre, Almaty, Kazakhstan, which was attended by 400 people.

9A

To meet the growing demands from 20 countries and 12 Sathya Sai Schools in Africa, the SSIO is working to establish local leadership through SSEHV trained facilitators and establish new ISSEs to handle the rapidly growing needs.

### **BENIN**

The SSIO of Benin adopted a SSEHV partnership school in Abomey. More than 130 teachers attended a SSEHV Introductory Certificate training.



### **GABON**

SSEHV was implemented at a Children's Home in Libreville.

### **GHANA**

SSE students of Ghana presented special poems at the Desi Mela in November 2018 on the theme of unity in diversity of various faiths and festivals of India.

### **KENYA**

Dr. Narendranath Reddy, Chairman, SSIO, inaugurated the new secondary school at the Sathya Sai School of Kisaju on 14th July 2018. The Kisaju School was also accredited in 2018. The Sathya Sai School in Uthiru in Nairobi has received commendations from the Education Ministry in 2017 and 2018 for maintaining consistently high achievement of its students.

### **MAURITIUS**

The Sathya Sai School in Vacoas, Mauritius, continued on its path to excellence. A newly constructed ISSE was launched in Mauritius.

### **MOROCCO**

The SSIO in Morocco developed an active community project with the Tamazouzt SSEHV partnership school in Marrakech as the focal point.



### **NIGERIA**

The Sathya Sai School in Nigeria hosted its first Walk for Values programme and Athletics Meet on 13th March 2019.

### SOUTH AFRICA

The ISSE in South Africa launched a blended version of the SSEHV Introductory Certificate Course for teachers and others. Specialised SSEHV workshops offered to YAs and healthcare workers have become popular. The three Sathya Sai Schools have been accredited by the Government (Umalusi) and the SSIO. All schools are 'going green' by using LED lighting, recycling water, setting up vegetable gardens, planting trees and installing solar panels. The SSIO of South Africa facilitated the SSEHV/Tuition Programme for children from underprivileged settlements around the country.

### **TANZANIA**

SSEHV Teacher training has taken off well amongst local teachers. Sathya Sai volunteers continued to serve the children at the Blind School.

### **UGANDA**

The SSIO has made efforts to foster the relationship with two adopted schools in Kampala. The Kampala teachers attended follow-up training and were awarded certificates.



## 9B

Weekly SSE classes are conducted across the zone in the countries of UAE (Dubai, Abu Dhabi, and Sharjah), Oman, Kuwait, Bahrain, and the Kingdom of Saudi Arabia. SSE children from Saudi Arabia and Bahrain contributed inspiring poems, stories, and drawings for an e-magazine, 'Inspiring Hearts'.

### **ABU DHABI**

Group III students shared their experiences at their graduation ceremony on 1st June 2018. A video showcasing their development and growth during their SSE journey was shared at the celebration. A well-attended Annual Sports Day was held at Bright Riders School, Mussaffah on 8th February 2019.

### **BAHRAIN**

SSE children participated in the Annual Gratitude Ceremony for graduating students on 6th May 2018. Easwaramma Day was observed with a prayer for all mothers.

### **KUWAIT**

The SSE programme organised a Sadhana Camp between 13th and 14th April 2018 for Group II and III students focused on spiritual growth through integration of human values in their daily life. Human Values classes were introduced at the Indian Community School, Kuwait, as part of their Summer



Camp during the Ramadan Festival. SSE children and teachers participated in the Beach Cleaning Campaign organised by the Oula Fuel Marketing Company and Environment Public Authority. Doctors of Indian origin and Yoga instructors organised a two-day Wellness Camp from 22nd to 29th March 2019 for SSE children.

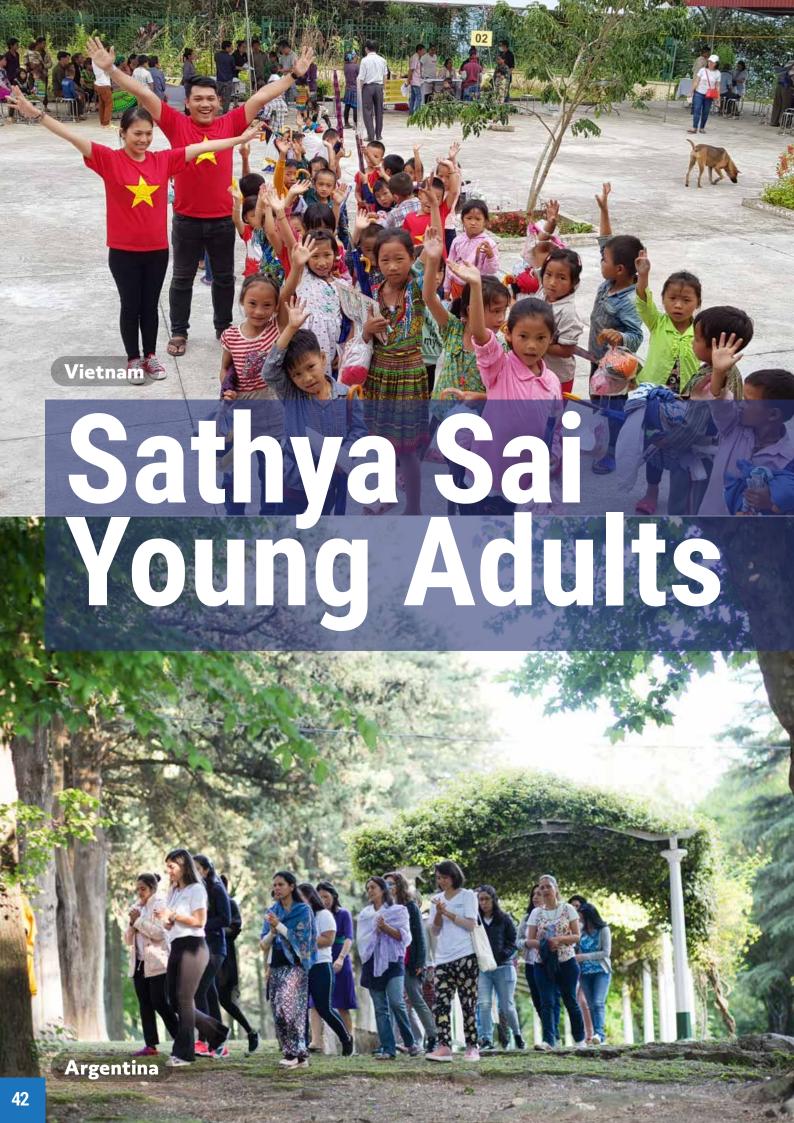
### **OMAN**

SSE Teachers conducted a special workshop for Group III students, titled 'Exam is dear to me and not a fear for me' which provided important tips on preparation for examinations. The Dynamic value parenting programme was launched – the first module was conducted for SSE parents.

"In my view the cultivation of human values alone is education. Whoever tries to understand the human values of Truth, Righteous Conduct, Peace, Love, and Non-violence properly, who practises these values and propagates them with zeal and sincerity can alone be described as a truly educated person."

-Sathya Sai Baba, 9th March 1986





The Sathya Sai Young Adults (YA) programme encourages young men and women around the world to lead purposeful lives by learning and practising Sathya Sai Baba's teachings. The YAs are an integral part of the SSIO and lovingly participate in the work of the Organisation.

Nine International Young Adults subcommittees encourage and inspire the YAs to progress on their spiritual journey. Some of the subcommittees are outlined below:

### SERVE THE PLANET (STP)

The STP initiative was developed in 2013 to commemorate Avatar Declaration Day on 20th October. While the initiative focused on practising Sathya Sai Baba's message of 'Ceiling on Desires', the theme 'Protect the Planet – Conservation of Energy' was adopted for 2018. The team created greater awareness of this topic through study circle guides, presentations, infographics, posters and social media campaigns.

Over 700 children from across the globe enthusiastically participated in the inaugural STP Sai Spiritual Education initiative – H.E.L.P: 'Heal the Environment – Love the Planet'. Their contributions were displayed at the very first Go Green Conference in Prasanthi Nilayam in July 2018. At the conference, a global environmental project to help reduce electronic waste (e-waste) from mobile phones was also launched.

### LOVE ALL SERVE ALL (LASA)

The LASA team aims to transcend the barriers of religion, language, caste, and race by igniting the flame of unity and humanity through the medium of music. YAs endeavour to disseminate the message of human values to all corners of the world through melodious music.

### SADHANA OF LOVE (SOL)

The SOL subcommittee spreads the message of universal love, based on Sathya Sai Baba's four steps to Self-realisation and Salf-realisation and Salf-realisat

tion namely Self-confidence, Self-satisfaction, self-sacrifice, and Self-realisation through various initiatives.

The 'Living in Love' programme is designed to help YAs focus on their spiritual transformation through the practical understanding of the four steps to Self-realisation. The programme, comprising of nine modules, emphasises the application of spiritual knowledge in daily life.

### **INSAIGHTS**

The former Young Adults Talent Development team hosted INSA GHTS over 10 sessions of online courses to motivate the YAs globally. The topics included, 'Discovering Intuition: Journey to self-discovery', 'From Stressed to Blessed', 'Decision Making in Uncertainty', to name a few.

### SATHYA SAI INTERNATIONAL LEADERSHIP PROGRAMME (SSILP) FOR YOUNG ADULTS

Based on Sathya Sai Baba's teachings on leadership, the SSILP was developed to provide standardised leadership training to YAs globally. The course covers foundational knowledge and its practical application in society, through nine modules delivered across six online instructor-led sessions, and three residential sessions at Prasanthi Nilayam. More than 1,300 YAs have graduated from the SSILP and are now taking leading roles within the SSIO and helping with various important initiatives locally and globally.

### YOUNG ADULTS MEDIA TEAM

The YA Media Team is the hub for outreach, promoting subcommittee initiatives. The team uses social media platforms – Facebook, Instagram, and Twitter as @saiyoungadults to share Sathya Sai Baba's teachings and the work of YAs worldwide to inspire through graphics, videos and text. The team also creates a monthly video called 'Sai Lens', which highlights inspiring YA activities as part of the SSIO. The YA Editorial Team supports the Sai YA programme, including the various subcommittees, with editorial and communication tasks.

To learn more about Young Adults activities, visit http://sathyasai.org/ya

ZONE 01

YAs from Canada, Guyana, Suriname, Trinidad & Tobago, and USA distributed food and care kits to the needy, tutored children, conducted free medical screenings, visited detention centres, led STP and other Go Green activities, conducted anti-bullying campaigns, organised a beach day for the disabled, conducted blood drives, organised winter coat drives, and sang carols at senior nursing homes.

YAs from Canada played key roles in the SSIO's participation at the Parliament of World Religions in Toronto in November 2018. A college, university, and career fair were held in Toronto, Canada, to assist SSE Group 4 students in their transition from high school.

YAs across the Zone led several inter-faith activities including a 9/11 multifaith picnic in Palo Alto, USA, and a Peace Day interfaith programme in Winnipeg, Canada.



ZONE 2A

YAs organised a monthly service in the community of 'El Tizate', Zapopan Jalisco, Mexico, to support the community and provided consultations, medicines, haircuts, and human values classes for children, and even fed the street dogs. This service has been regularly conducted for more than a year.

In Mexico City, YAs organised a national project to assist the graduates from the SSILP to develop and execute their post-programme activity.

In the Dominican Republic, YAs of Cotuí Community perform regular services at the nursery home of 'America Esperanza', where they spend quality time with elders, share food and sing songs, making the seniors happy.

During Christmas, YAs from Panama conducted a special service for 200 people at Ciri Grande community (a three hour drive from Panama City), where they sang, played games, and cooked vegetarian food for the indigent community. The YAs also distributed baby bags and baby baskets for new mothers at the Santo Thomas Hospital.

2B

Over 150 YAs from 10 countries attended the Latin American Festival for Sathya Sai Young Adults 2018 held in Cardoba, Argentina.

In Venezuela, Brazil, Peru, Chile, and Argentina, YAs lovingly served at nursing homes and shelters, where they distributed gifts, clothes, and toys. They also shared moments of love and joy with the residents.

YAs in most South American countries were involved in STP initiatives. They conducted study circles, workshops, and raised environmental awareness at Sathya Sai Centres, schools, and public venues.

YAs organised SSEHV lessons in Uruguay, Paraguay, Peru, Chile, and Argentina for more than 300 children, adolescents, and homeless people, thus awakening human values in their hearts through meditation, stories, songs, plays, and motivational activities.

YAs from Colombia held their first camp titled, 'Young life in the Sai style' at Prema Sathya Sai School in Santander.



ONE ONE

In Australia, YAs actively participated in the National Blood Donation drive and initiated a National Young Adults Literature programme aptly titled 'Drop Everything and Read Sai' (D.E.A.R Sai) - delving into 'Summer Showers in Brindavan, 1990' and 'Sathyam Shivam Sundaram, Vol 1'.

90 YAs came together in Prasanthi Nilayam for their National Pilgrimage to learn more about Sathya Sai Baba's life and teachings.

Over 250 YAs from Australia, Fiji, Singapore, South Africa, and New Zealand attended the Young Adults Festival in Hamilton, New Zealand. The event covered a wide range of programmes.

YAs wholeheartedly practised 'Love All Serve All' after a horrible terrorist incident in Christchurch, New Zealand took many lives. A special 'Unity of Faiths' programme was held in honour of the victims, where key members from each faith group shared the message of solidarity, hope and love.

In Fiji, the YAs held a three-day retreat during their national sports and wellness weekend, which focused on empowering YAs in strengthening their efforts and commitment towards the environment and joining the fight against climate change.



YAs of Nepal participated in the Sri Sathya Sai Community Drinking Water Project. They dug out channels, transported and laid out pipes to supply water to the Shyangme village.

The Institute of Sri Sathya Sai Education in Nepal organised a 9-day residential programme called Sri Sathya Sai Leadership Development Programme for YAs from Nepal. The graduation ceremony featured a wonderful musical performance.

More than 350 YAs attended the National YA Conference in Sri Lanka. YAs from west Sri Lanka visited a leprosy home on Valentine's Day and offered hand-made greeting cards and sweets to the residents.



4B

YAs were engaged in elderly care, animal service, serving the underprivileged, medicare, conducting sessions in local communities, Honouring Our Parents Everyday (HOPE) programme and health education.

Indonesia responded with a national initiative, when earthquakes and a tsunami struck a few cities. YAs supported the Sai Rescue Team, built housing complexes as well as temporary shelters, and organised medical camps. At a medical camp in Lombok City, they distributed supplies, and provided trauma relief counselling, health education talks, and human values classes.

As a follow-up to the natural disaster in Indonesia, the Malaysian YAs organised Disaster Management training, to be better prepared to face natural calamities.

Sadhana camps, leadership retreats, and National/Regional YA camps were held in Malaysia and Indonesia during 2018.

O5

In Hong Kong, YAs served food to the homeless, organised study circles and conducted 'Educare' English lessons at a local Chinese primary school. They also conducted an annual Christmas fun fair for the residents of a home for mentally challenged adults. Additionally, YAs also participated in the Go Green Fun Fair titled 'Let's Green It Up'.

YAs conducted monthly study circles in Japan and a SSILP graduate launched weekly Spanish-Japanese SSEHV classes.

In Taiwan, the YAs visited several local libraries to clean bookshelves and rearrange books, volunteered at a blood donation drive, and assisted students with creating 'Peace Day' posters. As part of the STP initiative, YAs participated in a beach clean-up effort and organised a 'Walk for Values'.



OG OF

YAs in Israel joined hands with another group and served food to the poor at Lassova Restaurant in Tel Aviv. Every second week, they spent a day working with refugee children and their families at day care and after-school centres for children.

In Athens, Greece, the YAs organised artistic activities to engage children suffering from mental and physical disabilities in a recovery house. A similar programme is also conducted once a month in a home for elders in Athens.

YAs from Slovenia focused on artistic endeavours at the Ljubljana Sathya Sai Centre.

In France, YAs cleaned up the Parisian riverbank as part of the STP initiative, in addition to providing various services to homeless people.

In Bosnia, YAs organised a public outreach event focused on truth and righteousness, which featured a musical event. The YAs also translated Sathya Sai literature from English to local languages.

YAs from Spain organised a blood donation drive in the region of Malaga.

The second European Sai Young Adults Camp was held at Sai Prema in Athens, Greece in August 2018, where YAs from across Europe, UK, and Russia participated in enriching activities and a musical offering.



ZONE 07

Dutch YAs visited a mosque, to gain an understanding about Islamic faith, and participated in national Eid celebrations wherein traditional food was prepared for all attendees.

German YAs celebrated Pentecost by focusing on the descending Holy Spirit upon the followers of Jesus Christ and actively participated in various workshops.

Hungarian YAs organised interactive workshops at the national meeting on the topic 'Unity of Faiths'. They also visited a facility for the elderly and mentally challenged, where they entertained the residents with music, songs and poems.

YAs from Czech Republic supported the government by planting trees over two sessions.

During Christmas, the Latvian YAs participated in their annual service to a women's night shelter where they prepared and distributed packages of sweets to the residents.

In Poland, YAs supported a local initiative by preparing 10 litres of traditional soup, which was distributed to the needy to give them comfort during the bitter cold winter.



08

In Kazakhstan, YAs worked as translators in an International Volunteer Camp. Activities included education, healthcare, humanitarian aid and public service.

Following the Go Green Conference, YAs from Zone 8 engaged in STP activities including, study circles, tree planting, forest and coastal area clean-ups, and lessons for children. A conference was organised by the YAs for teenagers on the theme 'Green Planet is our Home', which included presentations on practical tips, creative workshops and a concert.

In addition, yearly YA conferences and hikes are organised. They also serve at animal shelters and conduct health awareness projects in schools.



**SONE 9A** 

In Mauritius, YAs organised a multifaith programme titled 'Garland of Devotional Songs at the Divine Lotus Feet'.

As part of the STP, YAs led a workshop on energy conservation and sustainability. They also conducted beach and river clean-ups.

YAs organised a fun day and conducted value-based games as part of SSEHV class for children from an adopted village – Bambous. The YAs also visited old age homes.

South African YAs celebrated National Youth Day and organised beach clean-ups, 'Walk for Values', and fed the homeless.

YAs from Western Cape gathered together for a weekend of spiritual upliftment at a camp known as 'Lets Camp' with the theme 'God and I'. They are currently participating in a 4-module programme titled 'Mastermind' aimed at creating peace and lasting happiness.

YAs in Ghana conducted a service activity for 30 children and visitors at an orthopaedic centre in Nsawam and gave SSEHV lessons to the children.



## 9B

YAs in the Middle East countries distribute food to the needy on a regular basis. Each month, YAs from Abu Dhabi (U.A.E.) distribute home-cooked food packets to more than 500 low-income workers.

YAs from Dubai and Abu Dhabi (U.A.E) organised the Annual Sai Sports Day in their respective cities, which was attended by more than 300 people including SSE children and parents who joyfully participated in various activities.

In Oman, a workshop on Health and Hygiene was organised for 40 SSE children.

A spiritual retreat on the theme 'Unity is Divinity' was held in Abu Dhabi. YAs participated in activities to improve team dynamics and concluded with a devotional music session.

Several study circles based on the study guides by STP subcommittee were conducted throughout the year. YAs from Bahrain participated in cleaning a local beach.



### UK & IRELAND

YAs participated in various spiritual, educational, and service activities in the community. Easter celebrations saw over 1,000 Easter eggs collected in the spirit of 'Ceiling on Desires' and delivered to patients in hospitals across the UK.

YAs volunteered at the annual 'Diwali in London' celebrations along with other faith-based groups and charities to ensure a successful event. YAs prepared a video presentation based on Sathya Sai Baba's teachings, which was shown to about 35,000 people at the event.

YAs donated items to charities and distributed Christmas hampers to patients in a hospital as part of Christmas service.

YAs contributed towards the 'National Bundles of Joy' initiative by helping to make nappies, clothes as well as blankets and distributed 108 of these baby packs to mothers of new-born babies at the Sri Sathya Sai General Hospital in Puttaparthi.





## Awards and Honours

### **AWARDS & HONOURS**

### **AUSTRALIA**

The SSIO of Australia received the 2018 IRT (Integrity Respect Trust Foundation) Volunteer of the Year ACT award during National Volunteer Week, 21st to 27th May 2018, for services to the elderly and the community.

The SSIO of Australia was recognised for its help to the National Breast Cancer Foundation as the largest supporting organisation in various states on 13th May 2018.

A certificate of appreciation was presented to the SSIO of Australia for bringing joy to 300 seniors by hosting a multicultural Christmas celebration on 15th December 2018.

# 2018 Volunteer of the Year ACT Winner Sathya Sai International Organisation of Australia RT Group (SO Patrick Red) RE Group (SO Patrick Red)

### **COLOMBIA**

On 28th November 2018, the Sathya Sai Human Values School in Funza was awarded the highly acclaimed "Country Builders in Educational Environments" prize by a national newspaper.

### **GHANA**

Letters of Appreciation were presented to the SSIO of Ghana on 10th March 2018 by the Remand Home for rendering selfless service.

### **GUYANA**

On 1st March 2019, the Ministry of Public Health, the Government of Guyana issued a letter of appreciation

to the SSIO for surgical services to female patients with uterine fibroids.

### **MAURITIUS**

The SSIO of Mauritius received an award as the highest blood donor in the country.

### **NEPAL**

The Blood Donors Association of Nepal presented a Running Shield Award to SSIO for the fifth year in a row, for the highest amount of blood donations.



### **AWARDS & HONOURS**







### **OMAN**

The Sultan Bin Morshed School presented the SSIO of Oman with a certificate of appreciation for presenting information on human values to teachers and students on 10th April 2018.

The SSIO of Oman received a certificate of appreciation from the Ministry of Education, Sultanate of Oman for conducting workshops on effective communication during the Senior English Teachers and Inspectors Meet (SETIM) on 7th October 2018.

### **RUSSIA**

The administrative body of Social and Rehabilitation Centre for Minors in Revdinsky District presented a Letter of Gratitude to the SSIO of Russia for assisting in organising leisure activities and livelihood for abandoned children.

The Gerontological Center of Perm presented a letter of gratitude to the SSIO for active participation in charitable programs.

The Akim of the Sairam region presented a certificate of honour to the SSIO in Kazakhstan in honour of the Day of the Capital City of Kazakhstan.

### **SOUTH AFRICA**

The SSIO of South Africa received a certificate as the highest blood donor in the area of Kempton Park on 10th March 2019.

### **AWARDS & HONOURS**





### **USA**

The Sathya Sai Centre of Central San Jose in California received the 2018 Mayor's Award of Excellence on 27th November 2018 for serving food to the needy.

The City of Huntington Park in California presented a certificate of recognition to the SSIO on 21st August 2018 for organising a medical camp on 8th July 2018, supporting local schools and providing food for the destitute.

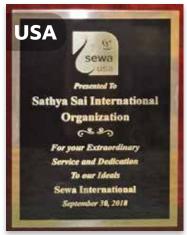
For the second year in a row, the SSIO was recognised with the SEWA International Organisation Award in Texas on 30th September 2018 for rendering extraordinary service with dedication in the aftermath of Hurricane Harvey.

The Harris County Municipal Utility District (MUD) 148 in Houston, Texas presented a plaque to SSIO volunteers in appreciation for services rendered to the victims of Hurricane Harvey.

On 3rd June 2018, the Gulf Coast Health Centre in Texas presented the SSIO with a plaque for loving healthcare services.

The Mayor of the City of Plano, Texas presented an award of appreciation to the SSIO for community service rendered during the first responders outreach event.







## Zone 1

### HIGHLIGHTS | ZONE 1

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Aruba	1	37			
Barbados	1	38	15		
Canada	51	6,531	1,814	1	1
Curaçao	1	13			
Guyana	14	459	67		
Jamaica	2	33	21		
St. Kitts	1	22			
St. Lucia	1	18			
St. Martin	1	27	5		
Suriname	3	156	10		
Trinidad & Tobago	41	1,420	221	1	5
USA/Virgin Islands	207	12,737	3,187	1	
TOTAL	324	21,491	5,340	3	6



### **ZONE 1 | COUNTRY HIGHLIGHTS**



### **Barbados**

SSE children and YAs lovingly prepared 36 care packets containing soap, toothpaste, lotions, and towels, for the residents of the Geriatric Hospital in Bridgetown. On 2nd February 2019, the volunteers also spent the afternoon with the elders, distributing the packets, and singing songs and hymns.



### Canada

Continuing a two-decade long partnership, nine SSIO volunteers from the Sathya Sai Centre of Coquitlam lovingly served a hearty meal at the Powell Street Getaway – a mental health and substance abuse resource centre that houses nearly 200 homeless, needy and under-privileged persons.

Volunteers from Calgary's Sathya Sai Centre have been regularly serving the needy in their community. On the third Saturday of each month, volunteers cook and serve lunch to nearly a thousand homeless people at the Calgary Drop-In Centre. Additionally, on the first Saturday of each month, eight to ten SSIO volunteers cook and serve dinner to about 50 guests at the Ronald MacDonald House which is a charitable organisation that accommodates relatives of children undergoing treatment for serious ailments at local hospitals.



### **COUNTRY HIGHLIGHTS | ZONE 1**

Embracing the SSIO's *Go Green* sentiment, 20 volunteers, including 17 members of the Sathya Sai Centre of Toronto-York, helped clean up Milliken Park.

Every week, SSIO volunteers at the Sathya Sai Centre of Winnipeg pack and distribute essential items such as milk, baby food, hygiene items, canned food, biscuits, fruits, vegetables, and bread to more than 60 of their community's most in-need. Every month, volunteers also cook and serve a warm meal at the Siloam Mission to around 400 underprivileged people.

SSIO members in Saskatoon joined over 400 participants from the local community in the Walk for Reconciliation, as part of celebrations of Indigenous Peoples' Day on 21st June 2018.

On 5th May 2018, 25 YAs from the Sathya Sai Centre of Cooksville organised its 10th annual *Amazing Grace World Cup of Human Values* to commemorate Easwaramma Day. The participants were divided into eight groups, representing different countries, and participated in a series of enthralling, value-based activities, organised by the YAs. In keeping with the SSIO's *Go Green* initiatives, the children also took time to present facts and innovative solutions to environmental problems.

The 7th Parliament of the World's Religions convened in Toronto from 1st to 7th November 2018. Created to cultivate harmony among the world's religious and



### **ZONE 1 | COUNTRY HIGHLIGHTS**

spiritual communities, this diverse interfaith gathering brought together delegates from more than 80 nations and 200 unique spiritual traditions. The SSIO presented an informative booth at the event to showcase its international service and humanitarian programmes. The SSIO also organised an interfaith panel-discussion titled "Strengthening Interfaith Dialogue for Peace-Building" on 2nd November, led by Dr. Narendranath Reddy, Chairman of the SSIO.



### Curação

Nine volunteers from the Sathya Sai Centre of Curaçao lovingly prepared and served hot meals and distributed gifts to 15 senior residents at the Fundashon Kas Emmanuel, a geriatric home, on 2nd March 2019. They also donated a large washing machine to the home.



### Guyana

The Prema Nilayam Sathya Sai Centre, in Georgetown, celebrated Ladies Day by serving meals to 55 needy people. Later, the ladies led devotional singing and a study circle that delved into the discourses of Sathya Sai Baba.



## **COUNTRY HIGHLIGHTS | ZONE 1**

Between 23rd February and 2nd March 2019, an international team of SSIO doctors and specialists performed 22 surgeries and screened over 60 patients for uterine fibroids. Supported by the Government of Guyana and the Minister of Public Health, over 140 uterine and 5 urology surgeries have been completed as part of this project since 2013. The doctors also donated medical supplies to the local hospital and tended to other patients.



#### Suriname

SSIO volunteers in Suriname celebrated the festive season of Christmas with several service projects around the country. On 19th December 2018, six volunteers visited the Stichting Dierenbescherming Animal Shelter to prepare food as well as wash and shampoo the 30 cats and 70 dogs housed at the facility. On Christmas Day, seven SSIO volunteers visited a children's hospital in Academisch Ziekenhuis and spent the afternoon singing Christmas carols and playing with the young children.

SSIO volunteers served 17 needy families on 12th February 2019 by going door-to-door and distributing food and hygiene care packets containing staple foods and essential care products to the grateful families.



## **ZONE 1 | COUNTRY HIGHLIGHTS**



#### **Trinidad and Tobago**

On 14th October 2018, 175 enthusiastic participants from various faiths attended *Envirofest*, a special event promoting environmental awareness and nature conservation, organised by the Sathya Sai Centre of Trinidad and Tobago. The event highlighted the importance of preserving, protecting, and respecting Mother Earth, and included events like gardening, arts and crafts, environmental conservation talks, and devotional singing.

SSIO volunteers in Trinidad and Tobago organised a National Interfaith Programme on 20th January 2019 at Sai Nilayam. Representatives from three faiths – Islam, Christianity and Hinduism spoke on the theme of unity. Amongst the eloquent talks, the sentiment of "Love All Serve All" transcended perceived religious divisions.

On 24th March 2019, the Ladies Wing of the SSIO of Trinidad launched its first-ever women's support group – Strengthening the Bond of Sisterhood. This momentous occasion was attended by over 50 women, who heard inspiring stories from a veteran teacher of 30 years who overcame breast cancer 20 years ago – she is a founder of a women's self-help group which has organised various courses for women.



## **COUNTRY HIGHLIGHTS | ZONE 1**



#### **USA**

The Cincinnati-Dayton Sathya Sai Centre organised a Human Values Fest on 29th April 2018. About 100 people, including local community leaders, participated in the festivities, which included creative arts workshops, inspiring speakers and a hip-hop performance by artist Nimo and the band, *Empty Hands*. The highlight of the day was a wonderful poster presentation by children that focused on what they had learnt during a 30-day Human Value Practice Challenge held before the festival.

The St. Louis County Pet Adoption Center in Olivette, Missouri, home to more than 75 homeless animals, was the centre of attention of SSIO volunteers from the states of Illinois, Kansas, Kentucky, Missouri, Mississippi and Tennessee between 25th and 27th May 2018. SSE children made toys and posters for cats and dogs, while other volunteers brought in food, blankets, beds, colourful leashes and collars and yet more toys for cats and dogs. The adults and children also launched a Walk for the Animals and the Planet, carrying posters and banners, wearing T-Shirts with logos and some wearing animal masks.



## **ZONE 1 | COUNTRY HIGHLIGHTS**

YAs of Northern California organised a fun-filled educational carnival on 22nd September 2018 for the students of Southgate Elementary School, located in an under-served area of Northern California. The carnival was a kick-off for the weekly 2018-2019 Math Academy, a math tutoring programme offered by about 20 SSIO volunteers for about 100 children from third to sixth grades.

On 29th September 2018, SSIO volunteers in Dallas, Texas took time to honour their local heroes, including police officers, firefighters, the Salvation Army personnel and other first responders with the first Service, Awareness and Integration (S.A.I) community festival.

Hurricane Michael, a Category 5 hurricane, was the third most intense storm to strike the coast of Florida and made landfall on 10th October 2018. It inflicted severe devastation in several areas. In response, SSIO members from around the USA sent much needed relief supplies to the Sathya Sai Centre in Tallahassee, Florida. Within 10 days, there were enough supplies to send three vanloads of relief material to the hardest hit areas.

Over the last few years, the USA has witnessed several tragedies, such as deadly mass shootings and terrorist attacks. To help communities heal and



## **COUNTRY HIGHLIGHTS | ZONE 1**

to honour the memory of the victims, SSIO volunteers joined an interfaith musical ceremony on 2nd December 2018 in Pittsburgh, where the YAs presented two devotional songs in Sanskrit and English in memory of the victims of the attack at the *Tree of Life* Synagogue.

Every month, SSIO volunteers, including many YAs and SSE students visit the Manor Care Health Home in Denver, Colorado to spend time with the residents, filling their days with joy. For their visit in February 2019, fifteen volunteers celebrated Valentine's Day with the residents, offering love-themed cards and gift boxes.





# Zone 2A

## HIGHLIGHTS | ZONE 2A

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Costa Rica	1	15			
Cuba	5	98			
Dominican Republic	7	188	16	1	1
El Salvador	9	87		1	
Guadeloupe	1	10		1	
Guatemala	5	102	4		1
Haiti	2	90			
Honduras	1	7			
Mexico	39	494	293	1	2
Nicaragua	1	5			
Panama	3	64	45		
Puerto Rico	2	23	5	1	
TOTAL	76	1,183	363	5	4



## **ZONE 2A | COUNTRY HIGHLIGHTS**



#### **Dominican Republic**

On 17th February 2019, Young Adults (YAs) in the Dominican Republic visited the 'Club de Leones' Senior Home, where they spent quality time and shared breakfast with 50 residents. The residents in turn regaled the YAs with their life experiences. Subsequently, the YAs visited a local hospital called 'Villa Las Mata', where they shared lunch with 25 relatives of the patients.



#### **El Salvador**

Over the past 25 years, 20 volunteers from Sathya Sai Centres across San Salvador, have served food to more than 150 underprivileged people each week. Similarly, over the past five years, volunteers in El Amatal and La Libertad served breakfast and distributed clothing and hygiene items every month to 35 residents at the Santo Hermano Pedro de Betancur home for seniors.

On 9th June 2018, the Sathya Sai Institute of Human Values presented a workshop for 48 public school teachers in Ciudad Delgado. Recognising that gatherings of parents, teachers, and students were integral components of Sathya Sai Education, the Sathya Sai Foundation of El Salvador built a stage and covered a basketball court at the Goldtree School. This allowed the School to accommodate 600 parents who come to watch their children



## **COUNTRY HIGHLIGHTS | ZONE 2A**

participate in the programmes. This venue is also expected to function as a social hub for the community.

The SSIO of El Salvador donated 60 tin sheets to 75 displaced families, for use as a roof for temporary shelter, during the rainy season in San Salvador.



#### Guatemala

In Guatemala, the Humanitarian Relief Committee of the SSIO conducted its first International Diploma course in First Aid during early 2019. The course comprised of online theoretical modules offered from 5th January to 30th March 2019. Practical, hands-on sessions will be organised on 6th and 7th April 2019 by the volunteers at the fire station in Guatemala. Participants included 32 people from Mexico, Nicaragua, Panama, Colombia, El Salvador, Argentina, Peru, in addition to 27 people from Guatemala.



#### Haiti

A catastrophic earthquake struck Haiti in January 2010, resulting in a loss of over 100,000 lives and widespread devastation. Over the years, SSIO volunteers have continued to provide essential services to the hardest hit communities, including the construction of three schools and providing Education in Human Values to over 400 children.



## **ZONE 2A | COUNTRY HIGHLIGHTS**



#### Mexico

In June 2018, a workshop on practical spirituality, based on Sathya Sai Baba's teachings, was held at the Sathya Sai Centre of Monterrey. The event targeted students who were ready to pursue different careers. The workshop consisted of 14 lessons and the YA attendees found the knowledge to be extremely helpful in both their personal and professional lives.

The SSIO of Mexico inaugurated a new building for the Sathya Sai School of Chihuahua on 21st January 2019. The grand opening was attended by Dr. Narendranath Reddy, Chairman, SSIO, Dr. Pal Dhall, Chairman, SSIO Education Committee, senior officers of the SSIO and educators from the ISSE of Mexico. A military band added zest to the occasion. Dr. Reddy cut the ribbon to open the facility and discussed the benefits of Sathya Sai Education in his inaugural address.

On 27th January 2019, volunteers from the Guadalajara Sathya Sai Centre provided medical consultations to 34 people at a camp in El Tizate – a community in Nazarit, Méxijara City. Ten children also received lessons in human values.



### **COUNTRY HIGHLIGHTS | ZONE 2A**



#### **Panama**

On 12th January 2019, four YAs from the Sathya Sai Centre of Panama City entertained the senior residents of *Centro de Cuidado al Anciano Care* in Pedregal. They served food and spent quality time with the seniors, spreading joy through songs and other forms of entertainment. Before leaving, the YAs distributed medical and sanitary supplies to the elderly residents.

During the celebration of *Jornada Mundial de la Juventud* (Youth World Journey) in the city of Cinta Costera, YAs and volunteers from the Panama City Sathya Sai Centre, distributed 600 sandwiches, water, juice, and cookies to people in need.

Capira (Lidice) is a farming community on the outskirts of Panama City, with limited access to resources. On 23rd February 2019, 17 SSIO volunteers distributed 96 backpacks containing school supplies and essential items to needy children in the area. The volunteers also organised games to engage the children and conducted a session on human values. Additionally, they served meals to more than 150 residents of the community.





# Zone 2B

## HIGHLIGHTS | ZONE 2B

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Argentina	25	800	86	1	1
Bolivia	4	67		1	
Brazil	47	652	37	1	3
Chile	2	48	20		
Colombia	9	140	24	1	2
Ecuador	4	79		1	2
Paraguay	1	15			
Peru	5	125	11	1	
Uruguay	1	43	8		
Venezuela	17	219	43	1	1
TOTAL	115	2,188	229	7	9



## **ZONE 2B | COUNTRY HIGHLIGHTS**



#### **Argentina**

Over 150 educators from around the world attended the International Congress on Education on 13th and 14th June 2018. The symposium was organised by the University of Navarra in Spain with the Austral University in Argentina and was dedicated to building character through education.

More than 2,500 underprivileged people in the neighbourhoods of Las Talitas, Gonzalez Catan, Florencio Varela, San Marcos Sierras and Chuña received loving and free medical care at monthly clinics covering various specialities. These include general medicine, paediatrics, dentistry, physiotherapy, traumatology, and psychology organised by SSIO medical professionals and volunteers.



#### **Bolivia**

Sucre is located in a remote, mountainous area of Bolivia. During Easter, Sathya Sai devotees and spiritual seekers from Bolivia and Peru held a retreat in the city of Sucre to dive deep into the teachings of Sathya Sai Baba and Jesus Christ.



### **COUNTRY HIGHLIGHTS | ZONE 2B**



#### **Brazil**

Sathya Sai devotees in Brazil celebrated World Human Values Day on 24th April 2018 with Walk for Values events at three Sathya Sai Schools around the country. The Sathya Sai School of Ribeirao Preto in Sao Paulo repaired public access areas and installed placards made by the students with messages about preserving nature and the environment. The children, teachers and volunteers from the Sathya Sai School of Vila Isabel interacted lovingly with customers at nearby gasoline stations, drugstore, supermarket, and shopping centre. At the Sathya Sai School of Goias, the children went to Aparecida de Goiania, the nearest village and offered white balloons bearing messages of Sathya Sai Baba to passers-by. The children also sang values-themed songs at the city's main square.

On 26th January 2019, 13 volunteers from the Pendotiba Sathya Sai Centre visited the Lar da Esperança nursing home in Niteroi, Rio de Janeiro. The volunteers distributed snacks, played a game where everyone won a gift and entertained the senior residents with soulful renditions of popular, sentimental songs from years gone by. The senior residents expressed their gratitude with smiles and tears of happiness.

In March 2019, SSIO volunteers organised a public outreach event in different parts of Ponta Grossa. Community members created a vegetable



## **ZONE 2B | COUNTRY HIGHLIGHTS**

garden to provide healthy food to needy families in the neighbourhood and cleared an abandoned land into a clean area. The event ended with the formation of a new Sai Group.



#### Chile

Every Sunday, volunteers from the Sathya Sai Centre of Santiago de Chile serve a warm lunch to homeless people. In addition, the volunteers conducted a human values workshop and organised a special Christmas programme for the homeless in December 2018.



#### **Colombia**

In April 2018, volunteers from the SSIO of Colombia delivered groceries and other necessities to 47 seniors and 25 families residing in the El Hato neighbourhood of Funza, near Bogotá. In addition, monthly classes on human values were initiated for a group of 14 teenagers, 10 pre-teens and 10 children. A parenting workshop was launched, offering both parents and children lessons in value-based living.

On 29th April 2018, children of the Sathya Sai School of Funza participated in a Walk for Values. The children walked with colourful banners, urging greater care for the environment. The walk ended in the town square,



## **COUNTRY HIGHLIGHTS | ZONE 2B**

where the children sang melodious songs and performed dances dedicated to protecting our planet.

During December 2018, SSIO volunteers celebrated Christmas in the neighbourhood, bringing cheer to the community with joyful songs and a theatrical performance. The volunteers also distributed shoes and blankets to the elderly.



#### **Ecuador**

Nearly 300 students, parents, teachers and members of the public enthusiastically participated in a 'Walk for Human Values', organised by the Sathya Sai Educational School in Guayaquil in the 'Bastión Popular' sector. The community enthusiastically participated in the walk that ended at the School, where chocolate milk was distributed.

In November 2018, the Sathya Sai School of Bahía de Caráquez (Manabí) participated in a parade in the streets of Cantón Sucre, which was followed by a Walk for Human Values.

Every week, 25 mothers of children from the Sathya Sai school in Guayaquil come together to develop their handicraft skills and abilities at a Handicraft Workshop organised by SSIO volunteers. The skills they learn in this workshop help them generate new opportunities to support their homes.



## **ZONE 2B | COUNTRY HIGHLIGHTS**



#### **Paraguay**

Construction of the Sathya Sai School and the Institute of Sathya Sai Education commenced in Asuncion, the capital of Paraguay. Courses and seminars on education in Human Values, disaster relief and other service activities continue to be carried out in the country on a regular basis.



#### Peru

More than 50 teachers from various schools participated in a 45-day course titled, "Excellence in Application of Human Values," organised by the Institute of Sathya Sai Education of Peru. A closing ceremony, held in early March 2018, was attended by the Honourable M. Subbarayudu, Ambassador of India, Dr. Aayam Gupta, Director of the Indian Cultural Center and senior leaders from the SSIO.

Two dentists, three general practitioners and two psychologists offered healthcare services to 109 patients on 16th December 2018 at a medical camp on the outskirts of Lima. SSIO volunteers distributed over 150 medical packets and clothing to the needy, also finding time to host a human values class for 60 children.



## **COUNTRY HIGHLIGHTS | ZONE 2B**

Two YAs and their children initiated a service project in Cajamarca distributing clothes, footwear, food, medicine, toys, and other items to needy persons. This project commenced in January 2019 and has grown quickly, and now includes many volunteers eager to serve the needy.

On 17th February 2019, SSIO young adults YAs from the Ari Sai Centre spent quality time with traumatized mothers residing at the Centro de Atención Residencial (CAR) Casa Estancia Domi shelter in Peru. They shared music, dances, games, and most importantly, their hope about life and God. In addition, YAs took care of 16 babies, affording their mothers an opportunity to participate in the programme. The day concluded with a traditional Peruvian dance called a Festejo.



#### **Uruguay**

The residents in the neighbourhood of Montevideo come from varied social and economic backgrounds, requiring assistance from the community. Every week, members of the Sai Centre of Montevideo bring happiness to these residents by providing Value-based Education and formative activities for children of the neighbourhood.



## **ZONE 2B | COUNTRY HIGHLIGHTS**



#### Venezuela

Staff members and teachers at the Abejales Sathya Sai School in Venezuela brought love and joy to 165 students on World Human Values Day – 24th April 2018. The day included enjoyable arts and crafts activities as well as silent sitting and Self-reflection. Several children constructed and displayed posters inscribed with the message, "Feliz Dia de Los Valores" or Happy Values Day.

In October 2018, 13 patients were evaluated for moles and warts at a medical camp organised by SSIO volunteers. Some patients required additional, evaluation. Doctors followed up with the patients a few days later to check on their recovery.

To commemorate the 93rd Advent of Sathya Sai Baba, SSIO volunteers in the Metropolitan Region distributed clothes, soaps, quilts, towels, postpartum sanitary pads and infant formula to needy mothers who cannot afford baby-care items.





## **COUNTRY HIGHLIGHTS | ZONE 2B**





# Zone 3

# HIGHLIGHTS | ZONE 3

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Australia/PNG	76	3,537	571	1	1
Fiji	9	309	169	1	1
New Zealand	25	1,051	149	1	1
TOTAL	110	4,897	889	3	3



## **ZONE 3 | COUNTRY HIGHLIGHTS**



#### Australia

Embracing the sentiment, 'Cleanliness is next to Godliness', SSIO volunteers enthusiastically participated in Australia's National Clean-Up Campaign. In Adelaide, 21 volunteers collected 14 bags of rubbish from the city's parklands. In Willetton, a suburb of Perth, more than 60 volunteers cleaned up a local park, native bushland, and surroundings of a small shopping complex.

Guru Poornima was celebrated with numerous devotional programmes and service projects across Australia during July 2018. The SSIO launched the Serve Our Sai Families (SOS) initiative, which encourages a spirit of camaraderie and caring for those who may be in need. In Sydney, SSE children offered gratitude to their teachers by presenting talks and poems. In Western Australia, volunteers packed and distributed dental hygiene kits, to the people in need in and around Perth.

Around 300 Sathya Sai volunteers across Australia celebrated Plant-a-Tree Day on 29th July 2018 by planting over 17,000 trees across the country. YAs in Western Australia took their service a step further by joining the ambitious Trillion Trees Challenge administered by a Western Australian not-for-profit organisation, with a goal of planting a trillion trees worldwide. The volunteers also lovingly dedicated each tree they planted to a person, creating a heart-to-heart connection with their labour of love.



## **COUNTRY HIGHLIGHTS | ZONE 3**

On 4th August 2018, 90 SSIO volunteers set upon a journey of service across New South Wales, visiting six nursing homes in Quakers Hill, Greystanes, Merrylands, Baulkham Hills, Carlingford, and Ryde. The volunteers bonded with the seniors through music and games, which brought a splash of joy and colour to their lives. In turn, they were inspired by the enriching life experiences shared by the senior residents.

SSIO volunteers further brightened the lives of 300 senior citizens by welcoming them to a unique, multicultural Christmas celebration on 15th December 2018. The event showcased an array of cultures as well as festive songs and dances. The audience, comprising of Chinese, Serbian, Iranian, Spanish, Bhutanese, Turkish, Indian-Fijian, and Caucasian ethnicities, joined the holiday festivities. The organisers awarded a certificate of appreciation to the SSIO of Australia.

The SSIO hosted a successful blood donation campaign. To reach a broad audience, the YAs compiled a promotional video titled 'You don't need a cape to be a Superhero'. Donors shared photos of their experiences on social media platforms, encouraging others to donate as well. These efforts led to a total of 718 blood donations.



## **ZONE 3 | COUNTRY HIGHLIGHTS**



#### Fiji

In May 2018, SSIO volunteers and medical professionals from New Zealand lovingly served over 3,300 people at large medical camps held at the Fijian islands of Ovalau, Koro, Gnau, and Viti Levu. In addition to the comprehensive health screenings, medical specialists in gastroenterology, women's health, optometry, dentistry, physiotherapy, nutrition, and endocrinology provided their valuable services. A total of over 2,000 prescriptions were written and around 4,000 medicines were distributed, completely free of charge.

On 13th January 2019, SSIO YAs and children from the Sathya Sai Centre of Drasa, visited the Golden Age Home in Lautoka, where they distributed groceries and supplies, and lovingly conversed with the 22 resident seniors.



#### **New Zealand**

As part of Guru Poornima celebrations, 29 SSIO volunteers participated in a local tree planting programme to rehabilitate the wetlands around Hamilton. The volunteers joyfully planted 800 trees to restore the vital ecosystem of the area.



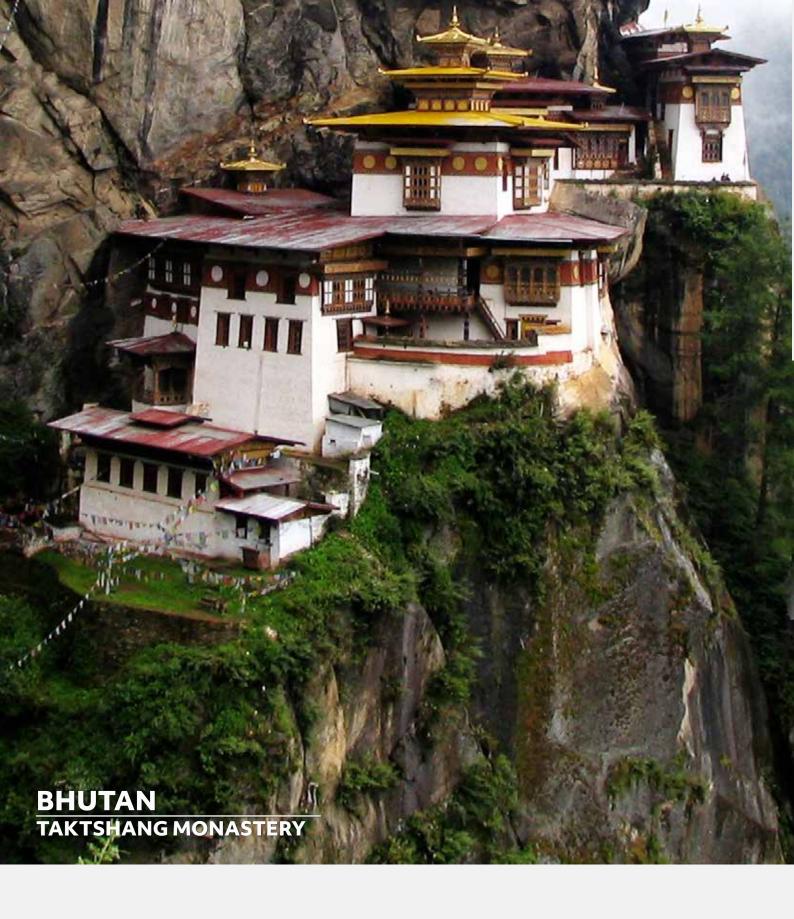
## **COUNTRY HIGHLIGHTS | ZONE 3**

The day of Guru Poornima also witnessed the launch of the 'KAI from SAI' food project in Auckland which aims to provide meals for people in need throughout the year, rather than on sporadic occasions. Approximately 180 SSIO volunteers participated in the project over the first six weeks and have already received rave reviews from the local community.

On 1st September 2018, a group of YAs met with members from the Tamaki Estuary Protection Society to learn about the local area and understand the environmental impacts of human actions over time. The YAs saw first-hand, how the mangroves and shorelines were littered with plastic and were inspired to help clear rubbish along the Panmure Basin.

On 6th October 2018, the SSIO of New Zealand, in partnership with the Kaipatiki Ward of the Auckland City Council hosted the third Annual Day Out for Special Needs Children. More than 1,100 children, parents and caregivers from local schools and the community gathered to participate in a wide array of activities ranging from skating to multi-cultural entertainment and music.

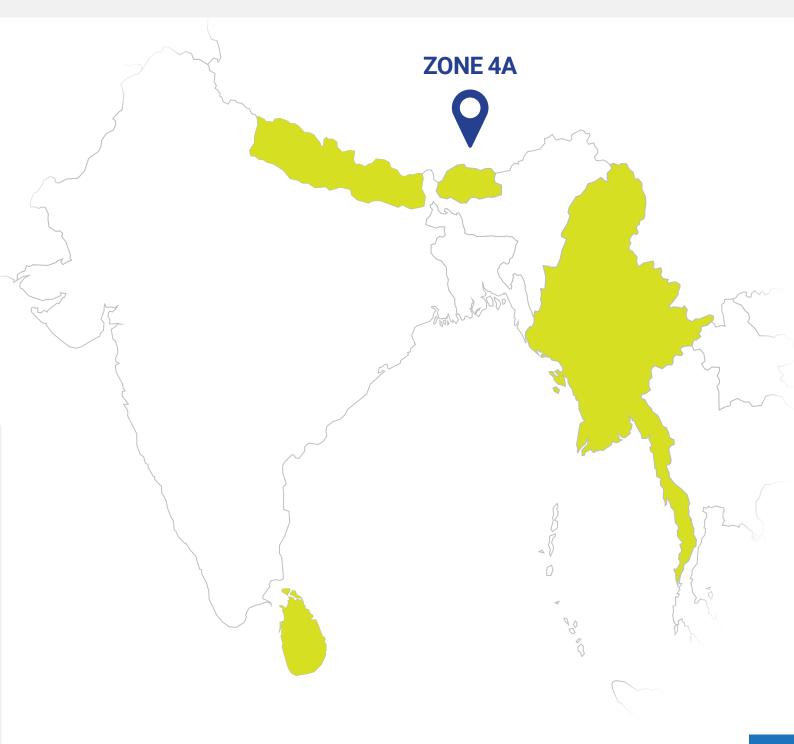




# Zone 4A

## HIGHLIGHTS | ZONE 4A

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Bhutan	1	60	25		
Myanmar	1	55			
Nepal	219	31,717	9,194	1	2
Sri Lanka	80	6,088	1,020	1	1
TOTAL	301	37,920	10,239	2	3



## **ZONE 4A | COUNTRY HIGHLIGHTS**



#### Nepal

SSIO volunteers brought joy to many, by serving the underprivileged, prisoners, seniors, and others. They distributed sewing machines to ten families in need, in addition to wheelchairs. The SSIO provided scholarships to 641 students, and distributed school uniforms and stationeries to 480 students. SSIO volunteers distributed clothing to 2,150 people, organised temple cleaning drives and served freshly cooked food to more than 25,000 people in need.

The Terai (lowland at the foothills of the Himalayas) region of Nepal, home to some of the poorest communities, experience extreme cold winters. Last year, SSIO volunteers from across the country distributed warm blankets to over 2,000 indigent families living in this region.

Numerous villages in Nepal lack access to clean drinking water. To alleviate their suffering, the SSIO of Nepal had supplied clean drinking water in many remote areas, bringing great relief and joy to the residents. Last year, the YAs completed construction of the Eighth Water Project benefitting over 150 households in Shyagme village in Dhading district.



## **COUNTRY HIGHLIGHTS | ZONE 4A**

Religious leaders representing Hinduism, Islam, Christianity, Jainism, Sikhism, and Buddhism participated in two interfaith workshops on 7th April 2018 in Central Nepal and in western Nepal on 1st September 2018. The representatives celebrated the underlying unity of all religions, emphasising the concept of brotherhood of man, as taught by Sathya Sai Baba.

The 23rd of each month is observed as Animal Service Day in Nepal, commemorating the birth date of Sathya Sai Baba. Last year, devotees of different Sathya Sai Centres across the country offered food and water to around 40,000 animals and birds.

Over 850 delegates attended the National Women's Conference in the picturesque city of Pokhara on 15th and 16th February 2019. On the first day, an exhibition was held at the scenic shores of Fewa lake, which included a display of handicrafts created by women from across the country. On the second day, various plenary sessions, panel discussions, and workshops were held. A team of five doctors, supported by healthcare specialists and general volunteers worked tirelessly to serve 189 patients.



## **ZONE 4A | COUNTRY HIGHLIGHTS**



#### Sri Lanka

In Sri Lanka, many rural townships lack access to quality medical and dental care. To alleviate the suffering of the poor in distant communities, SSIO volunteers in Sri Lanka organised a series of medical camps across the island in Maruthankernikulam, Muruthanai, Akkuranai, Miniminithaveli, and Thirumalpuram to provide healthcare services and preventative screening to hundreds of destitute patients.

On 4th April 2018, 45 SSIO members, in cooperation with the local government authority, cleaned up the beach area between the villages of Thambiluvil and Thirukovil. SSIO volunteers joined 73 villagers and residents of Nehrupuram to collect and remove three truckloads of plastic waste from the beach.

In July 2018, SSIO volunteers organised a special week-long medical camp during the famous Esela Festival in the sacred town of Katharagama, where they served over 1,900 patients. Medical services were supplemented by service to children in need, the destitute and the local communities as well.



## **COUNTRY HIGHLIGHTS | ZONE 4A**

SSIO volunteers organised around 200 cataract surgeries for patients in need in Hambantota District, during December 2018. Many indigent patients who were served, had waited for years to access affordable medical procedures. As part of the global 'Serve the Planet' initiative, 45 SSIO volunteers, along with local government representatives and more than 70 villagers from Thambiluvil, Thirukovil and Nehrupuram, collected three truckloads of plastic waste from the local beaches.

After monsoon rains in northern Sri Lanka had devastated the region's landscape, 15 YAs joined hands with local school children on 18th January 2019, and planted trees in public areas. The service not only beautified the surroundings but also provided the children and YAs an opportunity to serve the community at large.

On 16th February 2019, SSIO volunteers from the Colombo Sathya Sai Centre, including YAs and Sai Spiritual Education children, celebrated Valentine's Day with 32 elderly residents at the Leprosy Home in Hendala, which helped raise their spirits. The YAs served a special lunch and presented an interactive entertainment programme thereafter. In spite of their illness, many senior residents joined in the singing and dancing.

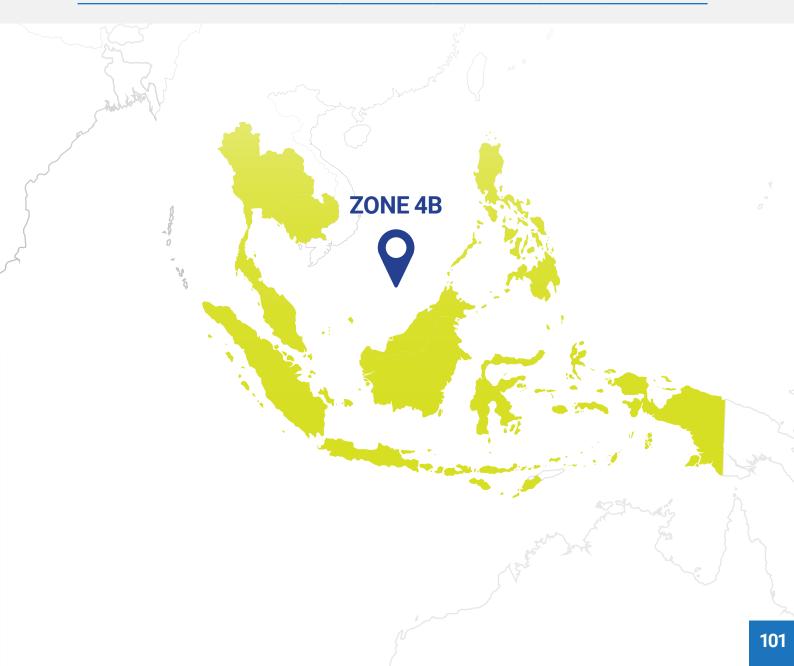




# Zone 4B

## HIGHLIGHTS | ZONE 4B

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Brunei	1	75			
Cambodia	1	56	30		
Indonesia	76	4,148	1,127	1	2
Malaysia	68	5,752	3,610	1	1
Philippines	3	105	25	1	1
Singapore	19	780	611		1
Thailand	8	202	61	1	1
TOTAL	176	11,118	5,464	4	6



## **ZONE 4B | COUNTRY HIGHLIGHTS**



#### Cambodia

The SSIO of Cambodia provided food and supplies to underprivileged people in Cambodia throughout the year. On 21st September 2018, the volunteers offered bags of rice to 48 families at Snoun Pich Village. On 22nd September 2018, they served lunch to about 100 destitute children at the 'Buck Hunger' facility and distributed supplies to 100 families. On the same day, SSIO volunteers served dinner to children at the Cambodia Light Children Association – an organisation that cares for destitute and orphaned children in Phnom Penh. On 23rd September 2018, SSIO volunteers delivered packages of rice to 185 needy families in four villages near the Udong Mountain area.



#### Indonesia

A pair of devastating magnitude 6 and 7 earthquakes struck the Lombok island in August 2018 causing havoc. A team of SSIO volunteers from the neighbouring countries sprang into action and served the severely affected villages, between 28th September and 1st October 2018. They held a medical camp in Lombok City for 66 patients and followed up with tent-to-tent medical care for 10 severely ill patients. The SSIO further distributed supplies, provided trauma relief counselling, health education talks



## **COUNTRY HIGHLIGHTS | ZONE 4B**

and human values classes. Later, the team offered medical assistance and humanitarian aid in a village at the foothills of Mount Rinjani, which was the epicentre of the earthquake.

On 30th December 2018, 28 YAs visited several locations around central Jakarta with a mobile soup kitchen serving hot tea and a warm vegetarian soup called Soto to around 100 destitute people. The YAs were not only thankful for the opportunity to serve, echoing the gratitude of the recipients, but also learnt practical leadership skills in organising worthwhile projects.

On 16th February 2019, 23 volunteers including YAs from the Sai Study Group (SSG) Singaraja visited a school for children with special needs at Buleleng. The volunteers conducted a series of fun activities and sang popular songs in the local Balinese language. Before departing, they distributed gift bags containing stationery to the students.



## Malaysia

On 13th May 2018, more than 900 people participated in the Easwaramma Day Educare Carnival organised by the Education and Ladies' Wings of the SSIO of Malaysia. SSE children presented a musical drama extolling the ideal values and virtues of motherhood. As part of the landmark 'Honour



## **ZONE 4B | COUNTRY HIGHLIGHTS**

Our Parents Everyday' (HOPE) programme, 45 mothers who had served as 'Sai Value Activists' were honoured.

The national convention of the SSIO of Malaysia was held on 26th May 2018 in Petaling Jaya, a township near Kuala Lumpur. Around 1,500 attendees were inspired by talks given by Mr. T.G. Krishnamurthy, a senior devotee and Mr. R.J. Rathnakar, Trustee of the Sri Sathya Sai Central Trust, and other distinguished speakers.



## **Philippines**

On 19th October 2018, the Philippine Institute of Sathya Sai Education inaugurated a new facility at San Pedro, with upgraded conference and training facilities and a library. Approximately 1,600 teachers attended a three-day human values workshop that coincided with the grand opening.

SSIO leaders inaugurated four brand new classrooms at the Sathya Sai School in Pililla on 20th October 2018 as part of a major expansion project that began in July 2018. The renovations also included a special 'Values Tree' that was painted by the SSE students and parents to promote the practice of human values in the community.



## **COUNTRY HIGHLIGHTS | ZONE 4B**

In November 2018, the Ladies Wing of the SSIO of Philippines distributed food and groceries to more than 500 impoverished families in the Centennial C5 neighbourhood of Taguig City. During the service, SSIO volunteers noticed numerous other families in the area in need of help and returned to the neighbourhood on 19th January 2019 to distribute an additional 172 bags of groceries containing rice, beans, noodles, and milk powder.

For nearly a decade, SSIO volunteers have travelled every month to San Manuel, a small town 200 km north of Manila with limited medical facilities, to provide medical, dental, and vision care to the needy. On 20th January 2019, a team of ten volunteers including two physicians, one ophthalmologist, and four dentists, served 346 people with love and care. The volunteers also took time to distribute school supplies to local schools and homes.



## **Singapore**

'Human Values Drama Festival', held biennially, is an outreach initiative by the SSIO of Singapore to promote the practice of the five human values. In 2018, around 30,000 people associated with 40 secondary schools participated in the semi-finals of this competition. The final round was held on 11th July 2018 at the Republic Polytechnic, with the support of 1,500



## **ZONE 4B | COUNTRY HIGHLIGHTS**

students and teachers from shortlisted schools. The guest of honour was Assoc Prof. Dr. Muhammad Faishal, Senior Parliamentary Secretary, Ministry of Education.

Members of Sathya Sai Centres across Singapore served food at dormitories for foreign workers and delivered packed food to migrant labourers. SSIO volunteers also regularly delivered dry provisions to the homes of underprivileged families. 'Sai Protein', made by grinding various grains and nuts, was packed and distributed monthly to around 200 elderly and ailing residents of senior homes.

Batam Grama Seva is conducted each month by 20 to 40 SSIO volunteers from Singapore. They travel by ferry to the island of Batam to distribute clothes and sundry items to local needy people.



#### **Thailand**

On 23rd April 2018, SSIO volunteers brought relief from the scorching summer heat to more than 200 construction workers, cyclists, and street vendors by distributing apples and ice cream to commemorate *Aradhana Mahotsavam*.



## **COUNTRY HIGHLIGHTS | ZONE 4B**

Every year, SSIO volunteers in Thailand spend time with the residents of the Good Shepherd Sisters' Home, which caters to about 70 disadvantaged young girls. This year, they organised a dance programme, which included devotional songs and a delicious dinner of Thai and Western dishes. They also celebrated Christmas with the girls and distributed special gift packs of toiletries.

On 19th December 2018, four SSIO volunteers and nine ladies distributed cakes and cookies to celebrate Christmas at the Samakhee Songkraw School, where they conduct weekly English classes for students in Grades 1 to 6. The children expressed their gratitude to their teachers as well as to Sathya Sai Baba.

SSIO volunteers packed and distributed care packages of rice, oil, sugar, noodles, milk, cookies, and diapers to 18 families in need at an isolated village. This visit became part of a greater village adoption initiative and laid the groundwork for the construction of houses. The volunteers also visited four former employees of the local Sathya Sai School, who had been injured in a road accident.

On 30th March 2019, eleven SSIO volunteers distributed grocery bags to 18 families in the Lam Narai district in central Thailand, a community adopted by the SSIO of Thailand. During the Thai New Year festivities or Songkran, SSIO members returned to the village to obtain the blessings of the elders of the community.





# Zone 5

## HIGHLIGHTS | ZONE 5

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
China	2	35			
Hong Kong	2	554	167	1	
Japan	27	341	28	1	
Taiwan	2	102	49		
TOTAL	33	1,032	244	2	



## **ZONE 5 | COUNTRY HIGHLIGHTS**



### China

On 22nd April 2018, SSIO volunteers distributed packets containing rice, oil, milk, bananas, cakes and Yakult (yogurt drink) at the Huiling orphanage, a centre for the mentally disabled in Tianjin Province. It was an opportunity for many volunteers to count their blessings and reflect on their responsibility to take care of the less fortunate.

In November 2018, seven SSIO volunteers distributed packs containing rice, soya sauce, noodles, cakes, Yakult, cooking oil, milk, bananas, shower gel, and hand wash soap to the residents of a home for the disabled and children with special needs.



## **COUNTRY HIGHLIGHTS | ZONE 5**



## **Hong Kong**

SSIO volunteers in Hong Kong conduct an array of heart-warming activities to serve the needy. Each month, ten volunteers serve breakfast comprising of cheese sandwiches, cupcakes, fruits, tea, crackers, cup noodles, soya milk, and water bottles to more than 90 homeless people. Twice a month, SSIO volunteers also serve dinner and distribute essentials to 200 people in need. A similar project is organised in Kowloon, where breakfast and dinner are served twice a month to 250 less fortunate people.

A Go Green Fun Fair titled 'Let's Green It Up' was held at Kowloon Park on 12th May 2018. Around 150 children and parents, including some from minority and underprivileged communities, participated in this joyful event. SSIO volunteers set up seven stalls around the park providing information on conservation and reduction of plastics. Gifts such as school bags, stationery, and an information pamphlet containing practical tips on protecting the planet, along with an environmentally friendly bag bearing the SSIO Go-Green logo were given away.

On the second Saturday of each month, YA volunteers deliver English lessons to disadvantaged students at a local primary school. Initiated in 2010 by an SSIO educator, Margaret Taplin, the Buddies in English and Educare (BEE) programme aims to instil students with human values, as taught by Sathya Sai Baba. Instructions are given in English – to improve the reading, writing, and speaking abilities of these children.



## **ZONE 5 | COUNTRY HIGHLIGHTS**



## **Japan**

For more than two decades, SSIO volunteers have served freshly prepared hot meals to the destitute in Tokyo. This humble project has grown to provide food to about 400 needy people near Shinjuku Central Park and at Yoyogi. A typical meal box containing vegetable curry, rice and pickles is usually served with tea. On special occasions, the volunteers serve red rice, considered auspicious in Japanese lore.

The Sathya Sai Centre of Tokyo commemorated Easwaramma Day on 6th May 2018 with a special programme by the SSE children and a graduation ceremony for the senior class. More than 80 people, including parents, enjoyed the array of presentations featuring melodious hymns, devotional prayers, songs, and values-based skits.

To alleviate the suffering of people affected by widespread rainfall in western Japan in 2018, SSIO volunteers refurbished houses damaged by floodwaters in Okayama and Hiroshima prefectures, during July and August 2018. On 9th April, SSIO volunteers also worked tirelessly to provide humanitarian relief to those affected by the 6.1 magnitude earthquake that damaged over a thousand homes in the Shimane prefecture.



## **COUNTRY HIGHLIGHTS | ZONE 5**



#### **Taiwan**

On 12th May 2018, 11 SSE students participated in 'Shoes for Africa', a project that collects shoes for the underprivileged in Africa. Organised by Step 30 International Ministries, a non-profit organisation, the students helped sort shoes that would be sent to Africa for children in kindergarten.

On 30th June 2018, 110 enthusiastic Sathya Sai Education in Human Values (SSEHV) students, volunteers, and teachers along with their families and friends participated in the annual cultural programme to celebrate the 22nd anniversary of SSEHV in Taiwan. SSEHV students made wonderful presentations on the theme 'Protect the Planet'.

SSIO of Taiwan strongly supports protecting the environment. On 20th October 2018, 59 volunteers, including SSE students and teachers, along with their friends and families, cleaned up a beach in Northern Taiwan.

On 17th November 2018, 28 adults and 27 children participated in a 'Walk for Values' event organised by the SSIO of Taiwan. SSE students prepared and carried posters on the theme 'Protect the Planet.'

For more than 20 years, SSIO volunteers in Taiwan have organised numerous blood donation camps.





# Zone 6

## HIGHLIGHTS | ZONE 6

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Bosnia/Herzegovina	2	21			
Croatia	13	97	7		
France	4	62			
Greece	6	139	16		
Israel	2	34			
Italy	36	457	35	1	
Macedonia	2	6			
Romania	1	5			
Serbia/Montenegro	4	23	44		
Slovenia	2	50			
Spain	6	246	84		
Switzerland	11	246	49		
TOTAL	89	1,386	235	1	



## **ZONE 6 | COUNTRY HIGHLIGHTS**



#### Croatia

For the past 26 years, SSIO volunteers have rendered selfless service by caring for psychiatric patients in Orehovica.

In May 2018, the SSIO of Croatia organised a free concert featuring famed British singer and actress, Dana Gillespie. The theme followed the SSIO initiative, 'Serve the Planet', and had beautiful, eco-friendly decorations. More than 300 guests enjoyed the programme.

Over 60 people from Slovenia, Serbia, Bosnia, Greece, and Croatia gathered at Villa Mare in the coastal town of Rovinj for a three-day regional retreat. The YAs of Croatia and Slovenia played a special role by giving two presentations on the SSIO's 'Serve the Planet' projects.



### **France**

Deeply moved by the plight of refugees, SSIO volunteers from the Netherlands have lovingly and compassionately helped the displaced people at a camp near Calais, France over the last four years. During this year, the volunteers continued to distribute clothes, food, hygiene products, and tents. Volunteers also prepared meals, as well as cut and delivered firewood to provide warmth during the cold weather.



## **COUNTRY HIGHLIGHTS | ZONE 6**



#### Greece

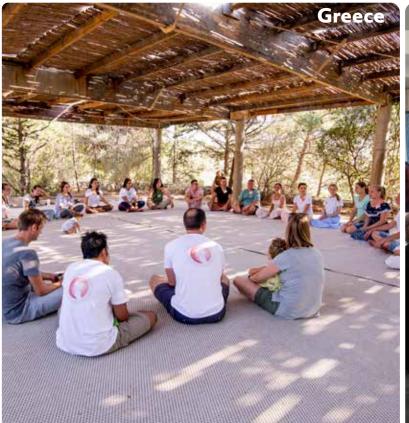
Around 50 YAs from 14 European countries renewed their connection with Sathya Sai Baba by attending the 2nd European Sai Young Adults Camp in Athens. Held between 17th and 26th of August 2018, the camp included spiritual workshops, devotional singing, exercises, and excursions to historical sites in Athens, where amidst the spectacular surroundings, the attendees reflected on the theme 'Trust In Your Heart'.



#### Israel

On 1st February 2019, SSIO volunteers served meals at the Lasova Restaurant, near the Central Bus Depot of Tel Aviv. The restaurant serves meals daily to about 300 underprivileged persons, including refugees, the homeless and the elderly. The volunteers joyfully tidied up the restaurant, prepared and served the food, and washed the utensils afterwards.

More than 50 people attended the 8th SSEHV seminar presented by the Institute of Sathya Sai Education of South Europe, on 2nd June 2018 at the Sathya Sai Centre of Tel Aviv. Videos of the presentations were shared on Facebook, and subsequently viewed by at least 2,000 people.





## **ZONE 6 | COUNTRY HIGHLIGHTS**



## Italy

On 1st April 2018, Sathya Sai volunteers from the towns of Mestre, Udine, Verona, and Bolzano, along with volunteers from the Amici di (Friends of) Paolo Favale Association cooked and served an Easter lunch comprising of pizza, canapés, lasagna, spaghetti, vegetables, salad and dessert to more than 50 people in need in the streets of Verona.

The Colosseum in Rome welcomed a programme of peace and compassion on 21st September 2018. The event showcased over 5,000 drawings by children from 35 countries as part of the United Nations' International Day of Peace. This included drawings from numerous Sathya Sai Centres around the world. A YA from Ghana was awarded the prestigious First Prize in the Peace Movie Award competition.

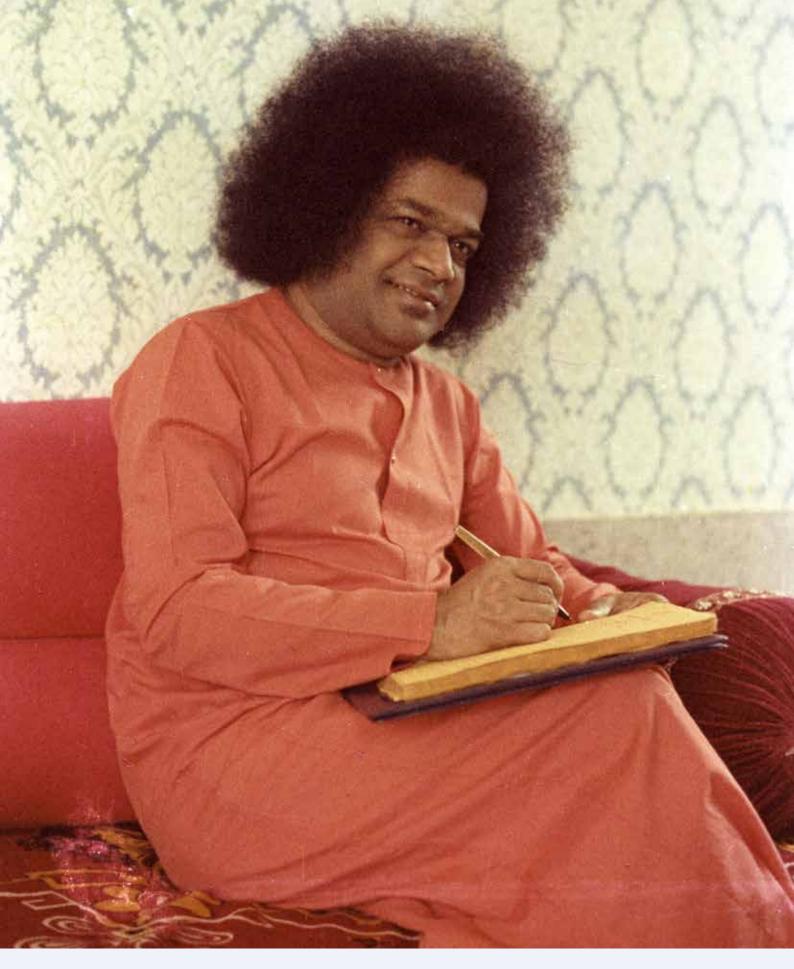


## **Spain**

The SSIO of Spain held an Annual National Retreat in El Escorial from 6th to 9th December 2018. The retreat included workshops on SSEHV, meditation and a walk through the beautiful gardens at Price's Cottage. SSIO members also participated in a 'Serve the Planet' project near Tenerife.

Volunteers from the Sathya Sai Centre in Madrid took loving care of abandoned or battered cats and dogs at an animal shelter. The volunteers even took the dogs out for a walk.





"True education is that which fosters pure feelings. To have virtues is the true meaning of learning. Only when man cultivates the feeling of love, can there be equality. Good conduct is the hallmark of a true human being."



# Zone 7

## HIGHLIGHTS | ZONE 7

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Austria	8	32	1		
Belgium	7	84	1		
Czech Republic	3	29			
Denmark	5	47		1	
Estonia	1	5			
Finland	1	6			
Germany	26	305	11		
Hungary	4	60			
Latvia	2	30	9		
Lithuania	3	48	24		
Netherlands	22	321	6		
Poland	11	164			
Slovakia	1	4			
Sweden	2	64			
TOTAL	96	1,199	52	1	



## **ZONE 7 | COUNTRY HIGHLIGHTS**



#### **Austria**

During October 2018, seven Austrian SSIO members helped a farmer to harvest apples from the orchard. The recipient of this service was a lady who was preoccupied with caring for her sick, elderly mother. She was very appreciative of the loving assistance of the SSIO volunteers who helped to pick nearly 2,800 kg of apples over a two-day period.



## **Czech Republic**

On 28th October 2018, 20 SSIO volunteers marked the centennial of the Czech Republic with the planting of a Linden Tree. In Czech culture, this tree is a symbol of goodness and righteousness that dates back to 1,500 years of cultural history. Moral values were shared through an inspirational speech and a devotional programme which expressed gratitude to the motherland.



## **COUNTRY HIGHLIGHTS | ZONE 7**



#### **Estonia**

SSIO members joined in the celebration of Independence Day in Holy Grove on 24th February 2019, with the chanting of traditional prayers.

During spring, Estonia's SSIO members helped with agricultural activities including soil preparation at a farm that grows organic food. The owner called it a 'Friendship-Farm' and allowed every participant to share in the harvest they had helped produce.



## **Germany**

Since 2013, YAs from the Karlsruhe Sathya Sai Centre have participated in the 'Food for the Needy' project, which has served the homeless people in southern Germany. SSIO volunteers served a delicious lunch to the needy on 22nd April 2018.

During 2018, several Sathya Sai Centres in Germany participated in an environmental project for three months wherein SSIO members stitched 1,008 bags from used fabrics, which were distributed at the Go Green Conference in Puttaparthi in July 2018. The recycling project served to raise awareness among SSIO members about protecting Mother Nature.



## Hungary

On 12th January 2019, 15 SSIO volunteers served a freshly cooked meal of bean soup and vegetarian dumplings with tejfol (sour cream) to 20 homeless people residing at the Táblás Transitional Shelter in Budapest.

On 9th March 2019, volunteers from the Budapest Sathya Sai Centre visited a nursing home for the elderly, who have been abandoned by their families and communities. The SSIO of Hungary has been serving the residents of this nursing home for the last ten years. During these visits, the seniors were entertained with heart-warming Hungarian songs, poems, and short stories, followed by distribution of delicious home-made desserts and fresh fruits.



#### Latvia

On 22nd April 2018, commemorating Earth Day, 17 adults and 10 children from the SSIO of Latvia came together to share their experiences with nature and created impressions in paintings and small handicrafts based on their experiences.

## **ZONE 7 | COUNTRY HIGHLIGHTS**



#### Lithuania

SSIO members of Lithuania along with their children attended classes on Sathya Sai Education in Human Values. After discussions about cultural activities, they created traditional Lithuanian handicrafts.

During autumn 2013, members of the SSIO in Kaunas, Lithuania decided to expand their service activities and offer freshly prepared food to indigent residents in their neighbourhood. Since the first 'Sunday Breakfast' served in January 2014, the Soup Kitchen has operated continuously for the past five years. Every Sunday, seven Sathya Sai devotees prepare porridge, salad, and a sweet dish, and serve 20 needy people.



### **Netherlands**

Over the years, Dutch SSIO members have participated in the 'Ceiling on Desires' programme and used the savings to purchase and transport urgently needed tents, clothes and hygiene items for a refugee camp in Calais, France. In cooperation with a Non-Government Organisation in France, they made 15 trips to Calais to deliver the goods.

As part of an ongoing 'Baby Project', SSIO members met regularly to knit baby clothes for the Easwaramma Trust in India. These clothes were further distributed to mothers in need.





## **COUNTRY HIGHLIGHTS | ZONE 7**



#### **Poland**

From 29th to 31st March 2019, 33 SSIO volunteers from eight countries participated in an 'Eco Boot Camp' in Warsaw, Poland. Over the three days, the attendees joined in workshops, short talks, nature walks, and devotional singing. They also received a crash course in 'Go Green' principles and practices.

In 2019, the Sarva Dharma Choir, composed of musicians from Baltic countries, celebrated its tenth anniversary. Promoting the five fundamental human values: truth, righteousness, peace, love, and nonviolence, the choir has brought joy and happiness to many people over the years. On 17th November 2018, the choir delighted 300 guests with a rousing concert in Legionowo, Poland.



#### Sweden

After years of holding devotional meetings in private homes, the Sathya Sai Centre of Stockholm celebrated a key milestone by establishing a permanent location. On 17th February 2019, 15 SSIO members held their first regular meeting in the new premises. The evening programme included a presentation on the life and teachings of Sathya Sai Baba, the activities of the SSIO, and uplifting devotional songs in English, Swedish, and Sanskrit. The evening concluded with a wonderful guided light meditation session.



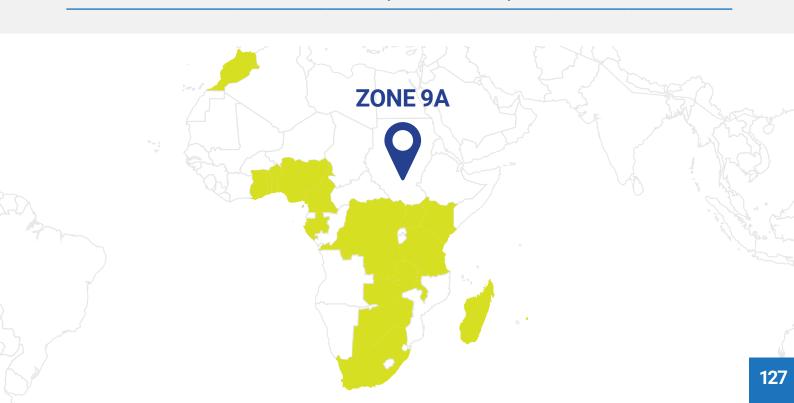




# Zone 9A

## HIGHLIGHTS | ZONE 9A

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Benin	1	520			
Botswana	2	217	60		
Cameroon	1	62			
Congo DR	10	90			1
Gabon	1	52			
Ghana	1	92	50		1
Kenya	2	289			2
Madagascar	1	49			1
Malawi	1	8			
Mauritius	98	6,716	1,217	1	1
Morocco	1	21	6		
Nigeria	8	244	11		1
South Africa	120	7,535	1,729	1	3
Tanzania	1	30	20		
Togo	1	28			
Uganda	1	52			
Zambia	2	120	17	1	2
Zimbabwe	2	94			
TOTAL	254	16,219	3,110	3	12



## **ZONE 9A | COUNTRY HIGHLIGHTS**



#### **Benin**

More than 130 teachers attended an SSEHV training course organised by the SSIO in February 2019. The SSEHV programme in a partnership school in Abomey has made significant impact on its 128 students.



#### **Botswana**

A state-of-the-art medical clinic staffed with 10 doctors provides services such as optometry, ultrasound, dental, and general medical services. The facility is fully automated and serves an average of 72 patients every week. In addition, SSIO volunteers organised a medical and vision camp, serving 530 patients. The volunteers also organised three blood donation camps where 125 people donated blood.



#### Cameroon

As part of the 93rd Birthday celebrations of Sri Sathya Sai Baba, three medical camps were held during 17th to 23rd November 2018, providing medical services to 65 patients.



## Congo DR

Over 100 SSIO members conducted multiple activities at 10 Sathya Sai Centres in Congo DR.



#### Gabon

SSIO volunteers in Libreville conducted a SSEHV training session for the staff at the children's home (Centre Arc-En-Ciel). The orphanage, adopted by the SSIO of Gabon, conducts value-based programmes for the residents. The trained caregivers reported that the SSEHV training has resulted in a significant improvement in the discipline and behaviour of the children and youth.



#### Ghana

As part of an ongoing project, SSIO volunteers served hot meals and distributed toiletries and other essential supplies to more than 30 children at the Orthopaedic Centre for Children in Nsawam (a town in the southern coast) on 26th December 2018. Additionally, a session on human values was conducted for the children.

## **COUNTRY HIGHLIGHTS | ZONE 9A**

On 26th March 2019, a member of the International Education Committee held a workshop on value-based education for the teachers of the Sathya Sai School in Old Tafo, Akin Abuakwa. The workshop focused on integrating values in the whole school system.



## **ZONE 9A | COUNTRY HIGHLIGHTS**



## Kenya

Medical practitioners and volunteers from the Sathya Sai Centre of Nairobi served 124 patients at a medical camp in Nairobi on 4th November 2018. Patients received preventive screening for hypertension, diabetes and osteoporosis. Medicines and eyeglasses were also distributed.

A team of SSIO doctors examined 120 children at the Sathya Sai School in Kisaju, a rural town with limited access to healthcare. Medical professionals treated various ailments, performed tooth extractions, administered vaccines, dressed wounds and prescribed medicines.

Frequent droughts caused by insufficient rainfall and widespread deforestation motivated 30 YAs to initiate a tree-planting project at the Ontulili Forest in central Kenya. On 7th April 2018, in partnership with the Friends of Environment Conservation Team, the volunteers planted more than 6,650 trees, including several medicinal cultivars.

Commemorating the historic visit to Kenya and Uganda by Sri Sathya Sai Baba in 1968, the SSIO of Kenya hosted a celebration in July 2018. Dr. Narendranath Reddy, Chairman, SSIO accompanied by other senior SSIO leaders attended the Golden Jubilee celebrations and officially inaugurated the secondary school at the Sathya Sai School in Kisaju. On 15th July 2018, Dr. Reddy inaugurated a modern Sathya Sai Health Clinic in Nairobi. On the same day, the senior SSIO leaders served hot meals to 1,200 local destitute children at the Nairobi Sathya Sai Centre.



## **COUNTRY HIGHLIGHTS | ZONE 9A**

The Sathya Sai School in Uthiru in Nairobi has received commendations from the Education Ministry in 2017 and 2018 for maintaining consistently high achievement of its students.



## Madagascar

A medical clinic operates weekly, serving 15 patients. The Sathya Sai School de Tana provides values-based integral education.



#### **Mauritius**

On 5th August 2018, more than 200 volunteers, including 75 SSE students, took to the streets to advocate for road safety in the town of Quatre Bornes. With increased number of road fatalities, the participants carried posters to encourage safety and precaution on the roads.

The SSIO of Mauritius has adopted the Le Ferme Village and Pamplemousses as part of the 'Global Adoption of 95 Communities' project. Food packets were distributed to 69 families. During Christmas, SSIO members conducted games for the children and distributed gifts.

The Sathya Sai School of Mauritius has provided education founded on human values since its inception in the year 2000. On 6th January 2019, 45 volunteers, including many YAs, cleaned the schoolyard, tended the lawn and assembled new playground equipment for the children in preparation for the upcoming school year.



## **ZONE 9A | COUNTRY HIGHLIGHTS**



#### Morocco

SSIO volunteers in Morocco developed an active community project with the Tamazouzt School, an SSEHV partnership school in Marrakech. On 13th December 2018, with the support of local authorities, workshops were conducted for the schoolteachers. Medical and dental camps were also organised for 425 children at the school, a follow-up camp served 421 patients.

The SSIO distributed 'Go Green' bags at a public school and in the Sathya Sai Centre in Casablanca.



## **Nigeria**

The country's first 'Walk for Values' was held on 14th March 2019. Eye-catching placards made by more than 155 primary school children and 12 staff members from the Sathya Sai School in Lagos conveyed the message of conservation. The children walked around the densely populated Oroke village, singing values-based songs promoting human values and encouraging everyone to preserve food, water, time, money and energy. Each month, SSIO volunteers distributed over 500 food packets to underprivileged residents in the Sangotedo community in Lagos.



### **South Africa**

The SSIO of South Africa organised a Service and Go Green Conference on 28th October 2018 in Durban. The objectives of the conference were to consolidate the numerous service activities in the country, review progress made at the five communities adopted as part of the 'Global Adoption of 95 Communities' initiative, increase support to three Sathya Sai Schools in South Africa and intensify efforts to implement the Go Green initiative undertaken by the YAs.

Over 300 students and teachers from the Sarasvati Primary School in Tongaat enjoyed an exciting 'Fun Day' organised by SSIO volunteers on 19th January 2019. The children joyfully participated in numerous games, songs, dances and cultural performances. Attendees were served a meal of freshly prepared organic vegetables and stationery was distributed.

More than 9,000 patients received medical attention at six permanent clinics and numerous medical camps organised by the SSIO of South Africa. Additionally, volunteers cared for 96 animals at a unique veterinary camp.

## **COUNTRY HIGHLIGHTS | ZONE 9A**



#### **Tanzania**

A follow-up SSEHV teacher training programme was organised on 23rd March 2019 for over 40 public school teachers and the caregivers of the Blind School. The school, which caters to more than 160 children, was adopted by the SSIO of Tanzania in 1975.

Every second Sunday, as part of the 'Food on Wheels' programme, volunteers from the local Sathya Sai Centre at Dar Es Salaam lovingly cook and serve fresh, hot meals to over 200 needy people.



## Uganda

Senior SSIO leaders attended a celebration hosted by the SSIO of Uganda in July 2018 to mark the 50th anniversary of the visit of Sri Sathya Sai Baba.

SSIO volunteers organised a Surgical Camp in November 2018 for physically disabled children at Mulago Hospital in Kampala. Surgeons performed 139 surgeries on 84 disabled children at this camp. During March 2019, a second Surgical Camp was organised at the Regional Hospital, wherein 125 surgeries were performed on 107 disabled children.

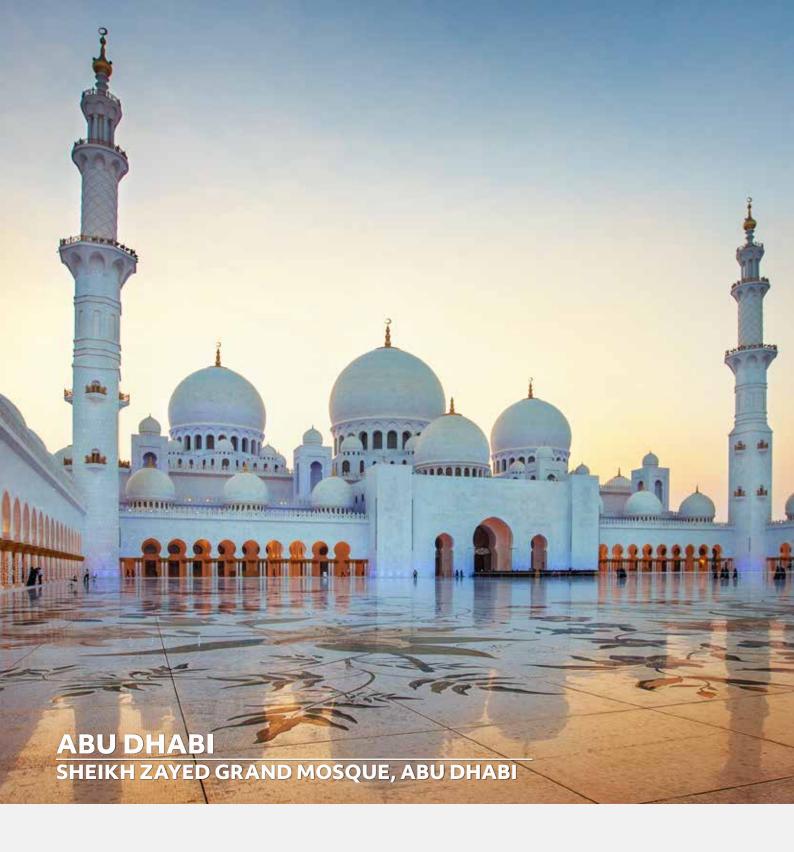


### Zambia

Each month, SSIO volunteers distribute care packets to 36 families in need. Furthermore, the volunteers offered daily lunch to 65 children. To commemorate the birthday of Sri Sathya Sai Baba, the SSIO of Zambia distributed food hampers, school bags and plates to 300 children.







# Zone 9B

## HIGHLIGHTS | ZONE 9B

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Abu Dhabi (UAE)	1	286	304		
Bahrain	1	269	298		
Dubai (UAE)	1	366	268		
Iran	1	20			
Kuwait	1	226	207		
Oman	7	467	409		
Qatar	1	60	16		
Ruwais (UAE)	1	37			
Saudi Arabia	4	219	176		
Sharjah (UAE)	1	28	25		
TOTAL	19	1,978	1,703		



## **ZONE 9B | COUNTRY HIGHLIGHTS**



#### Abu Dhabi

Each month, around 220 SSIO volunteers cook and serve food to over 1,200 needy expatriate labourers at various designated labour camps. During this reporting period, around 7,400 home-cooked meals were served. Additionally, SSIO members distribute dry ration packs containing rice, lentils and oil to 20 beneficiaries at labour camps during the first week of every month.



#### **Bahrain**

During winter months, every Saturday, 15 SSIO volunteers served tea (prepared by Ladies Wing volunteers) along with biscuits to 1,000 labourers. Since 2018, tea has been distributed in paper cups in keeping with the SSIO's 'Go Green' initiative and used cups were collected for recycling at the end of the service.

As requested by the Indian Embassy in Bahrain, SSIO volunteers distributed over 70 grocery bags, each containing rice, pulses and cooking oil to needy labourers in designated labour camps during December 2018.



## **COUNTRY HIGHLIGHTS | ZONE 9B**



#### Dubai

More than 300 enthusiastic athletes participated in the Annual Sai Sports Day on 11th January 2019. The event featured contests for participants of all ages, ranging from a lemon-and-spoon race for SSE children to a speed-walking race for seniors. Other highlights of the day included a cricket match, a 400 metre endurance race and a symbolic torch relay and lamp lighting ceremony, representing the spirit of teamwork and collaboration.



#### Kuwait

On 22nd and 29th March 2019, SSIO volunteers in Kuwait organised a 10-hour Wellness Camp for 58 SSE children. The camp was facilitated by doctors from the Indian Doctors Forum (IDF) representing various specialities and eminent Yoga trainers. The children were taught daily healthcare, nutrition, primary eye care, and the holistic health benefits of Yoga.



## **ZONE 9B | COUNTRY HIGHLIGHTS**



#### **Oman**

On the second Friday of every month, SSIO volunteers in Oman provide free medical, dental, and vision care to hundreds of labourers at an industrial facility. The patients receive a general health check-up (including blood chemistry and vision tests). They also learn about the adverse effects of undesirable personal habits.

Each month, 120 grocery bags containing rice, wheat flour, cooking oil, milk powder, sugar, one or two varieties of grains, pickle, salt, tomato paste, and Omani Kawa (coffee) are distributed to the indigent. During this reporting period, 442 bags of grocery items were also delivered to Omani families.



### Saudi Arabia

On 24th November 2018, SSIO volunteers and parents of SSE students commemorated the 93rd birthday of Sathya Sai Baba by packing and distributing 250 packages containing dry rations to labourers in need. Each package contained rice, pulses, sugar, cooking oil, Laban (Buttermilk), a croissant, biscuits, apples, and a sweet.

On 26th January 2019, SSIO volunteers from Saudi Arabia distributed 108 packets of biryani (seasoned rice), raitha (tempered yogurt), apples, juices and water bottles to impoverished workers.



# **COUNTRY HIGHLIGHTS | ZONE 9B**





# **UK & Ireland**

# **HIGHLIGHTS | UK & IRELAND**

COUNTRIES	CENTRES/ GROUPS	SSIO MEMBERS	SSE STUDENTS	ISSE	SATHYA SAI SCHOOLS
Ireland	2	50	15		
UK	78	4,172	1,056		
TOTAL	80	4,222	1,071		



## **UK & IRELAND | HIGHLIGHTS**



#### **United Kingdom**

The SSIO of UK and the Brent Indian Association held the 18th Annual Health Awareness Day on 22nd April 2018. The Worshipful Mayor of Harrow and the leader of Brent Council inaugurated the event which was attended by 86 visitors. At the event, healthcare professionals and general volunteers offered 500 healthcare consultations.

Underscoring the Unity of Faiths, SSIO members gathered on World Human Values Day, 24th April 2018, for an interfaith symposium and Walk for Values. They were joined by delegations from the Federation of Muslim Organisations, Leicester Jain Centre, UK Sikh Council, and Shri Swaminarayan Mandir (Leicester).

A multi faith devotional singing session, celebrating Unity in Diversity was held on 28th April 2018 at the Harefield Academy. About 100 participants representing Sikh, Jain, Islam and Christian faiths came together to praise the Almighty through devotional music for universal peace and harmony.

On 12th May 2018, SSIO members celebrated the life, message and virtues of Mother Easwaramma with a colourful programme filled with festive dances, captivating dramas, guest speakers and engaging workshops. This year's theme focused on environmental awareness. SSE children presented a series of workshops demonstrating practical ways to reduce waste and conserve energy.



# **HIGHLIGHTS | UK & IRELAND**

SSIO volunteers from the Mill Hill Sathya Sai Centre visited the Nipponzan Myohoji Buddhist Temple in Milton Keynes on 14th July 2018. The Buddhist monks gave lectures on peace, non-violence and respect – echoing the lessons given by Sathya Sai Baba. SSIO members also took time to commemorate the lives lost during the atomic bombing of Hiroshima by decorating 36 paper lanterns with illustrations of the five human values.

The Regent Park General Practice in partnership with the SSIO of UK and supported by a few other charities, organised a Health Awareness Day for health screening in a deprived area in Euston on 21st July 2018. Various health checks were offered to 40 people by healthcare professionals. This was the first joint venture with the Regents Park General Practice.

The Kingston Sathya Sai Centre organised a tea party on 24th February 2019 for the residents of Age Link which is an organisation that brings comfort to disadvantaged elderly persons. The residents were offered a selection of food and drinks, while SSE children presented a lively dance, a cultural performance and a musical concert to entertain the seniors.

Twice a month, SSIO volunteers, including YAs, serve hot tea, coffee, sandwiches, fruits, and cereal bars to over 100 homeless persons in the Strand area of Central London.





## PRASANTHI EVENTS

#### **BUDDHA POORNIMA CELEBRATIONS**

On 29th and 30th April 2018, more than 600 people from Brunei, Hong Kong, Indonesia, Japan, Malaysia, Nepal, Singapore, Sri Lanka, Taiwan, and Thailand participated in the Buddha Poornima celebrations in Prasanthi Nilayam. The theme was 'Dhamma – the Path of Nirvana'. SSE children and YAs from Sri Lanka presented a drama based on the Jataka Tales, and stories of Buddha's early life. The students of Sathya Sai d enthralled the audience with a dance performance on the life of Lord Buddha. SSE students of Sri Lanka also presented a dance drama.

# SATHYA SAI INTERNATIONAL LEADERSHIP PROGRAMME (SSILP) FOR YOUNG ADULTS

On 24th July 2018, around 300 YAs from 31 countries received graduation certificates after completing the Fourth Sathya Sai International Leadership Programme (SSILP) for Young Adults (YAs). The YAs including graduates also presented a musical programme featuring devotional songs. To date, more than 1,300 YAs have graduated from this programme.



## PRASANTHI EVENTS

#### **GO GREEN CONFERENCE**

On 25th and 26th July 2018, the SSIO organised its first ever Go Green Conference in Prasanthi Nilayam, attended by 1,200 delegates from 70 countries. The conference highlighted the connection between God, Nature and Man and included inspiring speeches highlighting the need to protect Mother Earth, a panel discussion and informative study circles. Ongoing SSIO efforts to help conserve natural resources were discussed and four concurrent workshops explored the topics of service, spirituality, education and Sathya Sai Centre operations as means to understand, respect and protect the environment. The valedictory session of the conference included a presentation on the ongoing Go Green initiatives of the SSIO, along with eight new resolutions for implementation. The proceedings concluded with a musical drama by the Love All, Serve All (LASA) music team, featuring vibrant values-based songs composed by the YAs.

#### CHRISTMAS CELEBRATIONS

SSIO members from around the world celebrated Christmas in Prasanthi Nilayam from 24th to 26th December 2018 with the theme, 'Unite and Serve'. SSIO volunteers from New Zealand beautifully decorated Prasanthi Nilayam. On Christmas Eve, the International Christmas Choir comprising 270 singers and musicians from 35 countries enthralled the audience with a soulful rendition of devotional songs and carols. The evening programme began with a special Lucia procession by 56 children from 18



## PRASANTHI EVENTS

countries dressed as angels, led by the Lucia Angel wearing a crown of candle lights. An International Children's Choir rendered devotional songs and Christmas carols in various languages. An inspiring drama on the life of Sir Edmund Hillary, who was the first to climb to the summit of Mount Everest, was performed by SSE students from New Zealand.

#### **CHINESE NEW YEAR**

Chinese New Year has been celebrated in the sacred precincts of Prasanthi Nilayam for over 21 years. On 11th and 12th February 2019, SSIO members from China, Hong Kong, Indonesia, Malaysia, and Singapore celebrated Chinese New Year in Prasanthi Nilayam with inspirational speeches, devotional singing and chanting, a medley of Chinese New Year songs, a Chinese Orchestra with special Chinese instruments, and cultural programmes. A Harmonica presentation of instrumental devotional songs was made by a group of devotees from Malaysia. Entertaining and inspiring dramas and skits were also presented by the YAs from Indonesia and Malaysia.

"Establish unity among yourselves first; do not seek faults in others or excellences in your own selves. The Fatherhood of God and the Brotherhood of Man—have full faith in this and fill every act of yours with that reverence and love."

-Sathya Sai Baba, 21st April 1967



