Laos, Zone 4

# Sathya Sai Gobal Health

**The Sathya Sai International Organization (SSIO)** continues to provide free and timely healthcare for those in need with compassion and love, reflecting Bhagawan's love for all beings.

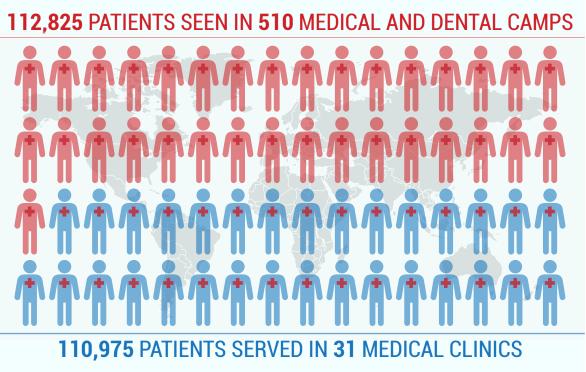
During the reporting period April 2015–March 2016, approximately 223,800 patients received free services worldwide. This includes 112,825 patients seen in 510 medical and dental camps, which were held over short durations in areas of need. In addition, 110,975 patients received care in 31 medical clinics.

- Several thousand medical professionals and volunteers rendered loving services during this reporting period.
- In addition to medical services, health care services included surgery, dental and ophthalmology services, blood donations, bone marrow drives, and health education.

Examples of medical services rendered during this reporting period across the globe include:

- 1. Medical and dental rotations of doctors in Sri Sathya Sai General and Super specialty hospitals and medical camps in Prasanthi Nilayam, India.
- Special medical missions by SSIO doctors, offering specialized surgeries in the fields of cardiac surgery, neurosurgery, cataract surgery, gynaecological surgery and other special procedures at the SSSIHMS, Prasanthigram, SSSIHMS, Whitefield, and other parts of the world including Guyana, Fiji and Russia.
- 3. Medical, dental, and veterinary camps; mobile and permanent medical clinics.
- 4. Blood donations and bone marrow drives.
- 5. Medical relief during and after natural disasters.
- 6. Teaching programmes for physicians in Sri Sathya Sai Hospitals.
- 7. Preventive health care and health education regarding healthy lifestyle.

# 223,800 PATIENTS SERVED WORLDWIDE



# 01

Fibroid Project: On 6<sup>th</sup> June 2015, a team of three doctors from the USA visited Guyana and performed surgeries at the New Amsterdam General Hospital on 10 patients with uterine fibroids, under the auspices of the Ministry of Health, Guyana.

#### Jamaica

**ZONE 1** 

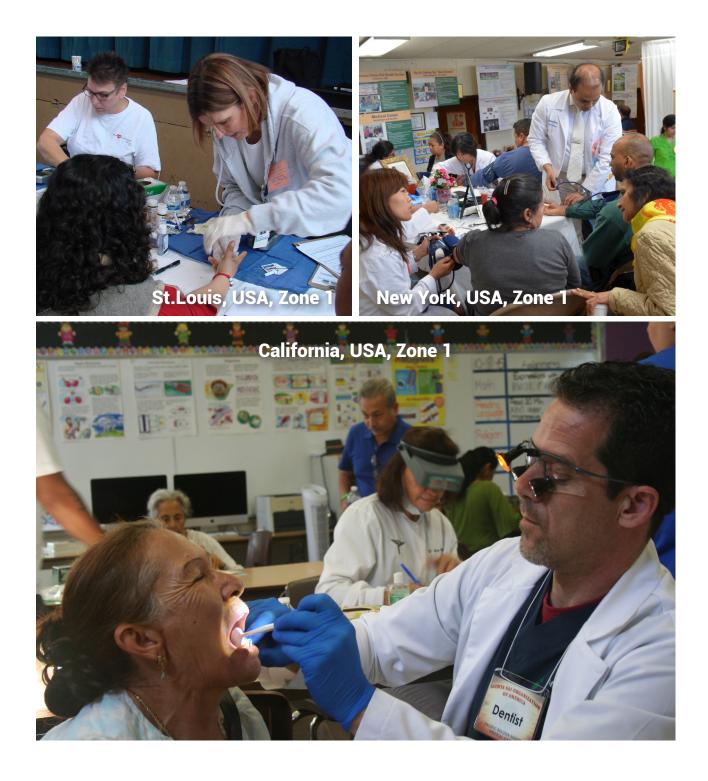
Guyana

The SSIO organised an international medical camp in Jamaica, 21–25 April 2015, where 18 Sathya Sai volunteers from the USA, Canada, and Jamaica provided various medical services to 1,542 needy Jamaicans at nine urban and rural locations. The Jamaica Ministry of Health supplied additional medications, provided transportation, and facilitated the visit of the volunteers.

### USA

A total of 3,592 patients received healthcare services at 18 medical camps across the USA, including four dental hygiene camps in Tampa Bay, Florida; a vision camp and a podiatry (foot care) camp in St. Petersburg, Florida; an annual medical camp in St. Louis; and four medical camps offering primary care, women's care, paediatrics, dental care, and vision care in Corona, Vista, Huntington Park, and Oxnard, in Southern California. Many low-income, unemployed, underinsured, and homeless persons received healthcare at these events.

- Sri Sathya Sai Baba Free Medical and Dental Clinic, Culver City, California: Medical professionals, registered nurses, pharmacists, and general volunteers provided year-round healthcare services to 744 patients.
- Ashland Free Medical Clinic, San Lorenzo, California: The clinic provided primary care and dermatology services to 1,071 patients during this reporting period.
- One hundred and twenty patients were treated at a medical clinic in Colorado.



Doctors should serve the poor with a spirit of sacrifice. There is no greater service than this.

-Sathya Sai Baba, 5 July 2003



# ZONE 2A

### El Savador

The SSIO operates three permanent medical clinics in El Salvador. The largest clinic, in Colonia Médica, San Salavador, opens on Saturdays for the practice of general medicine. On weekdays, the clinic offers consultations in cardiology, neurology, and psychiatry. A total of 490 patients received services and free medicines. In addition, two medical clinics, one in Santa Tecla and the other in San Juan Opico, opened once a month, providing services to a total of 240 and 180 patients, respectively.

#### Mexico

A medical clinic in Mexico City operates six days a week, with the help of one doctor and a nurse. During this reporting period, the volunteers served lovingly 2,663 patients.

The Ranchito is a community of people living in extreme poverty in makeshift cardboard and wooden homes in Monterrey. In addition to offering various services to 23 destitute families, on 21<sup>st</sup> November 2015, 26 Sathya Sai members from Monterrey, including doctors, conducted a medical camp and distributed medicines.



# <u>2B</u>

## ZONE 2B

## Argentina

In Argentina, four permanent medical clinics and 21 medical camps, operated with the help of 60 volunteers, served 1,754 patients during this reporting period. This includes a medical camp organised in Florencia Varela, Buenos Aires, on the third Sunday of each month, to serve needy local residents, 11 months in the year. In addition, two veterinarians and three assistants examined 50 pets on 18<sup>th</sup> July 2015 at a veterinary camp in Grand Bourg.

## Brazil

The SSIO hosted a two-day medical camp in Capão Valley, Chapada Diamantina, Bahia State, 4–5 June 2015, wherein 429 patients received care from 15 doctors, two nurses, 11 paramedical personnel, and 56 volunteers. Specialists offered consultations in general medicine, oto-laryngology, paediatrics, orthopaedics, gynaecology, neurology, surgery, endocrinology, and psychology.





## ZONE 2B

#### Peru

On 19<sup>th</sup> July 2015, the SSIO sponsored a medical camp in Ticlio Chico, Lima, with the assistance of two dentists, one obstetrician, and three psychologists, who offered healthcare services to 35 pregnant women, mothers with young children, and elders.

### Venezuela

On 31<sup>st</sup> October 2015, 20 patients had cataract surgeries in Caracas, through the efforts of SSIO specialists and volunteers, with assistance from the Institute of Ocular Microsurgery, Caracas.



# <u>03</u>

# ZONE 3

## Fiji

In March 2015, this island nation suffered natural disasters, including an earthquake and a cyclone. During 3–4 April 2015, a medical camp in Vanuatu served 223 needy local residents.

Also, Sathya Sai volunteers from Australia and Fiji organised an annual medical camp in Fiji from 23–26 May 2015, serving 1,335 patients and providing dental care to 368 individuals.

During 16–20 August 2015, the SSIO offered a 9<sup>th</sup> annual combined Australian and Fijian Sai Medical Camp on the island of Vanua Levu, with the help of 59 volunteers from Australia and Fiji, including medical professionals, and provided medical services to 1,373 patients. Additionaly, 17 medical students from Umanand Prasad Medical School in Fiji received instruction.

On 17<sup>th</sup> October 2015, the SSIO of Fiji conducted a medical camp at the Lami Primary School, where 41 volunteers including healthcare professionals provided primary care, dental care, vision services, women's care and other services to 270 patients.

At the Nadi Sathya Sai Centre, 128 donors contributed 93 pints of blood during this reporting period.

### **New Zealand**

On 17<sup>th</sup> October 2015, 568 patients received healthcare services during a medical camp in Rongomai.





## ZONE 4

A total of 18,619 blood donations were recorded in the countries of Zone 4.

#### Laos

A comprehensive three-day medical and dental camp was held in southern Laos, serving several hundred needy villagers.

## Malaysia

In conjunction with Sathya Sai Baba's 90<sup>th</sup> Birthday celebrations in November 2015, the SSIO of Malaysia launched the SAI (Social Action Initiative)-CARE project, which includes initiatives in medicare, educare, sociocare, and envirocare.

Under SAI-CARE's medicare initiative, SSIO volunteers organised 52 medical screening camps and 25 vision screening camps in several locations across Malaysia. Additionally, 112 elder patients received cataract operations; 7,682 pints of blood were collected in blood donation drives, and a de-worming programme served 3,676 children.

COUNTRY	CLINICS	PATIENTS AT CLINICS	CAMPS	PATIENTS AT CAMPS	TOTAL VOLUNTEERS	TOTAL PATIENTS
Indonesia	5	39,830	312	46,079	834	85,909
Malaysia			77	18,676	830	18,676
Nepal	4	25,000	12	5,575	124	30,575
Sri Lanka	5	4,330	14	4,835	99	9,165
Philippines	1	17,888	6	2,191	24	20,079
Laos			1	1,050	31	1,050
Total	15	87,048	422	78,406	1,942	165,454



## ZONE 4

#### Nepal

On 25<sup>th</sup> April 2015, a massive earthquake measuring 7.4 on the Richter scale shook Nepal, leading to severe destruction in the Kathmandu valley. SSIO doctors rendered medical services as part of the disaster relief efforts. Medical camps were immediately organised at four locations, and doctors went door-to-door offering medical services in 11 villages in remote mountainous areas. Pregnant women and postpartum mothers living in government tents were brought to the Sathya Sai Health Centre for ultrasound examinations, blood tests and dental services. In total, more than 5,000 patients were served in medical camps by a team of 11 medical professionals and 30 paramedics, assisted by general volunteers.





## ZONE 4

## Sri Lanka

In conjunction with Bhagawan's 90<sup>th</sup> Birthday celebrations, 147 patients had free cataract surgeries in mobile medical camps held in the northern, eastern and central parts of Sri Lanka.

In addition, SSIO volunteers organised a six-day medical camp in Kataragama, and one-day mobile medical camps in eight different regions, benefitting 4,835 patients, who also received free medications, along with dental examinations and cataract screenings. Blood donation drives throughout the country resulted in 350 blood donations.

### Indonesia

In November 2015, SSIO volunteers provided 27 leg prostheses (artificial limbs) to victims of various accidents and amputees. The mobile clinic continued to serve needy patients in remote communities.



# <u>06</u>

## ZONE 6

## Croatia

In December 2015, a Sathya Sai doctor offered medical consultations and general check-ups to villagers lacking access to medical care in Letovanic.



## ZONE 8

## Russia

Sathya Sai volunteers from Russia, Ukraine, Belarus, United Kingdom, and Germany held an international healthcare and service camp in the Leningrad region of northwest Russia from 5–15 August 2015. A medical team of 38 volunteers treated 1,928 patients and organised healthcare teams who visited seven nearby villages to examine patients who could not be transported.

In June 2015, SSIO volunteers provided dental services to 25 residents of a small village in Siberia.

## Ukraine

In July 2015, SSIO members from Ukraine conducted a medical and service camp at a boarding school in Vinitsa, where 21 volunteers, including medical professionals from six cities of Ukraine, provided various medical services to 117 people.



# <u>9</u>A

## ZONE 9A

### Botswana

The Sathya Sai Baba Free Medical Clinic in Botswana has been operating for the last 10 years, providing medical, vision, and dental services to the needy. A total of 3,086 patients received services during this reporting period, including distribution of custom-made spectacles.

### Kenya

For the third consecutive year, the Sathya Sai Centre in Mombasa arranged cataract surgeries for rural community residents; 512 patients received screenings at three camps, and 66 people underwent successful cataract surgeries at the Lions Eye Hospital.

At an annual medical camp at the Wundanyi District Hospital, held in conjunction with Sathya Sai Baba's Birthday observances in 2015, 11 doctors and 20 volunteers served 360 patients, including screenings for blood sugar levels, vision/hearing loss, and nerve reflex disorders.

The Sathya Sai Center in Nairobi has operated a medical and dental clinic at its premises for the past 15 years. Two doctors and a medical assistant open the clinic six days a week, offering medical consultations and dispensing medicines. About 10,800 needy patients from densely populated slum areas received services during this reporting period.



# <u>9A</u>

## ZONE 9A

## **Mauritius**

The SSIO held a total of 63 blood donation camps, at which 5,309 individuals donated blood.

## **South Africa**

The SSIO operates permanent medical clinics in Phoenix, Estcourt, and Ambo/Malagazi, serving more than 4,500 patients over a 12-month period:

LOCATION	PATIENTS	MEDICAL PROFESSIONALS	VOLUNTEERS
Ambo/Malagazi	1,185	120	374
Estcourt	228	1	4
Phoenix	3,120	9	8
Total	4,533	130	386

The clinics provide vision, dental, and medical services and dispense eye glasses and medicines. Dental surgeries, including extractions, are also performed. Sathya Sai medical professionals also serve the community by managing a ward at the RK Khan hospital in Chatsworth.

In two separate provinces, Gauteng and KwaZulu-Natal, a total of 8,821 SSIO members attended blood donation camps where 6,838 pints of blood were collected.



# <u>9</u>B

Sathya Sai volunteers in Zone 9B conducted regular medical camps along with blood donation campaigns, vision camps, and preventive healthcare sessions. More than 5,100 patients were treated at 33 camps in Abu Dhabi, Bahrain, Dubai, Oman, and Kuwait, as shown below.

COUNTRY	PATIENTS	CAMPS	BLOOD DONATIONS
Abu Dhabi (UAE)	1,575	14	142
Bahrain	1,500	1	100
Dubai (UAE)	900	5	300
Oman	942	11	51
Kuwait	190	2	146
Total	5,107	33	739



### MEDICAL AND DENTAL ROTATIONS OF DOCTORS IN SRI SATHYA SAI HOSPITALS AND MEDICAL CAMPS HELD IN PRASANTHI NILAYAM

The SSIO coordinates medical and dental rotations in Sri Sathya Sai General Hospitals (SSSGH) and Sri Sathya Sai Institutes of Higher Medical Sciences (SSSIHMS) in Whitefield and Puttaparthi, India, and also conducts medical camps in Prasanthi Nilayam, semi-annually.

A representation of the services provided during the reporting period is below.

MEDICAL CAMPS IN PRASANTHI NILAYAM	PATIENTS	MEDICAL PROFESSIONALS	VOLUNTEERS
9-13 July 2015	3,000	27	19
18-25 November 2015	11,810	48	53
TOTAL	14,810	75	72
SSSGH Rotation, Puttaparthi	7,510	19	

Medicine should not be commercialised. It is meant to promote heart to heart and love to love relationship between doctor and patient.

-Sathya Sai Baba, 5 July 2003