



International Medical Camp, Prasanthi Nilayam 24–28 July 2018





### Introduction

The Sri Sathya Sai International Medical Camp for Guru Poornima was held from July 24th to July 28th at Prasanthi Nilayam with a large participation of doctors, medical and non-medical volunteers from different countries. Large number of people from different countries signed up as medical and non-medical volunteers for the camp.



## Sathya Sai International Medical Committee

### Inauguration

Dr. Narendranath Reddy, Chairman of Prasanthi Council, inaugurated the camp on the morning of July 24th. Arriving at 7 am, he attended the prayers and addressed the volunteers that had gathered for the camp. The hall mark of his address was expounding on the letter written personally by BHAGAWAN on Guru Poornima. He shared the original letter with one and all present.





# Sathya Sai International Medical Committee





### Sathya Sai International Medical Committee

#### **HEALTH CARE TEAM**

The medical camp is represented by volunteers from 15 countries which include USA, Amsterdam, India, Mauritius, South Africa, Singapore, Indonesia, Kenya, UK, Germany, Nepal, Australia, France, Malaysia, and UAE.

#### **Camp Personnel:**

**Medical Professionals**: There were **34** medical doctors at the camp spanning various specialties like Pediatrics, Hematology/oncology, Gastroenterology, Family Medicine, Emergency Medicine, Dermatology, Wound care, pediatric neurosurgeon, nephrology, geriatrics, cardiology, general surgery, osteopathy and Internal Medicine.

**Nursing:** There were **4** full time nurses staffing the Acute Care room to do EKG's, nebulizer treatments, IV fluids, wound care.

**Pharmacy:** The pharmacy section was staffed by **4** pharmacists, doctors as well as volunteers assisted in inventory management, filling prescriptions and explaining dosage information explicitly to the patients.

**Volunteers: 60** volunteers assisted the Camp with all non-medical duties such as registration, patient flow, vital signs recording (weight and blood pressure), translation from Telugu, Hindi, Spanish into English and vice versa, and pharmacy tasks. In additional, Seva Dals from the Andhra Pradesh state cadre were deployed by their units to help out the camp.



### Structure of the Medical camp

The Medical Camp premises were divided into two distinct areas: one wing served the women patients, while the other served male patients. In addition to separate consulting rooms, the two wings shared an Acute Care room staffed with 3 full time nurses, a pharmacy and a diabetic education room. The courtyard of the building served as the registration area, and was staffed with volunteers from around the world. The volunteers registered the patients, noted down vital signs such as weight, blood pressure. The Podiatry clinic was also conducted and diabetic patients were educated during the visits. Psychotherapy/ Stress Reduction to manage the blood pressures were conducted by two psychotherapists from France.

#### **Day to Day Schedule**

The day started early for the participants at the camp. At 7 AM Doctors and volunteers assembled in the Altar room - where an elaborate altar was set up for Bhagawan Baba - to chant prayers. The powerful prayers chanted every day included the Ganesha adharva sheersham, Rudram, Sai Rudram and the Durga Suktam and ended with Arathi. After an hour of energizing prayers everyone took up positions to start seeing the patients.

The day started with checking fasting blood sugars and rendering medical education. There was a constant flow of patients from morning 8 AM till 5:00 PM. The patients were very happy with the care rendered by the physicians and volunteers from all the 15 countries. Indeed, it was a great experience for the new comers on this holy occasion to render service to our fellow brothers and sisters.

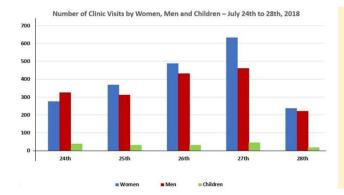
Soon, every wing of the make-shift hospital - the consulting rooms, pharmacy, Acute care - were all flooded with people until the closing time of 5:00 pm.

#### Walking Sticks & Canes:

Patient with severe osteoarthritis, gait instability and endemic fluorosis related degenerative joint diseases were treated and those who needed help to walk were given Walking sticks / canes which were of great help to the needy.

### **Daily Statistics**

As anticipated, due to the large crowds attending the 92nd Birthday celebrations, the Camp got off to a busy start on November 18. The table below presents the total number of Clinic visits, every day.



#### **Number of Clinic Visits**

Total Patients seen over 5 days: 3,927

Women: ,2005 Men: 1,755 Children: 167 Foreigners: 74\*

\*Foreigners are a sub-total of the overall total



# Sathya Sai International Medical Committee

#### **Acute Care**



### Acute Care Visits by Day and Type of Treatment

	Blood									
	Glucose	IV Fluids,	IM/SC/ IV		Wound	Cast/Splint		I & D Wound	Transfer	
Day	Test	NS, RL	Injections	Nebulizer	Care	Brace	ECG	Debridement	Hospital	Total
$24^{\text{th}}$	15	-	3	2	8	10	12		-	50
25 <sup>th</sup>	54	1	9	3	11	1	4	2	1	86
26 <sup>th</sup>	33	0	14	5	12	14	9		1	88
27 <sup>th</sup>	28	4	19	4	15	4	7	1	1	83
28 <sup>th</sup>	23	0	5	1	7	2	1		1	40
Total	153	5	50	15	53	31	33	3	4	347



## Registration





## **Male Registration Area**







## **Female Registration Area**





## Male OPD





## **Female OPD**





## **Psychotherapy and Stress Reduction Counseling**





## **Diabetic Screening / Education**





# **Young Adults in Action**





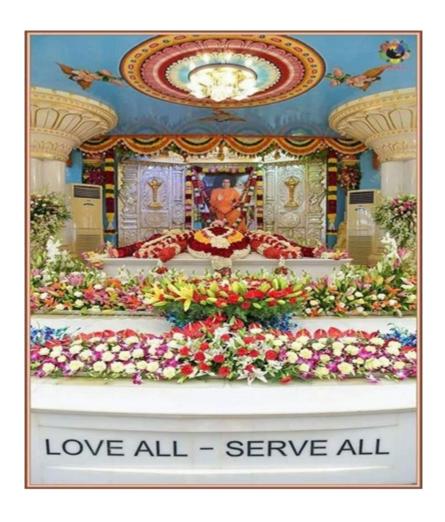
## **Gratitude Prayers on the Final Day**







## Sathya Sai International Medical Committee



With this offering of gratitude at His Lotus Feet, we pray sincerely that Bhagawan may bless us all with many more such opportunities in the years to come.