



INTERNATIONAL  
**Sathya Sai**  
YOUNG ADULTS

## Sathya Sai Young Adults Subcommittees

Sathya Sai Baba's love has brought together, inspired, and motivated a multitude of Young and Senior Adults across the globe to serve in his divine mission in an extraordinary and most often miraculous way. Young adults have enthusiastically shared their ideas, creativity, skills, and knowledge. They have worked with utmost dedication and determination to promote various global initiatives and activities as part of the International Sathya Sai Young Adults Programme. This has led to the formation of seven global subcommittees to help create and drive some truly ground-breaking initiatives as mentioned below.

### **Love All Serve All (LASA)**

The LASA subcommittee aims to promote unity in diversity and spread the human values of Love, Right conduct, Non-violence, Peace and Truth. Through music, selfless service and educational activities, people from various faiths will be united to accomplish common goals. Young adults globally are encouraged to write and sing songs in different languages and tunes, without any mention of God or religion. It is expected the initiative will ignite the flame of unity among all of us. The LASA subcommittee works closely with the Public Outreach Committee (POC) of the SSIO.



### **Group 4 Sai Spiritual Education (SSE) to Young Adult Transition**

This subcommittee develops a specialised programme to strengthen the SSE Group 4 Programme. This team provides Group 4 students with an overview of the SSIO Young Adults Programme and assists with their transition into the Young Adults programme. Volunteers in this subcommittee are expected to have SSE experience and be in the academic, education, learning and teaching professions.



### **Sadhana of Love**

The Sadhana of Love Programme is based around Sathya Sai Baba's teachings, with an emphasis on Self-confidence, Self-satisfaction, Self-sacrifice and Self-realisation. This team focuses on actively raising awareness through adopting the Sadhana of Love as the key programme to help elevate the spiritual growth of young adults worldwide. In addition, the team provides information on the benefits of the Sadhana of Love programme through practical and relatable tips to support young adults on their spiritual journey.



### **Young Adults Talent Development**

The Young Adults Talent Development subcommittee maintains a platform to train young adults and equip them with tools to extend their existing skill set. The subcommittee aims to increase active contributors to the various projects undertaken by the SSIO, by holding monthly talent development webinars facilitated by subject matter experts. The team consists of young adults with a human resource and young adult development background.



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## Serve the Planet

Based on the foundation of Sathya Sai Baba's words, "Tread Softly, Move Reverentially and Utilise Gratefully", this year, the Serve the Planet subcommittee is focusing Protect the Planet (PTP). PTP aims to provide practical methods to SSIO members and members of the community through the exercise of "Ceiling on Desires," in matters related to environment and sustainability. This will be done through research into Sathya Sai Baba's teachings and leaders of other faiths or religions in hope to establish care and service to the planet as a spiritual practice. Like the LASA subcommittee, the Serve the Planet subcommittee works closely with the SSIO Public Outreach Committee.



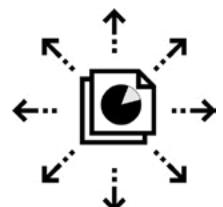
## Sathya Sai International Leadership Programme for Young Adults

The SSILP subcommittee aims to continue developing and offering the next generation of leaders to take Sathya Sai Baba's message forward by first understanding and practicing His teachings, and then taking up active leadership roles in the SSIO. Since 2015, over 1,000 young adults from 59 countries have graduated with leadership skills which will help them to serve society in various capacities.



## Information Management and Analytics (IMA)

The IMA supports the SSIO in acquiring, maintaining, analysing and communicating information. Engaging with the various sub-committees of the SSIO, the IMA aims to develop systems for structured transfer, communication, control and reporting of data. The role of this subcommittee is important as the organisation grows and undertakes larger projects and engages in increased interactions with SSIO members and the wider community. The IMA follows principles established by Sathya Sai Baba and incorporate best practices prescribed by information management and data analytics practitioners.



For further information, please contact: [YACoordinator@sathyasai.org](mailto:YACoordinator@sathyasai.org)

For more information about the Young Adults Programme, please visit: <http://sathyasai.org/ya>



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