



Sathya Sai International Medical Committee

Guidelines for Medical Camps Conducted under the The Auspices of Sathya Sai International Organization

I. STRUCTURE:

This document provides guidelines for conducting medical camps under the auspices of Sathya Sai International Medical Committee. Individual countries may, in addition to these guidelines, require further regulations as appropriate for the country or region where the medical camp is being held. Every medical camp must adhere strictly to the local, professional and country specific laws and codes of conduct for the practice of medicine. Every proposed activity in the medical camps must be approved in advance by the regional medical director.

Above all, the name, reputation, credibility and mandate of the Sathya Sai International Medical Committee must be honoured and protected. Every medical camp must be led by a Medical Director who is responsible and accountable for the activities of the camp and reports to the Sathya Sai International Medical Committee.

II. GOALS:

Medical camps are conducted to carry out health promotion, education, minor medical or surgical treatments and preventive healthcare services.

1. The services are carried out on the principle of “Help Ever-Hurt Never”.
2. All the service activities at the camps are rendered free of charge to the attendees at the camp.

III. PROPOSED ACTIVITIES:

1. Health Education regarding diet, exercise, weight control, dental hygiene, immunization, smoking and alcohol cessation, stress and anger management, and general cleanliness.
2. Preventive Screening that may include body weight, height, body mass index, blood pressure, blood sugar, lipid profile, audiovisual and dental screening, bone densitometry, mammograms and pap smears.
3. Training in Basic Lifesaving Skills such as first aid, basic life support, CPR (Cardio-Pulmonary Resuscitation), and disaster preparedness.
4. Bone Marrow Donor Registration Drive and blood donation drive.
5. Minor medical treatment or minor surgical procedures may be carried out in accordance with Section I above.



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6. At this point in time only allopathic evidence-based medical practice is allowed. Practice, advice or teaching of Alternative medicine such as Ayurveda, Homeopathy, Acupuncture, Vibration Therapy, Water Therapy, Herbal Therapy etc., are not allowed in these camps. In case of any doubts regarding allowable activities, the Sathya Sai International Medical Committee must be consulted prior to the medical camp and its decision will be binding.

IV. PROTOCOL:

1. Designation of an insured (liability coverage) medical campsite under supervision of a licensed physician as the Camp Medical Director.
2. Determine the health needs through the local public health and social welfare departments or other sources as indicated.
3. Comply with the local, state, and federal laws pertaining to work related health hazard, waste disposal management, privacy of Individuals' Health Record in all camp activities.
4. Notify a nearby hospital emergency room in advance if available.
5. Utilize standard registration form, a brief demographic sheet and a consent form (Models provided by Sathya Sai International Medical Committee [SSIMC]).
6. Establish a mechanism for proper follow-up and care for those who need further medical attention. Referral to local free clinics or local community clinics is preferred. If none are available, then referral should be done to local clinics, hospitals and physicians.
7. Collect and maintain clinical data with documentation of counseling and proper referral in a safe place ensuring confidentiality and easy access for follow up if needed at a later date. This data should be kept by the Camp Medical Director for a minimum of five years who is responsible for that data during the 5-year period.
8. Filming the medical camps with video and still photography should only be done by a designated film crew appointed and approved by the Camp Medical Director. In all cases filming or photography permission is required preferably in writing from the local authority in charge or concerned attendees.
9. All licensed medical professionals (such as doctors, nurses, laboratory and radiology technicians, etc.) should have a current Professional license valid and accepted in the region where the camp is held.
10. Some countries may require local temporary registration in medical council in their state/ region to render even Good Samaritan services. This should be complied with if required. Alternatively, other forms of special permission or waivers through local government organization(s) may be obtained for doctors to work in these Camps.
11. Informed consents must be obtained and filed if required by the laws of the land.
12. Responsibilities of the Camp Medical Director
 - i. Notify the Regional or Zonal Medical Director of the region where the camp is to be held, a minimum of eight weeks in advance of the camp.
 - ii. Facilitate recruitment of required physicians and ancillary personnel.



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- iii. Assure that all participating physicians and other volunteers are knowledgeable about the Guidelines for Medical Camps conducted by the Sri Sathya Sai International Medical Committee and they are followed.
- iv. Responsibility for organizing, supervising, and ensuring proper emergency contact, free or low cost follow-ups, and adequate compliance with local, state, and federal laws.
- v. Verify that all healthcare providers (such as doctors, nurses, laboratory and radiology technicians, etc.) have an active license to practice.
- vi. If the local authorities require professional Liability Insurance, please ensure the healthcare providers comply with all such regulations.
- vii. Verify and/or obtain and retain electronic copy of all the required documents from the healthcare providers as per the laws of the land.
- viii. Must assure general liability insurance for the date and location of the camp (if applicable in the country/region).
- ix. Camp Medical Director must archive for at least five years the medical records of patients seen in the camps.
- x. Summary Report for Camp must be sent to the Regional/National/Zonal Medical Directors within one week of conclusion of Medical Camp.
- xi. The above Summary Report of the medical camp shall include:
 - 1) Date and location of the medical camp
 - 2) Services provided
 - 3) Total number of patients seen
 - 4) Total number of medical doctors and other medical professionals
 - 5) Total number of non-medical volunteers
 - 6) Physician in Charge of medical camp
 - 7) Short narrative summary in addition to above statistics
 - 8) Pictures of the service being performed, if possible. If the pictures are imbedded in the narrative report, please send JPEG files of all pictures separately. We need JPEG files for all pictures taken.
- xii. It is understood that these guidelines are only a roadmap and may be subject to modification. The Sathya Sai International Medical Committee will review these periodically and issue necessary amendments.
- xiii. If clarification of these guidelines is required, consult with the Regional/Zonal/National Medical Director who in turn may consult with the Sathya Sai International Medical Committee as needed.

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