



Starting Venue:

Nelum Pokuna

Mahinda Rajapaksa Theatre
Colombo 07

Date : 23rd April

Time: **6.30am**

"Walk for Values" is a walk designed to raise awareness of Human Values and to promote individual and collective responsibility for the progress of humanity, one step at a time.

The uniqueness of the event is that it is not a fundraiser. Rather, each participant resolves to make the community richer by pledging to practice a value of his or her choice. In this way, it is a "walk of love" aimed at making our city, one citizen at a time, richer in our commitment to human values as a first step towards raising our social conscience.

WALK FOR VALUES -SRI LANKA
www.walkforvalues.lk | team@walkforvalues.lk | [@walkforvaluesSL](https://www.instagram.com/walkforvaluesSL)

No. 22, Barnes Place, Colombo 07
+94 770 418 036

Why Walk for Values?

Values create positive interactions and provide strength in the face of change. Clear values create inner strength and peace, and promote unity and tolerance which lead to harmony in society.

This walk is about commitment to upholding values and making the world richer by committing towards practicing values and character building. Its about motivating people to serve their community through volunteer work by donating blood, visiting the elderly, feeding the needy, or by just striving to be an exemplary citizen. Pledging to practice one or more of the following five human values, or a corresponding sub-value:

Adopt a Value

LOVE:

Caring, reverence, compassion, forgiveness, generosity, kindness, enthusiasm, tolerance, dedication, devotion, and unity.

PEACE:

Contentment, discipline, humility, patience, satisfaction, self-control, self-confidence, self-respect, modesty, and understanding.

TRUTH:

Honesty, integrity, optimism, excellence, and discipline.

RIGHT CONDUCT:

Courtesy, gratitude, perseverance, determination, responsibility, sacrifice, initiative, leadership, courage, duty, and ethics.

NON-VIOLENCE:

Gentleness, consideration, moderation, co-operation brotherhood, equality, cultural respect, and social justice