



SERVE THE PLANET 2016




Study Circle (1)

Selfless Service as a Spiritual Discipline

"Selfless Service in all its forms, all the world over, is primarily a spiritual discipline for mental clean-up. Without the inspiration given by that attitude, the urge is bound to ebb and go dry; or it may meander into pride and pomp. Just think for a moment. Are you serving God? Or is God serving you? When a pilgrim stands waist deep in the Ganges, takes in his palms the sacred water and, reciting an invocatory formula, pours the water as an offering to the Deity, what he has done is only pour the Ganges into the Ganges! When you offer milk to a hungry child, or a blanket to a shivering brother or sister on the pavement, you are but placing a gift of God into the hands of another gift of God. You are reposing His gift in a repository of the Divine Principle. God serves. Without His Will, not a single blade of grass can quiver in the breeze. Fill every moment with gratitude to the Giver and the Recipient of all gifts."

~ *Sathya Sai Baba* (Sathya Sai Speaks vol. 9 ch.10, 19th May 1969)

Questions for Introspection:

-  How is selfless service a spiritual discipline?
-  What do we understand by the statement "service is by God, to God and for God"?
-  Can you share examples of selfless service carried out in your daily life?

